

Geneseo Girls Track and Field Records

100 Meter Dash

1)	School Record: Emily Hart	12.7	2003
2)	Kate Hochbrueckner	12.8	2012
3)	Maggie Hopf	12.8	2000
4)	Jackie Britton	12.93	2016
5)	Rachel Frost	13.04	2009
6)	Carrie Preston	13.0	1995
7)	Katie King	13.0	2003
8)	Abby Salvaggio	13.14	2017
9)	Olivia Bucci	13.14	2022
10)	Catherine Staley	13.14	2025

200 Meter Dash

1)	School Record: Emily Hart	26.0	2003
2)	Sarah Hite	26.7	1999
3)	Jena Thielges	26.7	2005
4)	Catherine Staley	26.74	2024
5)	Carrie Preston	26.9	1995
6)	Carol Bright	26.9	1981
7)	Maggie Hopf	27.0	2000
8)	Kristina DeWitt	27.2	1998
9)	Abby Salvaggio	27.4	2016
10)	Olivia Bucci	27.40	2023

400 Meter Dash

1)	School Record: Catherine Staley	58.98	2024
2)	Larisa Least	59.3	1999
3)	Jena Thielges	59.92	2006
4)	Sarah Hite	60.3	1998
5)	Vicki Meyer	60.7	2001
6)	Alison Fowler	62.14	2025
7)	Olivia Bucci	61.23	2023
8)	Maggie Hopf	62.4	2000
9)	Britta Houghton	62.5	1994

10) Abby Salvaggio

62.99 2015

Geneseo Girls Track and Field Records

800 Meter Run

1)	School Record:	Liz Schinski	2:20.41	2008
2)	Lindsay Frye	2:22.0	2001	
3)	Emily Lamb	2:22.94	2024	
4)	Catherine Staley	2:23.81	2025	
5)	Meg Moynihan	2:25.2	2012	
6)	Jena Thielges	2:25.53	2008	
7)	Sarah Hite	2:27.0	1999	
8)	Brianna Horn	2:27.50	2012	
9)	Nancy Hollenbeck	2:28.7	1977	
10)	Caroline Capel	2:28.29	2024	

1500 Meter Run

1)	School Record:	Liz Schinski	4:39.56	2009
2)	Catherine Staley	4:57.46	2025	
3)	Emily Lamb	5:00.09	2024	
4)	Caroline Capel	5:02.83	2022	
5)	Lindsey Frye	5:07.1	2001	
6)	Jean Hollenbeck	5:09.4	1981	
7)	Liz Banker	5:15.1	2006	
8)	Emily Ingalls	5:15.46	2010	
9)	Sierra Whitney	5:16.43	2025	
10)	Mallory Rice	5:16.43	2019	

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3000 Meter Run

1)	School Record:	Liz Schinski	10:07.62	2009
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2) Emily Lamb	11:09.20	2024
3) Jean Hollenbeck	11:15	1981
4) Catherine Staley	11:17.78	2024
5) Vicki Meyer	11:22	1998
6) Anna Miskell	11:24.00	2012
7) Amber Hildreth	11:28.9	2004
8) Casey Emerson	11:29.32	2012
9) Alison Staley	11:30.4	2005
10) Adeline Capel	11:39.86	2021

Geneseo Girls Track and Field Records

100 Meter Hurdles

1)	School Record: Rachel Frost		14.99	2010
2) Sarah Hite	15.0		2000	
3) Emily Hart	16.0		2005	
4) Kate Hochbrueckner	16.23		2013	
5) Kayla Main	16.6		2003	
6) Sara Kenney	16.72		2008	
7) Amy Phelps	16.9		1981	
8) Mallory Rice	16.98		2023	
9) Claire Linton	17.32		2012	
10) Jackie Frost	17.32		2016	

400 Meter Hurdles

1)	School Record: Sarah Hite		64.3	2000
2) Mallory Rice	67.36		2023	
3) Rachael Matthews	67.94		2024	
4) Lexi Hoffman	67.95		2006	
5) Kayla Main	68.8		2003	
6) Amy Phelps	68.9		1981	
7) Britta Houghton	69.8		1994	
8) Caroline Capel	70.04		2022	
9) Kate Hockbruckner	70.17		2013	
10) Jessica Harris	70.97		2015	

2000 Meter Steeplechase

1)	School Record: Liz Schinski	7:24.0	2009
2)	Emily Lamb	7:35.64	2024
3)	Catherine Staley	7:40.86	2024
4)	Caroline Capel	7:43.04	2024
5)	Adeline Capel	7:50.03	2021
6)	Emily Ingalls	7:53.43	2009
7)	Kelly Root	7:55.9	2004
8)	Alison Staley	7:56.9	2005
9)	Rachael Matthews	7:51.90	2022
10)	Vicki Meyer	8:02.0	2001

Geneseo Girls Track and Field Records

Pentathlon

1)	School Record: Rachel Frost	3115	2010
2)	Catherine Staley	2426	2024
3)	Mary Claire Rollins	2405	2023
4)	Jackie Frost	2393	2014
5)	Molly Root	2178	2008
6)	Caitlin Martusewicz	2175	2005
7)	Mallory Rice	2158	2023
8)	Kaily Abbott	2134	2008
9)	Jessica Harris	2127	2015
10)	Caroline Capel	2118	2024

Long Jump

1)	School Record: Rachel Frost	17'6	2009
2)	Olivia Bucci	16'8 1/2	2025
3)	Jacquie Bruckel	16'6	2003
4)	Molly Waldren	16'4 3/4	1992
5)	Larisa Least	16'2 1/2	1999
6)	Mallory Crane	16'1 1/2	2015
7)	Molly Root	16' 1/2	2009
8)	Shayna Brady	16' 1 1/2	2019
9)	Kristina DeWitt	16'0	1998
10)	Claire Venturino	16'0	2002
11)	Cindy Fern	15'11 1/2	1985

