Paltrocast With Darren Paltrowitz - Media Kit

Updated: November 2, 2026

About Paltrocast With Darren Paltrowitz

The Paltrocast With Darren Paltrowitz is a New York-based, multi-platform media outlet reaching 400,000+ monthly viewers, readers and listeners. Its content posts as audio and video-based podcasts, TV episodes, articles, and on-demand streaming videos.

The multi-award-winning series features conversations with musicians, actors, athletes, and cultural influencers. Following a win for “Best Use of Streaming Services” Award at the 2025 Press Club of Long Island (PCLI) Awards, the Paltrocast was honored again with a 2nd Place Certificate for "Best Blog" at the 2026 PCLI Awards, and is a past recipient of a W3 Award.

The outlet maintains a massive broadcast footprint, regularly airing via 200+ TV stations. This includes dominant coverage in the New York Metro area (airing in 4 of the 5 NYC boroughs via MNN, Bronxnet, BRIC, and QPTV, plus Long Island and New Jersey stations), alongside rapidly expanding national and international reach via major OTT carriers like BizTV

Where to Read, Watch & Listen

- **TV Syndication:** https://paltrocast.com/where-to-watch
- **OTT & FAST Platforms:** BizTV, Canyon Star, 30A (On-demand & 24/7 livestreams)
- **Podcast Platforms:** Apple, Spotify, iHeartRadio, Boneless Podcasting Network, etc.
- **YouTube:** https://www.youtube.com/@paltrowitz/videos
- **Paltrocast.com:** http://www.paltrocast.com
- **Medium & Substack:** https://medium.com/@darren.paltrowitz

Audience & Reach Below are current audience metrics as of September 26, 2026:

- **YouTube Subscribers:** 16,300+



Recent Notable Guests - More Examples & Photos On P13



October 2026:

- James Woods
- Chris Jericho
- Juliette Binoche
- Milli Vanilli's Fab Morvan
- Clinton Liberty
- Thunder Rosa
- Jon Heder
- Jack Griffo
- Clay Aiken

September 2026:

- Neil Patrick Harris - New Film "Sunny Dancer"
- HAIM's Este Haim - New Film "Sunny Dancer"
- Mark Schlereth - New NFL Season (Return Appearance)
- Ty Pennington - New HGTV Season (Return Appearance)
- Giovanni Ribisi - New MGM+ Series *American Hostage*
- Kristoffer Polaha - New MGM+ Series (Return Appearance)
- Dane Cook - New Documentary "Funny Money"
- Duke Nicholson - New Film "The Deputy"
- Debby Ryan - New Film "Orion"
- Jai Soundar - New Film "Tiny Fugitives"

July & August 2026:

- Anthrax's Frank Bello - New Album & Tour (Pickup by *BraveWords* news site)
- Kristoffer Polaha - New MGM+ Series *American Hostage*, World Vision partnership
- Nadia Hallgren - Award-winning director of new Katseye documentary film
- Barbara Mori & Ximena Sarinana - Stars of new season of Apple TV's *Women In Blue*
- Darren Godfrey - #1 contender in Power Slap
- Chloe Van Landschoot - Return appearance by star of MGM+ hit *FROM*
- Garret Dillahunt - Star of upcoming HBO series *Lanterns*
- Jake Johnson - New Film *The Sun Never Sets*
- Chef Duff Goldman - Discussion of new partnership and upcoming projects
- Reeve Carney & Eva Noblezada - Stars of *Hadestown* feature film
- Berner - New film *Splash City*
- John Ross Bowie - Star of new HBO series *Stuart Fails To Save The Universe*

May & June 2026:

- Andre Holland & Wendell Pierce - Actors, *The Wire*, *Moonlight*
- Adam Pally - Star of *Knuckles* and *O Horizon*
- Campbell McLaren - Co-Founder of the UFC & CEO of Combate Global
- Jess McLeod - Star of AMC's *The Audacity* & Filmmaker
- John Gallagher Jr. - Tony Award-Winning Actor & Musician
- Sascha Penn - Showrunner of *Power Book III: Raising Kanan*
- Scott McCord & Robert Joy - Stars of MGM+'s *From*
- Ty Pennington, Sarah Baeumler & Mika Kleinschmidt - HGTV Stars
- Artemis & Logan Allen - Stars of Netflix's *Sweet Magnolias*
- Catherine Hardwicke - Bentonville Film Festival
- Katie Cassidy - Actress, *Arrow*
- Michael Beach - Actor, *Mayor of Kingstown*, *Tulsa King*
- Laurie Berkner - Acclaimed Children's Musician
- Josh Klinghoffer - Musician, Pearl Jam / Red Hot Chili Peppers
- The Guess Who - North American Arena & Amphitheater Reunion Tour

April 2026:

- The Miz - WWE Superstar & "American Gladiators" Co-Host
- Gene Simmons - Producer Of New Film "Deep Water"
- Denise Richards - New Saban Film "Dirty Hands"
- RJ Cyler - New RZA-Directed Film "One Spoon Of Chocolate"
- Eddie Marsan & Éanna Hardwicke - New Film "No Ordinary Heist"
- Adelaide Clements - New Film "Kangaroo Island" (Netflix Top 10)
- Tyler Hynes - New Hallmark Channel Film "I'll Be Seeing You"
- Andrés Cepeda - U.S. Tour, Recent GRAMMY Activity (3rd *Paltrocast* Appearance)
- Nili Brosh - Tours with Danny Elfman & Metalocalypse, New Album
- Cast & Crew Of "The Travel Companion" - Exclusive With The Tribeca-Screened Film

March 2026:

- Toto's Steve Porcaro - New Solo Album "The Very Day"
- Peyton Elizabeth Lee - New Hulu Film "Pizza Movie"
- Louis Herthum - Season 3 Of The Netflix Series "The Night Agent"
- Mena Suvari & India Eisley - New Film "Vampires Of The Velvet Lounge"
- Kim A. Snyder - Director Of "The Librarians" Documentary
- Superdrag's John Davis - Exclusive Announcement Of New Music
- Julie Pacino & Lucy Fry - New Film "I Live Here Now"
- Ken Kwapis - New Documentary "We Are The Shaggs"

February 2026:

- Berto Colón - New Movie "Undercard," Upcoming Taylor Sheridan Series

- Wanda Sykes - New Movie, Netflix Special
- Francis Rossi - New Solo Album By The Status Quo Co-Founder
- Adam Best - New PBS Series "The Puzzle Lady," Upcoming Netflix Series Work
- Brandon Stewart - Founder Of Brandon Studios
- Fergal Lawler - New Reissues By The Cranberries
- Oded Fehr - New Movie "Grizzly Night"
- Adam Goldberg - New Solo Album
- Keith David - New Prime Video Series "The Gray House"

January 2026:

- Stars Of The New Lionsgate Film "I Can Only Imagine 2"
- Calista Craig - "Stranger Things" Season 5 Actress
- Simon Franglen - "Avatar: Fire & Ashr" Composer
- Mark Schlereth - NFL Super Bowl Week Promotions
- Sydney Hunter - Upcoming Amazon Prime Video Series "American Gladiators"
- Ted McGinley - New Season Of Apple TV Series "Shrinking"
- Kula Shaker's Crispian Mills - Band's First New Album In Years

December 2025:

- Des Rocs - New Single, 2026 Tour Plans, Single Written For ZAYN
- Dennis Haysbert & Ruthie Ann Miles - Tabernacle Choir PBS Special
- Ceiri Torjussen - New Season Of Netflix's "Delhi Crime"
- Justin Warfield - New WARFIELD Album & Videos

November 2025:

