

My Miracle Oil – Ingredient Validation Data Sheet

Product Overview

My Miracle Oil is a deeply nourishing and spiritually grounding skin therapy blend, designed to soothe irritation, repair skin, and uplift the senses. This refined formula combines nutrient-rich carrier oils with therapeutic-grade essential oils, all supported by traditional herbal wisdom and modern dermatological research.

Documented Ingredient Validity

Ingredient	Evidence of Efficacy	Source Type
Greek Olive Oil	Rich in oleic acid and antioxidants; deeply nourishing and healing	Mediterranean traditional medicine; dermatological emollient studies
Jojoba Oil	Mimics skin's natural sebum, promotes hydration and skin balance	Native American use; dermatological studies
Calendula Oil	Soothes inflammation and accelerates skin healing	European folk herbalism; topical anti-inflammatory research
Cucumber Oil	Cooling and hydrating; helps calm irritation and puffiness	Herbal skin care traditions; antioxidant studies
Aloe Vera Oil	Soothes, hydrates, and supports skin regeneration	Ayurveda and modern skin therapy; burn treatment research
Rosehip Oil	Rich in vitamin A and essential fatty acids; regenerates tissue and fades scars	South American herbal medicine; clinical dermatology studies
Maracuja Oil	High in linoleic acid; nourishes and calms irritated skin	South American folk use; skin-nutrient composition studies
Squalene Oil	Boosts skin barrier and enhances absorption; deeply moisturizing	Olive-derived; lipid and dermatology research
Pomegranate Oil	Rich in punicic acid; promotes regeneration and reduces inflammation	Ayurvedic and Middle Eastern herbal use
Sandalwood Essential Oil	Calms inflammation and promotes clear, radiant skin	Ayurveda and aromatherapy research
Palo Santo Essential Oil	Spiritual cleansing and antimicrobial support	South American tradition; essential oil composition studies
Palmarosa Essential Oil	Balances sebum and hydrates skin	Ayurvedic and Southeast Asian medicine; antimicrobial skin research

Chamomile Essential Oil	Reduces irritation and supports sensitive skin	European folk medicine; clinical anti-inflammatory studies
Frankincense Essential Oil	Regenerates skin and reduces scarring	Biblical and Middle Eastern use; dermatological research
Blue Tansy Essential Oil	Anti-inflammatory and calming to reactive skin	Aromatic medicine; azulene-rich oil studies