

Start of Day

1. Task group 1

Creed out loud

Check win channel and your bank account

Take supplements (if you didn't before)

Pray

2. Task Group 2

Use/make PR wall

clean desks 2min minimum

Go to copy process map decide outcome for the day

Go to stock process map decide outcome for the day
Invert

3. Task group 3

20 answers list on weekly focus after done commit 10min on executing one element of the list (that takes more than 10 min)
do all that can be done immediately that is less than 10 min of work

Read Id Akido

And Golden rules

Make sure you have a strategy for the tasks

4. Start day

	 3 Blessings I'm Grateful To Have 
1.	I can workout
2.	I can win on linked in
3.	I can win

	 3 Priority Tasks  (These are non-negotiable tasks and must be conquered today!)
1.	
2.	
3.	



Hourly Commitments & Reflections



Task 🏆	Task: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the task finished? If not, why & what stopped me and how will I fix it?

(Fill in as you go & remove the hours you are asleep.)

Task 1	🎯 Task: Market research and business map
Strategy 🔍	🎯 Action Steps: <u>1: Identify real top players and one way they get attention</u> <u>2: make a list of thing to map out on the market</u> <u>3: ask them what they use for the website</u> <u>4: find a resource to learn it</u> <u>5:</u>
Reflection ✍️	

Task 2	🎯 Task: checklist
Strategy 🔍	🎯 Action Steps:

	<u>1:</u> <u>2:</u> <u>3:</u> <u>4:</u> <u>5:</u>
Reflection 	

Task 3	🎯 Task: process map trading
Strategy 	🔗 Action Steps: <u>1: make a basic process map tha will be updated later</u> <u>2: make it so it can be executed in one H</u> <u>3:</u> <u>4:</u> <u>5:</u>
Reflection 	

Task 4	🎯 Task: make Mix tape (Brainwashing myself into working harder)
Strategy 	🔗 Action Steps: <u>1: warning work principles</u> <u>2: write on paper</u> <u>3: record</u> <u>4: add sounds</u> <u>5: have it on audio file on the phone</u>
Reflection 	

Task 5	🎯 Task: Conquest plan finish it
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Strategy 🔍	 Action Steps: <u>1:</u> <u>2:</u> <u>3:</u> <u>4:</u> <u>5:</u>
Reflection ✎	

Task 6	 Task:
Strategy 🔍	 Action Steps: <u>1:</u> <u>2:</u> <u>3:</u> <u>4:</u> <u>5:</u>
Reflection ✎	

Task 7	 Task:
Strategy 🔍	 Action Steps: <u>1:</u> <u>2:</u> <u>3:</u> <u>4:</u> <u>5:</u>
Reflection ✎	

Task 8	 Task:
Strategy 	 Action Steps: <u>1:</u> <u>2:</u> <u>3:</u> <u>4:</u> <u>5:</u>
Reflection 	

Task 9	 Task:
Strategy 	 Action Steps: <u>1:</u> <u>2:</u> <u>3:</u> <u>4:</u> <u>5:</u>
Reflection 	

Task 10	 Task:
Strategy 	 Action Steps: <u>1:</u> <u>2:</u> <u>3:</u> <u>4:</u> <u>5:</u>

Reflection 	
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Twilight's Review



 What wins did I achieve today? 
Massive insight on how to improve my stuff posted on linked in

 What lessons did I learn today? 
Sop are useful alexhormozi has good advice It's easy finding ways to improve going through SOPs

 What roadblocks did I face? 
I did some bullshit

 How will I improve and progress tomorrow? 
Refuse to do the bullshit at all cost be faster thank to the insight

 What worked well and will be repeated? 
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The SOP thing

 **Who are the People I need to connect with?** 

 **What tasks remain uncompleted** 

Figma for client

 **What changes do I need to make to my CONQUEST PLAN?** 

Finish it

 **The final assessment of the day's productivity** 

Time used (you have 16H)

Freestyle Thoughts:

(Let your thoughts flow here. No judgment, no boundaries.)

This day was a shit show and should not be repeated

evening sequence

Think of what is to be done tomorrow for 2 min

clean room(2min)

pack clothes and vitamins for tomorrow (2min)

brush teeth (2min)