- Alan Tudyk - Star Of "WondLa" Season 3
- Charlotte Kirk - New Saban Films Release
- Cast Of "G.R.I.T.S." - New Series On AMC's ALLBLK
- Biffy Clyro's James Johnston - New Album, New Tour Dates
- Faith Jenkins - New Season Of Oxygen Series
- Testament's Alex Skolnick - New Solo Album
- Finger Eleven - New Album, Tour Plans
- John Slattery - New Film "Nuremberg"
- Cast Of "Power Book IV: Force" - New Series On STARZ

October 2025:

- Alyvia Alyn Lind - Star Of Netflix Hit "Wayward"
- Tony Danza - New Film "Re-Election"
- Asa Butterfield - New Film "Stitch Head"
- Alexandra Daddario - New Film "I Wish You All The Best"
- David Krumholtz - New Film "Forelock"
- Jack Patten, Lauren McQueen & Lydia Peckham - New MGM+ Series "Robin Hood"

- Kym Whitley - New Film “Re-Election”
- Rizwan Manji - New Film “Re-Election”
- Joel Courtney - New Film “Soul On Fire”
- Amy Carlson - New Film “Peas & Carrots”
- Rachael Yamagata - New Album & Tour Plans
- Oded Fehr - New Season Of “House Of David”
- Bear McCreary - New World Premiere at Carnegie Hall
- McKenna Quigley Harrington - New Season Of “Tulsa King” On Paramount+
- Dallas Jenkins - “The Chosen,” Re-Release Of “Best Christmas Pageant Ever”
- Alexandra Shipp - New Film “Violent Ends”
- Brandon Routh - New Film “Out Of Order!” (Return Appearance)
- Andres Cepeda - Upcoming U.S. Tour (Return Appearance)

September 2025:

- Rob Riggle - New Film “Code 3”
- Guy Pearce - New Film “Killing Faith”
- Anna-Maria Sieklucka - New Film “Compulsion”
- Barbara Butcher - New Oxygen Series “Death Investigator”
- Our Lady Peace’s Raine Maida - New Music, More Touring
- David A.R. White - New Movie, Producing Work
- Debi Derryberry - New Book, New Children’s Music, Voiceover Work
- Jesse Kove - New Film “President Down”
- Derek Klena - Tony Award Nominee
- STAYC - Kpop Group Featured On Apple TV+ Series “KPOPPED”
- Sabaton - New Album & World Tour Announced
- Omari Hardwick - New Film “Xeno”
- Brian & Mika Kleinschmidt - New Series Of HGTV Series “100 Day Dream Home”

August 2025:

- Michael Jai White - New Films “Hostile Takeover” & “Trouble Man”
- The HU - New EP “Echoes Of Thunder” & World Tour
- Kat Cunning - New Film “Star People” & New EP “Glass Jaw”
- BLACKSWAN - New Music & New Apple TV+ Series “KPOPPED”
- Adam Pak - New Richard Linklater-Produced Film “TAPE”
- Gianni Paolo - New Film “Trust” + Podcast & Entrepreneurial Projects
- Baron Vaughn - New Film, Upcoming One-Man Show, Stand-Up Dates

July 2025:

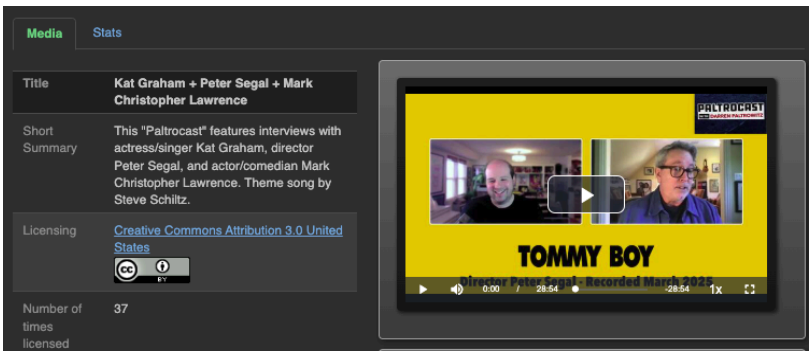
- Jack Kesy - New Films Via Saban & Prime Video, New Apple TV Series
- Brandi Burkhardt - New Film Projects & New EP
- Mark Feuerstein - New Film “Guns & Moses”
- Valentina Latyna - Paramount+ Film "Dora & The Search For Sol Dorado"

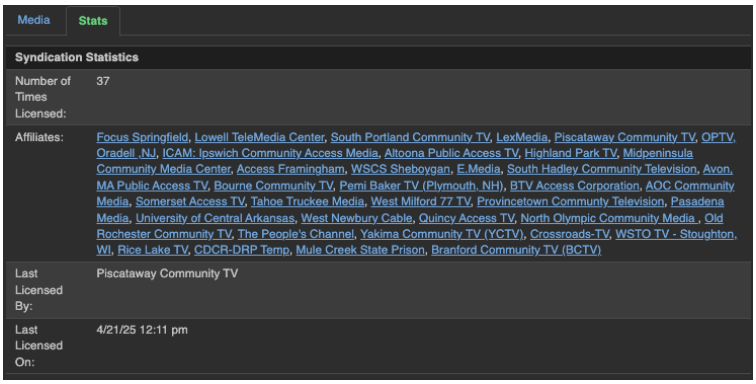
- Collective Soul's Will Turpin - New Documentary, Live Nation Summer Tour
- Neil Giraldo - Rock & Roll Hall Of Famer, New Spirits Via "Three Chord Bourbon"
- Rainsford (Rainey Qualley) - Forthcoming EP, Recent Movie
- Tristin Mays - New Saban Films Release "Bang"
- Brandon Routh - New Fathom Events Film "ICK"

June 2025:

- Seth Green - New Film Premiering at Bentonville Film Festival
- Tim Heidecker - New Film Premiering At Tribeca Film Festival
- Jocelyn Hudon - New Blue Harbor Entertainment Film, Star Of "Chicago Fire"
- Jackie Tohn - New Film, Co-Creator Of Prime Video's "Do, Re & Mi" Series
- Sophia Bush - New Paramount Film, Work On "Grey's Anatomy"
- Maria Elisa Camargo - New Lionsgate Film
- Josuiji Shinri (定水寺シンリ) of Holostars English - Upcoming YouTube Premieres
- Jearnest Corchado - New Film "Raise Your Hand"
- Alanna De La Rossa - New Film "Diablo" & New Music
- Fishbone - New Album & North American Tour
- Ethan Embry - New Film "Alma & The Wolf"
- Luke Dimyan - Season 5 Premiere Of "The Chosen"
- The Rasmus' Lauri Ylönen - New Album On Better Noise Music, World Tour
- Producers Of "The Buccaneers" - Season 2 Premiere On Apple TV+

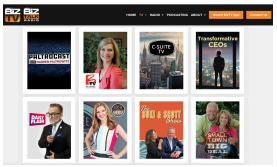
Example of TV series distribution from TelVue:

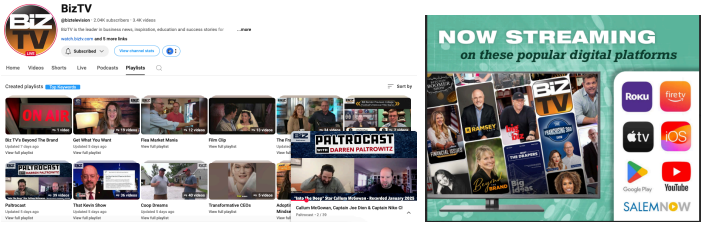




Viewership of select stations showing the Paltrocast:

BizTV - reaches 121.4 million people via apps and [100+ broadcast affiliates] - updated [2025 Media Kit]:





Zeam - added the "Paltrocast" series as of January 2025:

https://x.com/ZeamLocal/status/1878919980525474038

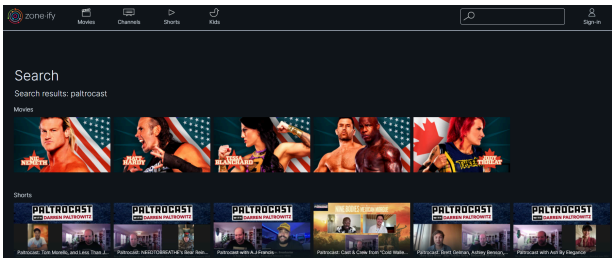


https://www.tvtechnology.com/news/zeam-boosts-daily-viewers-by-168-percent-in-2024

Zeam Media reported that its hyperlocal streaming service has increased its daily viewership by 168% since its launch in February, when it powered Paramount+'s live-streaming of the Super Bowl to a record-breaking 4.4 million viewers.

