



THE STEWARD SCHOOL
Inspire the future.

MIDDLE SCHOOL SUMMER CHECKLIST 2025

ACADEMICS

- ❑ **Summer Reading** – Each grade level is required to complete a reading and writing component for [their summer work](#). All students (rising Grades 6, 7, and 8) are required to read at least one book with various guidelines. Books should be on or above each student's reading level. In addition to reading, students will write an introduction letter to their corresponding teacher. Instructions for the letter are linked in the Summer Reading document.
- ❑ **Summer Math** – This summer Middle School students are encouraged to keep their math brain active through a [variety of suggested activities, games, and resources](#). While none of this is required, the MS Math department knows the benefit of practicing and exploring math all year.
- ❑ **Summer Spanish** – Summer is a wonderful time to explore ways to enhance your Spanish learning. Any amount of time that you spend reviewing or engaging with the language will benefit you immensely next school year. While none of this work is required, the MS Spanish department recommends you challenge yourself with [various provided activities](#).
- ❑ **Class Schedules** will be made available to you by early August.
- ❑ **Books** - Families should refer to [the list of required book purchases](#) for each course in the Middle School for the 2025-26 academic year. If a course is not listed, there is no required book to purchase. Families can choose their preferred seller. Unless otherwise noted, students must possess the required books by the first day of the school year.
- ❑ **Supplies**—The 2025-26 school year information page on the website includes [a supply list for grades 6, 7, and 8](#). You may purchase your supplies at the store of your choice; some supplies will be provided to students on the first day of school, and parents will be billed directly for them.

FINE ARTS

- ❑ **Fine Arts electives** – Grade 6 students rotate through all of the Fine Arts options including Art, Instrumental Music, Choral Music, and Theater during the course of the year. Only your child's first quarter elective will be noted on the schedule sent in August. Grade 7 students will participate in two Fine Arts electives throughout the year, and Grade 8 students will participate in one Fine Arts elective which will be noted on their class schedules. *Please note that art and chorus supplies are provided, and families will be billed separately.*

HEALTH INFORMATION

- ❑ Update your information on the [Magnus Health Portal](#).
- ❑ **Commonwealth of Virginia school entrance health form**—A completed form is required for **all sixth graders and new students**. The Commonwealth of Virginia School Entrance Health Form is available on the website.
- ❑ Please review the **school clinic information and policies** at www.stewardschool.org/clinic to find out important information about illness, dispensing medication, required immunizations, and our food allergy policy.
- ❑ If your child has allergies, please visit www.stewardschool.org/clinic or contact the school clinic for an **allergy action plan**. This is required only for students with life-threatening allergies requiring epinephrine at school.



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ATHLETICS

- ❑ An up-to-date physical is required for any student wishing to participate in a sport in Middle School. ***A physical examination must be dated on or after May 1, 2025, and must be on file prior to participating in any pre-season practices.*** Pre-season practices begin in mid-August. An athletics physical form is available on the website.
- ❑ **Expectations for student-athletes**—Prior to participating in interscholastic competition, all Steward School athletes and parents or guardians must read and acknowledge the Expectations for The Steward School Student-Athletes in the Student Handbook and Directory. The Handbook and Directory will be available online during the first week of school. By signing the Handbook pledge form, you are agreeing to all of the terms and conditions outlined in the Expectations for Student-Athletes section.
- ❑ **Fall sports include** boys and girls cross country, boys soccer, girls field hockey, girls volleyball, and coed tennis. You will receive an Athletics email that outlines all of the fall sports, recommended summer training, and practice schedules, along with a reminder to complete all Athletic forms prior to pre-season practices.
- ❑ **P.E.** — For the 2025-2026 school year, we will be using the locker rooms to change for P.E. classes. Each Middle School student is required to wear either a plain t-shirt or one with a small school-appropriate logo, athletic shorts, and athletic shoes during PE class. Sweatshirts and sweatpants may be needed during the colder months.

ADDITIONAL INFORMATION

- ❑ **Lockers** — Students do not need to purchase a lock. Lock-free lockers in the Middle School are visible evidence and a reminder of Steward's Honor Code. ***New students will be given locker assignments and instructions for setting up lockers during their Orientation on August 14.***
- ❑ **Lunch Program**—You will be receiving information about the lunch program in the upcoming weeks.
- ❑ **Middle School Orientation** —If you are a 6th grade family or new to Steward, we'll walk both students and parents through important information during orientation on **Thursday, August 14 from 9:00- 11:00 a.m.** Mark your calendars now!

Questions? Don't hesitate to call the Middle School Office at 804-565-2312 or email MS@stewardschool.org. Have a terrific summer! We're looking forward to seeing you in August!