

## **Week Fourteen – “Listen”**

1. According to James 1:19, what does it mean to be "quick to hear, slow to speak, slow to anger"?
2. Why is listening twice as much as we speak important, according to the statement about one mouth and two ears?
3. Why is developing listening skills an urgent and important task?
4. What are some attributes of active and authentic listening?
5. Why do we often choose not to listen? What are some possible reasons?
6. How can we change and become active listeners?
7. How can we model the practice of listening within our own homes with our spouses and children?
8. What does it mean to practice active listening intentionally?
9. What are the potential consequences of not listening, as mentioned in Proverbs 18:13?
10. How does the commitment to becoming a better listener contribute to personal growth and avoiding folly and shame?