Zeam Media's advertising solution, Adsync, delivered over 5 billion advertising opportunities, the company said.

Zone-ify (Zone TV) - Signed contract in May 2025 to add *Paltrocast* content





Queens Public Television - station has 500,000+ daily viewers:



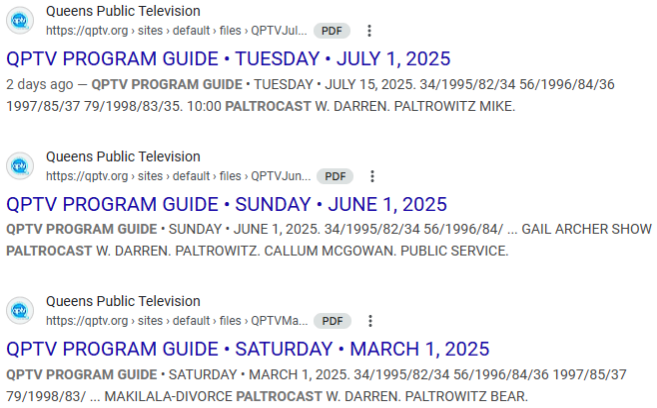
Multiple airings daily most days of the week:

QPTV PROGRAM GUIDE • WEDNESDAY • JULY 2, 2025

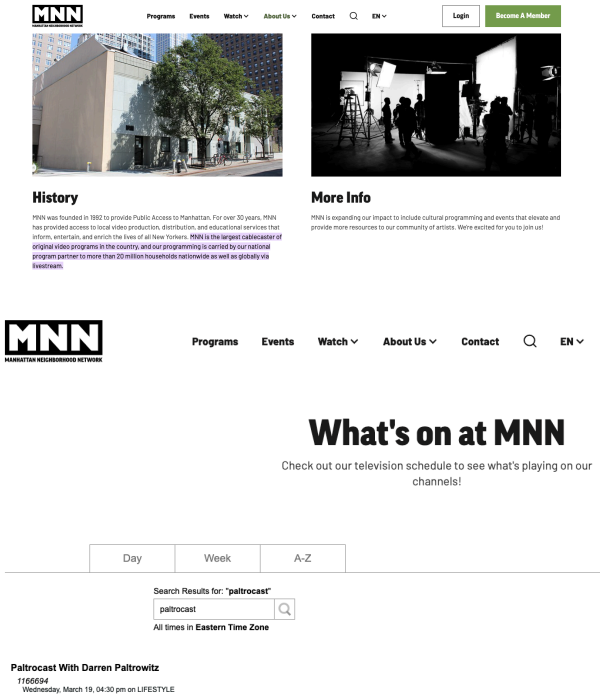
	34/1995/82/34	56/1996/84/36	1997/85/37	79/1998/83/35
10:00	CONFIRMED TRUTH	PUBLIC SERVICE ANNOUNCEMENT	PALTROCAST W DARREN PALTROWITZ DESMOND CHILD	QPTV PRESENTS: JAZZ IN THE SKY
10:30	KINGDOM LIFE MINISTRIES	THIS IS YOUR BIBLE	THE SISTERHOOD REVISITED	PROGRAMA ANUNCIANDO EVANGELTO ETERNO
11:00		LIV SMART: TEEN DEFENDER	TIPS FOR CONSUMERS	
11:30	PUBLIC SERVICE ANNOUNCEMENT	CMS & YOU	PUBLIC SERVICE ANNOUNCEMENT	PUBLIC SERVICE ANNOUNCEMENT
12:00	COMMUNITY BULLETIN BOARD	ISRAEL THE CHURCH OF JESUS	BARRIO LOCO TV	LUNCH BREAK EP.1
12:30	BEER PRACTICE		SHANAZ MUSICAL SENSATION	
1:00	TENDERHEARTED MINISTRIES	MUSIC & THE SPOKEN WORD	PR KREYOL	EAGLES DIMENSION BROADCAST
1:30		KENNY FEINBERG'S LET THE MUSIC	LIVING IN THE SUPERNATURAL	
2:00	QPTV PRESENTS AROUND QUEENS: FIRST BAPTIST MENTAL HEALTH PROGRAM	THE BETTER LIFE	PUBLIC SERVICE ANNOUNCEMENT	AN SUIL NA GAEL TV
2:30	TALKING GOP	THE OASIS	TRADINGPHOTOS	COMMUNITY BULLETIN BOARD
3:00		PUBLIC SERVICE ANNOUNCEMENT	LA LANTERNE HAITIERNE HATENNE	PUBLIC SERVICE ANNOUNCEMENT
3:30	PUBLIC SERVICE ANNOUNCEMENT	AMERICAN DEMOCRACY TV		MYSTERIES OF THE BIBLE
4:00	ROAD TO RECOVERY		CIRO: AFTERIMAGE OF A SURREALIST	
4:30		PUBLIC SERVICE ANNOUNCEMENT	AL-QURAN-THE FINAL MESSAGE	THE COMMERCIAL DIVISION
5:00	FRANCAMENTE INTERNATIONAL	COMMUNITY BULLETIN BOARD		THE KITCHEN CHEF RENE HEWITT
5:30		EVANGELIST VIRGINIA MORGAN	PUBLIC SERVICE ANNOUNCEMENT	
6:00	COMMUNITY LIVING	MACEDONIAN TV OF USA	QUEENS BLVD SMC	THE PEOPLE'S MUSEUM
6:30	TOMORROW'S WORLD		KAYKOV ENTERTAINMENT	
7:00	EAGLES DIMENSION BROADCAST	GRACE & TRUTH MINISTRIES		PUBLIC SERVICE ANNOUNCEMENT
7:30			COMMUNITY BULLETIN BOARD	JKS-INTERNATIONAL VIBES
8:00	QPTV PRESENTS AROUND QUEENS: HIMALAYAN DANCE COMPETITION	NETWORK TV	BUKHARIAN TV	WES HOUSTON PRESENTS
8:30	A TASTE OF CANAAN	BLUEYORKER		HARVEST TIMES
9:00	MY BLOCK T.V.	ECJFILMS INSPIRATIONAL BLEND	LA LANTERNE HAITIERNE HATENNE	PROJECT: HOPE
9:30	PUBLIC SERVICE ANNOUNCEMENT	PALTROCAST W DARREN PALTROWITZ SOPHIE B HAWKINS		LAYLA TAJ & DANCES OF EGYPT
10:00	COMMUNITY BULLETIN BOARD	TILDEVISION IDEAS	HELLENIC VOICE	WHATS UP NY
10:30	FOUR VILLAGE STUDIO PRESENTS	PUBLIC SERVICE ANNOUNCEMENT		PUBLIC SERVICE ANNOUNCEMENT
11:00	SCI FI NINJA THEATER	OPEN MIC SHOW	LUIS JIMENEZ PRESENTA	PRETTY BAND RADIO
11:30				HOT TOPICS !
12:00	COMMUNITY BULLETIN BOARD	COMMUNITY BULLETIN BOARD	COMMUNITY BULLETIN BOARD	COMMUNITY BULLETIN BOARD

