



Nothing Fancy Recipes

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## Microwave Hamburger Spaghetti

### Ingredients:

1 cup diced onions

2 cloves garlic

1 lb. lean ground beef

28 oz. [can whole tomatoes](#)

12 oz. [tomato paste \(Contadina\)](#)

1/2 tsp. salt

1/2 tsp. pepper

1/2 tsp. [dried basil](#)

1 Tbsp. [dried parsley flakes](#)

1/2 tsp. [dried oregano](#)

1/2 tsp. [sugar](#)

1/4 cup water

[spaghetti noodles](#) (The Creamette brand is a family favorite, even though there are healthy noodles. All the links were sold in larger quantities - you only need one package.)

### Directions:

Place ground beef, diced onion, and minced garlic in a [2 quart microwave safe dish](#). (I used a vintage Pyrex oval dish, so I linked to a similar product.) Gently break up the ground beef. Microwave for approximately 5 minutes or until the ground beef is browned. Stir occasionally while cooking. Drain juices.

Add whole tomatoes to the ground beef mixture and use a fork to cut the tomatoes into smaller pieces. Add the rest of the ingredients, stir and cover. Microwave for 15 minutes, stirring twice. Remove from the microwave and stir again. Cover and let sit for 15 minutes. Serve over spaghetti noodles.