Triple Jump

1)	School Record:	Morgan Keihl	34'9 ³ / ₄	2010
2)	Cindy Fern	34'5 ³ / ₄	1987	
3)	Mallory Rice	34' 2 ¹ / ₂ "	2023	
4)	Mallory Crane	34'2 ¹ / ₂	2015	
5)	Larisa Least	33'7 ¹ / ₂	1998	
6)	Collen Meyer	33'6	1995	
7)	Sierra Whitney	32'7.5"	2025	
8)	Marley Weber	32'4 ¹ / ₂	2017	
9)	Lydia Johnson	32'4"	2016	
10)	Shayna Brady	32'3 ¹ / ₂	2018	

Geneseo Girls Track and Field Records

Discus

1)	School Record:	Nikki Kingston	109'6	2007
2)	Natalie Capel	108'4"	2025	
3)	Jenna Phillips	105' 7"	2019	
4)	Heather Benjamin	103'11	2002	
5)	Christie Wall	102'8	2000	
6)	Kelly Neidermaier	101'7	2001	
7)	Kari Laidlaw	100'10	2013	
8)	Julia Muhl nickel	100'9	2006	
9)	Courtney Kingston	99'3	2006	
10)	Becca Mullin	98'0	2010	

Shot Put

1)	School Record:	Heather Benjamin	35'6	2003
2)	Christie Wall	34'6 ¹ / ₂	2000	
3)	Nikki Kingston	33'8	2008	
4)	Courtney Kingston	33'3	2007	
5)	Julia Muhl nickel	33'2 ¹ / ₂	2008	
6)	Trish Vantucci	33'2	1982	
7)	Becca Mullin	31'11	2010	
8)	Harmony Sanders	31'8	2024	
9)	Mirah Gilmore	31'3 ¹ / ₂	1994	
10)	Brenda Potter	31'3	1985	

Pole Vault

1)	School Record: Kaily Abbott		9'9	2008
2)	Courtney Brown	9'3	2000	
3)	Laura Olverd	9'0	2013	
4)	Poppy Thomas	8'4"	2024	
5)	Kelly Root	8'3	2006	
6)	Alicia Foor	8'0	2005	
7)	Kate Thomas	8'0"	2018	
8)	Liz Kaye	7'9	2012	
9)	Isabella Thomas	7'7"	2019	
10)	Zoe Neiderbach	7'7"	2023	

Geneseo Girls Track and Field Record

High Jump

1)	School Record: Rachel Frost		5'6	2009
2)	Adi Donegan	5'2"	2024	
3)	Sue Ehmann	5'2	1977	
4)	Arika Horn	5'2	2010	
5)	Jacque Bruckel	5'1	2005	
6)	Laura Olverd	5'0	2014	
7)	Mary Claire Rollins	4'11.75	2023	
8)	Shayna Brady	4'10	2019	
9)	Carrie Preston	4'10	1995	
10)	Megan Payne	4'10	1999	

400 Meter Relay

1) School Record: J Thielges, S Kenney, E Gibbs, J Bruckel	51.12	2006
2) L Least, M Hopf, S Hite, S Bennett	51.2	1999
3) Ka Root, M Hopf, E Hart, V Meyer	51.4	2002
4) L Least, K DeWitt, S Hite, C Schornstein	51.4	1998
5) Ka Root, E Hart, E Gibbs, J Bruckel	51.46	2004
6) M Bruckel, B Batista, K Hochbrueckner, R Frost	51.47	2010
7) L Olverd, N Peraino, K Lynch, J Britton	51.60	2014
8) J Thielges, S Kenney, E Gibbs, R Frost	51.64	2007
9) M. Bugbee, A. Salvaggio, M. Weber, J. Britton	52.3	2016

Geneseo Girls Track and Field Record

1600 Meter Relay

1) School Record: A Meyer, M Hopf, L Least, S Hite	4:03.13	
1999		
2) O Bucci, S Whitney, A Fowler, C Staley	4:06.89	2025
3) A Meyer, V Meyer, M Hopf, S Hite	4:08.43	2000
4) A Meyer, M Hopf, L Least, S Hite	4:09.56	1998
5) E Scott, K Abbott, L Schinski, J Thielges	4:11.00	2008
6) Ka Root, E Hart, E Gibbs, J Thielges	4:13.77	2005

7) L Frye, K Root, M Hopf, V Meyer	4:13.83	2001
8) S Whitney, E Lamb, M Rice, O Bucci	4:13.90	2023
9) C Schornstein, R Taylor, L Least, S Hite	4:15.2	1997
10) A Meyer, L Leu, M Hopf, L Least	4:15.2	1999

3200 Meter Relay

1) School Record: R. Matthews, C Staley, C Capel, E Lamb	09:37.27	2024
2) R Matthews, M Rice, C Capel, E Lamb	9:52.95	2022
3) C. Capel, S. Whitney, E Lamb, R. Matthews	9:55.95	2023
4) E Ingalls, L Schinski, A Mooney, J Fitzpatrick	10:00.47	2009
5) M Hopf, C Martusewicz, V Meyer, L Frye	10:06.09	2002
6) B Horn, L Ryan, B Johnson, M Moynihan	10:06.35	2012
7) M Moynihan, B Horn, A Miskell, C Emerson	10:07.09	2011
8) L Schinski, J Fitzpatrick, L Pavone, J Thielges	10:10.69	2008
9) B Horn, H Hopper, M Moynihan, J Frost	10:11.59	2013
10) J Harris, H Hopper, M Moynihan, M Bailey	10:16.54	2014