QPTV PROGRAM GUIDE • FRIDAY • JULY 4, 2025

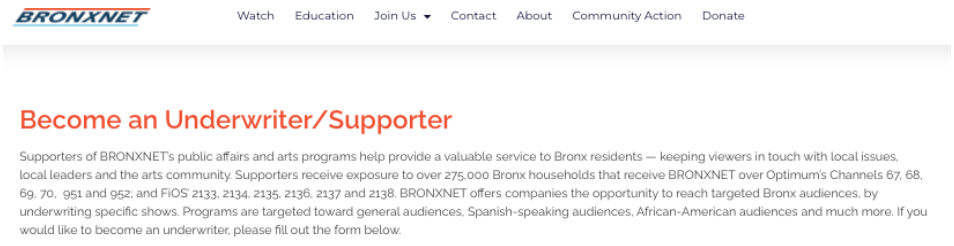
	34/1995/82/34	56/1996/84/36	1997/85/37	79/1998/83/35
10:00	QPTV PRESENTS: THE CALM MIND: MANAGING ANGER & STRENGTHENING MENTAL HEALTH	MUSIC & THE SPOKEN WORD	MAKILALA-BAKING	QUE SE ESCONDE POR DEBA JO
10:30		TIPS FOR CONSUMERS	PUBLIC SERVICE ANNOUNCEMENT	
11:00	NASA X TV	GAIL ARCHER SHOW	AROUND THE FIRE: MM RAY DANBY	PUBLIC SERVICE ANNOUNCEMENT
11:30	ECJFILMS INSPIRATIONAL BLEND			WEST INDIAN TODAY
12:00	COMMUNITY BULLETIN BOARD	LUNCH BREAK EP.4	STREETS CREOLE	FIRST AMENDMENT IN CONCERT
12:30	ASTORIA FILM FESTIVAL PRESENTS		STEVE A GIBBS PRESENTS	JESUS CHRIST IS LORD
1:00	WHATS UP NY	CHRISTIAN TELEVISION NETWORK	CIRO: AFTERIMAGE OF A SURREALIST	COMMUNITY LIVING
1:30	PUBLIC SERVICE ANNOUNCEMENT	GUYANA CHUNES TV	BLACK STARS OF THE GREAT WHITE WAY PT.1	CITY SOUNDS
2:00	MISS WEDNESDAY'S PUPPET HOUSE			MUSIC & THE SPOKEN WORD
2:30	MUSIC & THE SPOKEN WORD	BLACK STARS OF THE GREAT WHITE WAY PT.2		COMMUNITY BULLETIN BOARD
3:00	TILDEVISION IDEAS		TV EXCLUSIVO	MUSIC & THE SPOKEN WORD
3:30	PUBLIC SERVICE ANNOUNCEMENT			LIVING POSITIVE-RECOVERY WORKS
4:00	DIVINE TOUCH	THE FANTASYMAN	LUNCHBREAK	GRACE BAPTIST CHURCH SERMONS
4:30	A TASTE OF CANAAN	MUSIC & THE SPOKEN WORD		
5:00	LIV SMART: TEEN DEFENDER	COMMUNITY BULLETIN BOARD	BIBLICAL SOLUTIONS FOR ISRAEL	TALKING GOP
5:30	YOUR BFF STEF	PUBLIC SERVICE ANNOUNCEMENT		
6:00	OFF THE CLIFF	THE SAFIA SEIVWRIGHT TV SHOW	LIVING IN THE SUPERNATURAL	WHEN SHE NO LONGER COOKS FOR YOU
6:30			BOSNIAN AMERICAN TV	PALTROCAST W DARREN PALTROWITZ DESMOND CHILD
7:00	QPTV PRESENTS 7:00PM TO 8:00PM	LIVING POSITIVE-RECOVERY WORKS		THE YESHIVA CLASSROOM
7:30		GIVINGBACK	COMMUNITY BULLETIN BOARD	
8:00	THE FILTHYRICH SHOW		TRADINGPHOTOS	WHERE ARE WE GOING/WISDOM
8:30		THE GOSPEL WORSHIP BROADCAST	QPTV PRESENTS: CARTOONIST 1 HR CONCERT	
9:00	QPTV PRESENTS			BEER PRACTICE
9:30	PALTROCAST W DARREN PALTROWITZ SOPHIE B HAWKINS	MISHARE WELLNESS	GEMS OF ISLAM	WEST INDIAN TODAY
10:00	COMMUNITY BULLETIN BOARD	THE GILCHRIST EXPERIENCE		IT'S IN QUEENS
10:30	PUBLIC SERVICE ANNOUNCEMENT		PALTROCAST WITH DARREN PALTROWITZ	BLUNTSQUAD TV
11:00	GODDESSES	BLESS THE MIC CIPHERS	LUIS JIMENEZ PRESENTA	FADE TO BLACK
11:30		X.T.V		
12:00	COMMUNITY BULLETIN BOARD	COMMUNITY BULLETIN BOARD	COMMUNITY BULLETIN BOARD	COMMUNITY BULLETIN BOARD



Manhattan Neighborhood Network - reaches over 20 million households nationwide, as also distributed globally via livestream:

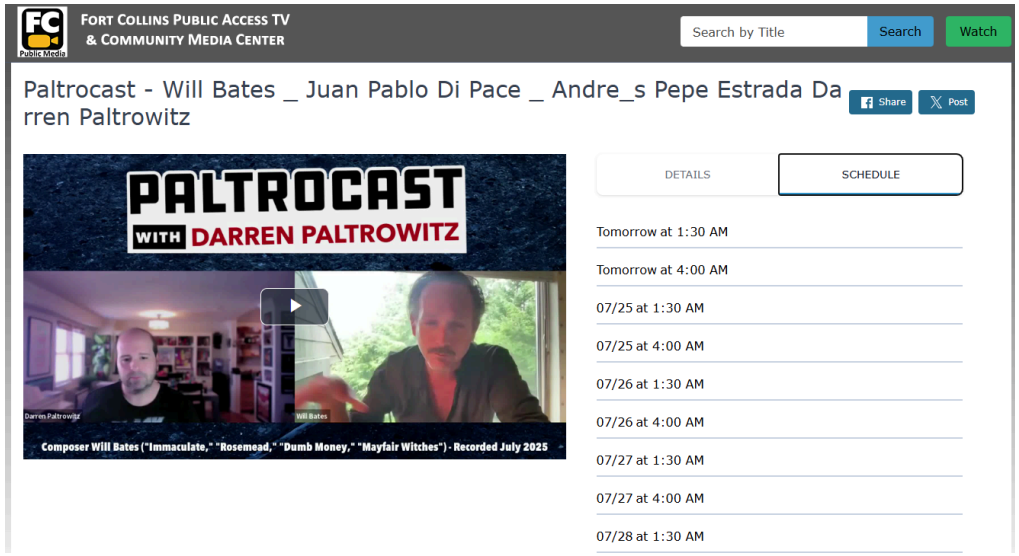


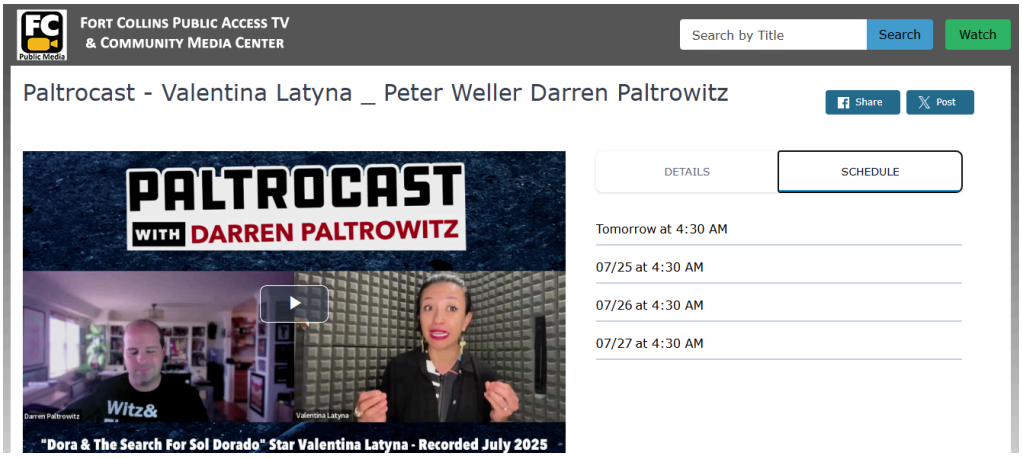
BronxNet - reaches over 275,000 households:

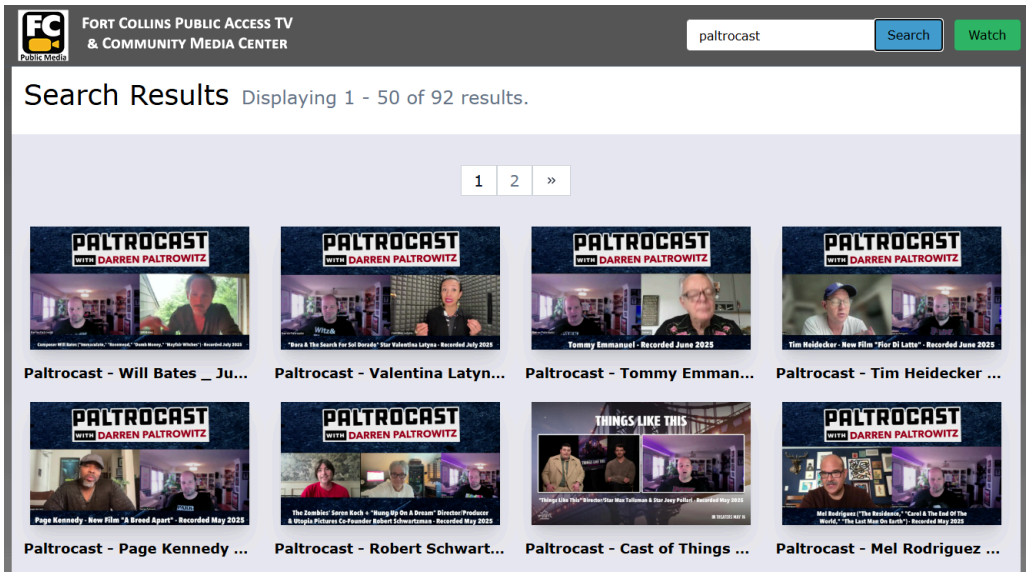




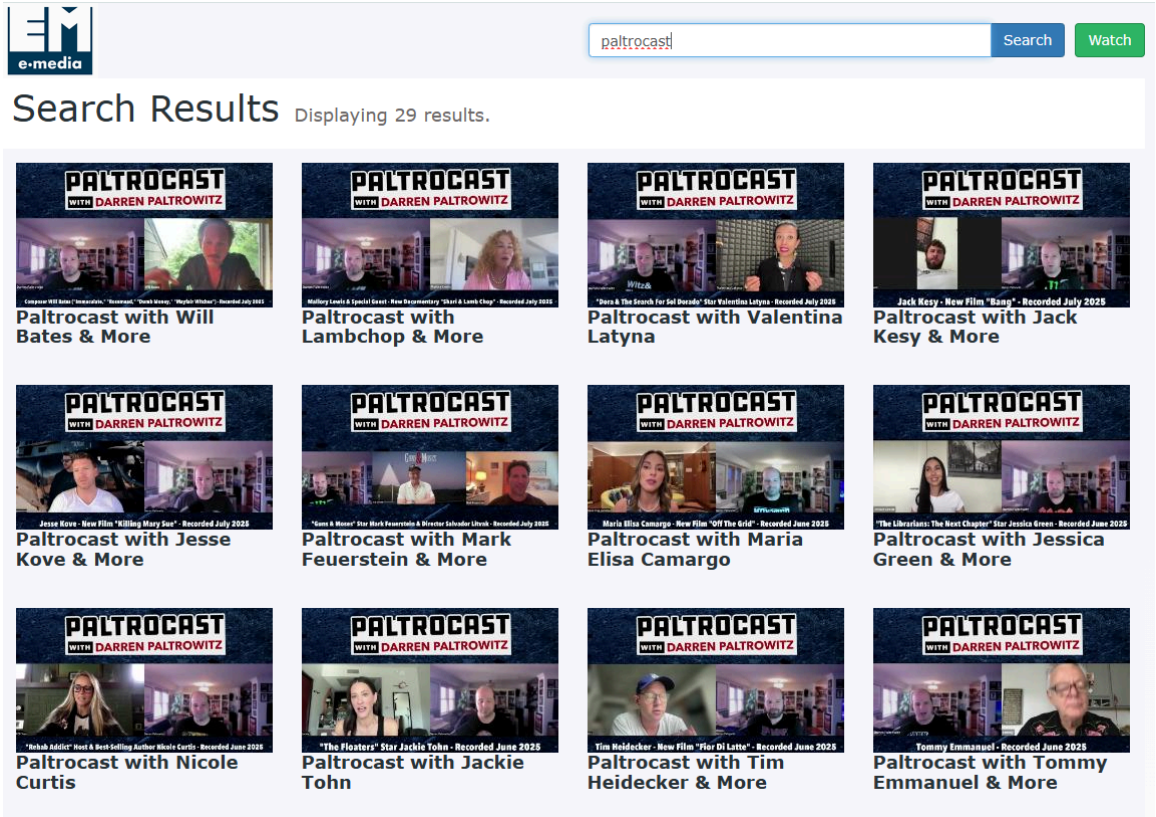
FC Public Media in Fort Collins, Colorado - multiple daily airings 7 days a week:







Easthampton Media in Massachusetts - multiple daily airings 7 days a week:



Paltrocast with Will Bates & More

UPCOMING AIR TIMES

7/28 at 9:30 PM

7/29 at 5:00 AM

7/30 at 8:30 PM

7/31 at 6:00 AM

Paltrocast with Lambchop & More

UPCOMING AIR TIMES

7/25 at 2:30 AM

7/26 at 8:30 PM

7/27 at 3:00 PM

On The Marc TV



7:18 PM	Passing Time Out Doors Episode 07 Hunting
7:46 PM	Gomer Pyle USMCS 1E01 Gomer Overcomes The Obstacle Course
8:11 PM	Tornado Bruce Campbell, Ernie Hudson 1996 Movie
9:34 PM	Paltrocast - Andres Cepeda + Adelaine Clemens + The Lunachicks + Ilya Chaiken
10:03 PM	Gomer Pyle USMCS 1E02 Guest In The Barracks
10:29 PM	The Iron Triangle 1989 Movie Beau Bridges
11:56 PM	TMA Ryan Winkle
12:14 AM	Gomer Pyle USMCS 1E03 Private Ralph Skunk
12:39 AM	Help Any Biz
12:43 AM	Conquest Of the Planet of the Apes
2:10 AM	Music Specials
2:25 AM	Paltrocast - Adam Mansbach + Elliot Page + Drew Denny with Flavor Flav and David Coverdale
2:53 AM	Paltrocast - Cast and Crew of The Travel Companion + Tyler Hynes
3:22 AM	Bestline with promo
3:32 AM	Help Any Biz
3:36 AM	TMA Ryan Winkle
3:53 AM	The Iron Triangle 1989 Movie Beau Bridges
5:35 AM	THE FUGITIVE S1 David Janssen Ep 21
6:23 AM	Movie Getting Gotti
7:56 AM	Tornado Bruce Campbell Ernie Hudson 1996
9:20 AM	HAPPY DAYS SEASON1
11:55 AM	Mc Hale-s Navy
1:27 PM	Bugs Bunny Forward March
1:41 PM	Hazel-S01E14, E15
2:35 PM	DOCG PRESENTS-BOBBY FIGEROA -BEACH BOYS DRUMMER
3:34 PM	Paltrocast - Charlotte Kirk + Alan Tudyk + Cast of Lost Horizon

Additional Notable Guests - Links & Select Photos:

The *Paltrocast* has featured a diverse range of guests, including:

ACTOR, SINGER & REALITY TV STAR EXAMPLES: Alison Brie, Michael Cera, Emma Roberts, Sam Richardson, Maya Erskine, Ice-T, Tom Morello, Johnny Knoxville, Dulé Hill, Joey Bada$$, Mary J. Blige, Anthony Anderson, Kristin Chenoweth, Elizabeth Hurley, Miranda Cosgrove, Billy Bob Thornton, Joel McHale, Method Man, Tate McRae, Terry Crews, Lindsey Stirling, Sosie Bacon, Yungblud









COMEDIAN & HOST EXAMPLES: JB Smoove, Murr from Impractical Jokers, Trailer Park Boys, Steve Treviño, Kyle Gordon, Margaret Cho, Eddie Griffin, Sinbad, Phil Hendrie, Tommy Davidson, Greg Proops, Whitney Cummings, Bill Engvall, Lucas Zelnick, Sierra Katow, Ari Shaffir, Steve Byrne, Ron Funches, Papp Johnson, Jamie Kennedy, Maz Jobrani, Jackie Martling, Morgan Jay, Langston Kerman, The Fraggles, Ben Schwartz, Ilana Glazer, Kevin McDonald, Michael Rapaport, Adam Ferrara, Rhys Darby, Erica Rhodes, Jay Chandrasekhar, Colin Mochrie, Phoebe Robinson, Marlon Wayans, Rip Micheals, Brett Gelman, Foil Arms & Hog, Adam W





BAND & MUSICAL GROUP EXAMPLES: Linkin Park, Van Halen, Guns N' Roses, Aerosmith, KISS, Def Leppard, Journey, AC/DC, Chicago, Hall & Oates, Toto, Rage Against The Machine, Il Divo, The Corrs, NKOTB, Backstreet Boys, The Beach Boys, For King + Country, Megadeth, Shinedown, Hootie & The Blowfish, Lonestar, The Moody Blues, Dire Straits, Stone Temple Pilots, Staind, Roxy Music, Devo, Cypress Hill, Slipknot, Grand Funk Railroad, System Of A Down, 5FDP, Halestorm, Deep Purple, X-Japan, 10cc, Genesis, Yes, Madness, The Braxtons, Run-DMC, Public Enemy, New Order, UB40, The Police, Pearl Jam, Red Hot Chili Peppers, Motley Crue, Bon Jovi, The Smashing Pumpkins, Jane's Addiction, Cheap Trick, The Cranberries, Scissor Sisters, Blur, The Arcade Fire, Imagine Dragons, AWOLNATION, Rival Sons, Inhaler, The Strokes, The Beaches, AFI, The Pretty Reckless, P1Harmony, Radiohead, Kenny Wayne Shepherd, Tom Petty & The Heartbreakers, NEEDTOBREATHE, The Lumineers, Epica









OLYMPIANS & STAR ATHLETE EXAMPLES: Tony Parker, Johnny Weir, Danica Patrick, Jimmy Garappolo, Shaquille O'Neal, Dustin Poirier, Diamond Dallas Page, Pato O'Ward, Tari Eason, Vernon Davis, MJF, Joe Hendry, Matt & Jeff Hardy, Spencer Haywood, EC3, Nic Nemeth, A.J. Francis, Rory Flack, Cris Cyborg, Nathan Adrian, Brett Favre, Chael Sonnen, Natalie Eva Marie, Jorge Masvidal, Carlos Vela, Channing Frye, Bronson Arroyo, Valentina Shevchenko, Nic Von Rupp, Jake "The Snake" Roberts, Mickie James









BEST-SELLING AUTHOR EXAMPLES: Adele Parks MBE, Kat Timpf, Neil deGrasse Tyson, Tyrus, Dr. Ian K. Smith, Tony DiTerlizzi, Danny Goldberg, Matt Pinfield, Alisyn Camerota, Mark Critch, Laurie Kilmartin, Mickey Rapkin, Frank Meyer, Stephanie Szostak, Desmond Child, Sam Hollander, Amber Benson, Angela C. Santomero, Mitch Albom, May Pang, Phil Hellmuth, Tom Savini, Farnoosh Torabi, Kenny Loggins

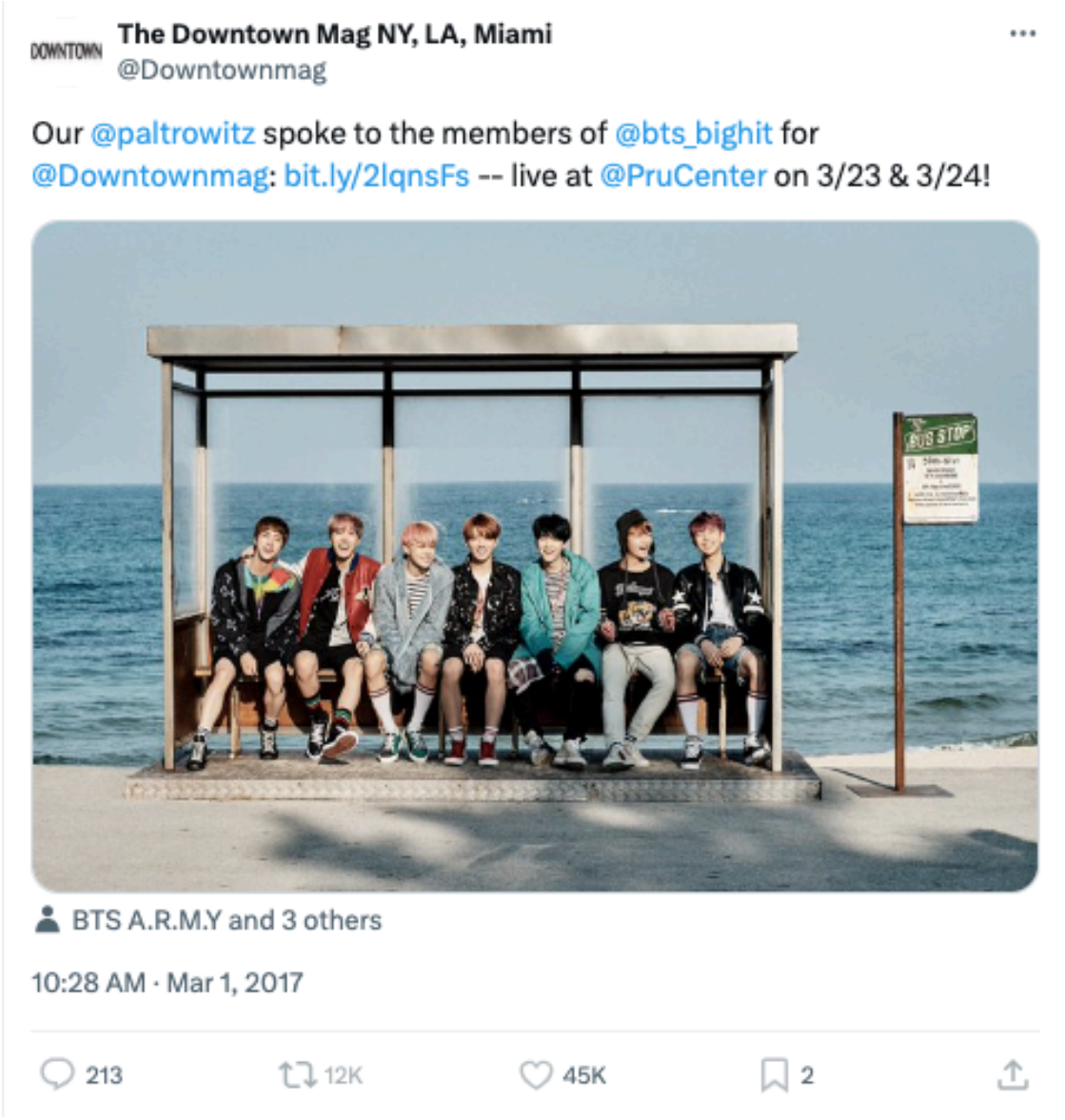
NETWORK & STREAMER TV EXAMPLES: Netflix, PBS, Disney+, Hulu, Prime Video, MGM+, Paramount+, Adult Swim, MAX, Starz, Bravo, AMC, UFC, WWE, HGTV

CHEF, DESIGNER & RESTAURATEUR EXAMPLES: Andrew Zimmern, Kenneth Cole, Todd English, Pinky Cole, Derrick Hayes, Jet Tila, Marcus Samuelsson, Giada De Laurentiis, Elizabeth Falkner, Michael Symon, George Duran, Sabrina Coombs, Esther Choi, Rick Bayless, Spike Mendelsohn, Alexander Smalls, Ludo Lefebvre, Kenneth Hardiman, David Danielson, Jamie Foy, Juan Gutierrez, Massimo Bottura, Carlo Sernaglia, Jon Taffer, Adam Richman, Park City's Deer Valley, Dogfish Head's Sam Calagione, Hot Ones' Christian Alquiza, Jose Salazar, Churchill Downs, Long Beach's The Queen Mary





OTHER NOTABLES INTERVIEWED BY DARREN PALTROWITZ IN RECENT YEARS: Keke Palmer, BTS, Seth Rogen, Paris Hilton, Bryan Adams, Adam Lambert, William Shatner, Dan Aykroyd, Brian Wilson, Pat Boone, Dennis Quaid, Tony Danza, Jillian Michaels, T-Pain, Pauly D, Amber Rose, Katherine Schwarzenegger Pratt, Tool's Maynard James Keenan, Jerry Rice, Mark Duplass, Kaley Cuoco, Karan Soni, Geraldine Viswanathan, Tate McRae, Sean Baker, Colman Domingo, Dan Aykroyd, Greta Van Fleet



Where Paltrocast Content Has Been Featured

Paltrocast interviews and features have been picked up by hundreds of outlets, including ***Parade***, ***The Independent***, ***Sidewalks Entertainment***, *Yahoo Entertainment*, *MSN*, ***Kerrang***, *Q104.3*, ***Newsday***, *Guitar Player Magazine*, *Ultimate Classic Rock*, *Far Out*, ***Blabbermouth***, *Post Wrestling*, ***Van Halen News Desk***, *Celebweek*, *Business Insider*, ***Guitar.com***, *FarOut*, ***AXS TV***, ***ABC***, ***iHeart***, ***IMDb***, ***Broadway World***, ***Los Angeles Times***, ***98 Rock***, ***WBAB***, ***NME*** (UK), ***Louder*** (UK), ***Exclaim*** (Canada), ***Nova*** (Ireland), ***Metal Hammer***, ***Rockbizz*** (Brazil), ***Whiplash*** (Brazil), ***Sound.fi*** (Finland), ***Eska Rock*** (Poland) and **The Music** (Australia).

Herald Newspapers - September 2025:

Comic book creator Joe Kelly explores Freeport roots for library event

Posted September 5, 2025



Freeport native Joseph Kelly is an award-winning comic book writer and show creator, known for redefining 'Deadpool,' co-creating 'Ben 10' and 'Generator Rex' and helping to found Man of Action Entertainment.

COURTESY OF JOE KELLY

He will return to his roots on Tuesday, participating in a special live event featuring a Q&A at Freeport Memorial Library, from 7 to 8:30 p.m., led by librarian, author and podcast host Darren Paltrowitz.

"It's a true pleasure for our library to host Joe Kelly — not only is he an acclaimed, award-winning comic book writer and series creator, but he's also a proud Freeport native who once worked right here at this very library," Paltrowitz, who hosts a show called Paltrocast, said.

[BraveWords - June 2026]



THE GUESS WHO's RANDY BACHMAN – "When SAMMY HAGAR Called Me To Open For VAN HALEN He Said, 'I Don't Want Anybody Yelling Where's Dave?'"; Video

BY EDITORIAL TEAM POSTED 1 DAY AGO

CLASSIC ROCK NEWS

Following the monumental announcement that legendary Canadian rockers Burton Cummings and Randy Bachman are reuniting to tour as The Guess Who for the first time in 23 years, the duo sat down for a Zoom-based interview on the Paltrocast With Darren Paltrowitz.

Ahead of their massive 2026 Takin' It Back US tour, the rock icons discussed reclaiming the band's name, their history together, and sharing the stage with some of rock's biggest names. During the chat, Bachman reflected on his time opening for Van Halen during their 1986 5150 tour alongside Sammy Hagar (while touring as Bachman-Turner Overdrive) and the specific reason Hagar asked them to be on the bill.

"When Sammy called me to open for Van Halen, he had just joined," Bachman recalled on the Paltrocast. "And he said, 'I don't want anybody yelling Where's Dave?' So, just come out for 25 or 30 minutes and play six hit songs and get off the stage and then when I come on, they'll all be revved up.' So, we kind of did that and it worked... it lasted 11 months."

Cummings also didn't hold back when discussing the importance of this specific reunion run and fighting for the legacy of their music.

"The fake band ruined the name for Randy and me," Cummings explained. "That's why it's called the Takin' It Back Tour. We've taken the name back and we're giving it some reality again instead of fake guys."

Watch the full interview with Burton Cummings and Randy Bachman, including a question from Joe Hasan, via YouTube below. Read the full feature on Paltrocast.com here.



Formed in 1965, The Guess Who – who have been dubbed "the Canadian Beatles" – released eleven studio albums, all of which charted in both Canada and the United States, including 1970's American Woman, which went to Number One in Canada and Number 9 in the US. They've placed fourteen singles in the US Top 40 chart and more than thirty in Canada – rock & roll classics like "American Woman," "These Eyes," "No Sugar Tonight/New Mother Nature," and "No Time."

With their unmatched songwriting catalog and deep influence on rock music, this moment marks a rare and meaningful full-circle return – one that longtime fans have been waiting for, and one that underscores just how enduring their mighty legacy continues to be.

Blabbermouth - August 2025 & September 2025 & earlier:

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NEWS

Watch: MEGADETH's DIRK VERBEUREN Plays 'Life In Hell' During Drum Clinic At Amarin Percussion in Burbank

Video of MEGADETH drummer Dirk Verbeuren playing the band's song "Life In Hell" during his August 23 drum clinic at Amarin Percussion in Burbank, California can be seen below. "Life In Hell" is taken from MEGADETH's latest studio album, "The Sick, The Dying... And The Dead!", which came out in Septe...

September 3, 2025



NEWS

JOHN BUSH On Preparing For Shows Celebrating His Era Of ANTHRAX: 'I'm Trying To Remember' The Songs

In a new interview with Paltrocast With Darren Paltrowitz, legendary vocalist John Bush spoke about his recent announcement that he will embark on a special run of live performances showcasing the music he helped create during his decade-long tenure singing with ANTHRAX. This December, Bush will per...

August 16, 2025

Parade - May 2025:

HOME › NEWS

Classic Rock Guitarist, 74, Reveals He 'Actually Died' During Recent Operation

After 'actually dying' on the operation table, this 'boy is back in town' and on the mend.

JASON BROW • UPDATED: MAY 23, 2025



(Photo by Erica Echenberg/Redferns

The rock world nearly lost Thin Lizzy's **Scott Gorham**.

Gorham, who joined **Phil Lynott**'s band in 1974, is recuperating after nearly dying on the operating table.

"I had a health issue scare about a year ago with a kidney that had to be removed, and I got sepsis from it," Gorham said on the May 21 episode of Darren Paltrowitz's *Paltrocast* podcast. "And the second surgeon said I actually died on the operating table and all that. And I was, like, 'Really, man? What the hell is all that about?'"

[Newsday - May 2025:]



A28

flash! » Foghat's Roger Earl talks life on LI, upcoming show

Roth summer tour coming to Huntington

Former Van Halen frontman sets Aug. 10 Paramount show

BY DAVID J. CRIBLEZ
david.criblez@newsday.com

"I heard ya missed us, *WE'RE BACK!*" **David Lee Roth** howled on the 1984 Van Halen hit, "Hot for Teacher" and the former VH lead singer's words could not be more apropos in 2025. Roth, now 70, is going back out on the road this summer after a five-year absence, with 21 dates including an Aug. 10 gig at The Paramount in Huntington. His most recent Long Island show was 10 years ago with Van Halen at Jones Beach Theater in the summer of 2015.

Roth's last tour dates were in 2020, before the pandemic. He did a short residency at the House of Blues in Las Vegas followed by serving as a special guest opening act on KISS' "End of the Road Tour" before everything shut down.

On Oct. 6, 2020, Roth's former bandmate, guitarist **Eddie Van Halen**, died. The musician's passing caused Roth to go silent except for a social media post featuring a black-and-white photo of the two men smiling and shaking hands backstage with the caption: "What a long great trip it's been." He released a solo single in EVH's honor, "Somewhere Over the Rainbow Bar and Grill."

In 2021, Roth posted an audio statement on YouTube expressing his departure from the rock scene.

"My doctors, my handlers compel me to really address that every time I go on that stage, I endanger that future," he said. "I'm throwing in the shoes, I'm retiring. This is the first and only official announcement."

Roth's comeback began over the weekend, when he headlined Day Two of the M3 Rock Festival in Columbia, Maryland, closing out a bill that included Accept, Winger, Slaughter and **Steven Adler**.

Looking fresh-faced with slicked-back blond hair and a clown-like grin, Roth took the stage in black leather with his signature swagger intact. He opened with the Van Halen anthem "Panama," then proceeded to play a 75-minute set of VH material.

"I'm coming to the end of my first retirement," Roth told the crowd during the breakdown of "Hot for Teacher." "How many retirements did Rocky have? Like ... nine?"

Darren Paltrowitz of Long Beach, who wrote "DLR Book: How David Lee Roth Changed the World" and is podcast co-host of "The DLR Cast," was in attendance and pleased by Roth's performance.

"The energy and vibe in the room was amazing, and unlike any show I have seen since the COVID-19 pandemic," says Paltrowitz, 43. "Dave clearly put in the work, as did his top-notch band. Based on how electrifying that night was at M3, I hope to see Diamond Dave live again soon."

General-public tickets for the show at The Paramount will go on sale Friday at 10 a.m. via livenation.com.

David Lee Roth, seen at 2021's MTV Video Music Awards, announced that year he was "retiring" from touring, citing unspecified advice from his physician

experiences to the other women

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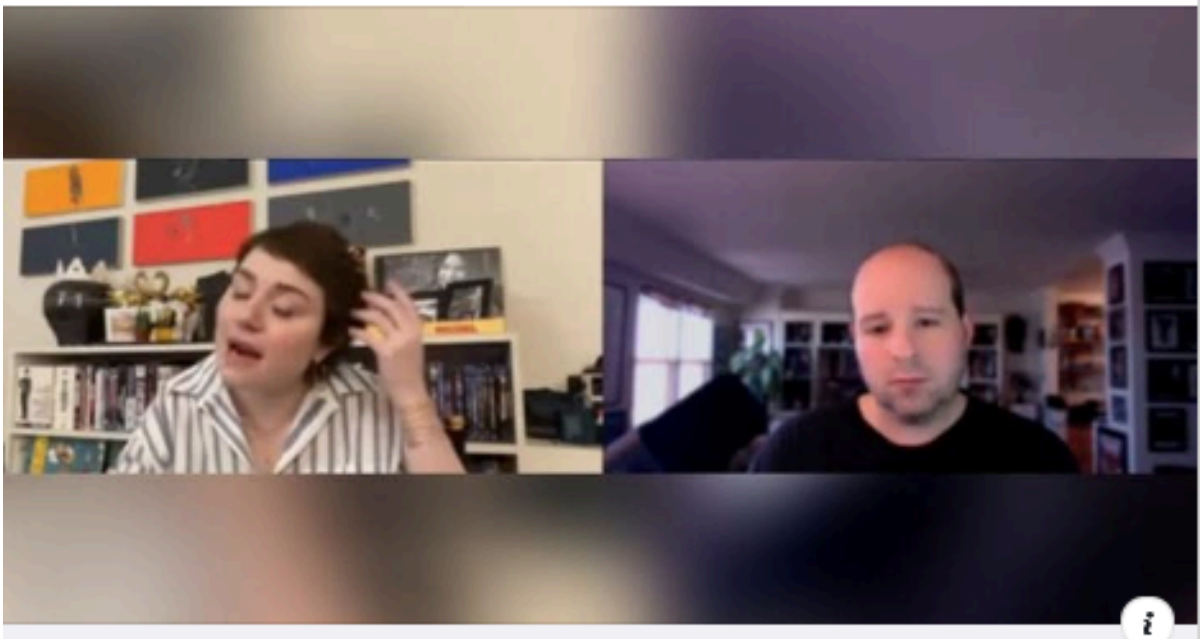
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[The Independent - March 2025:]

The Independent
Yesterday at 2:57 PM ·

Belgian actor Émilie Dequenne said her passion for her work helped her forget about her cancer in one of her final interviews before her death at the age of 43. The Missing star died in a hospital near Paris on Sunday (16 March) after being diagnosed with a rare cancer of the adrenal gland in 2023. However, after being given the all-clear in April, she revealed she was undergoing her second round of chemotherapy. "I'm starting to fight again," she told Paltrocast With Darren Paltrowitz during an interview promoting her new film Survive in January. "When I can do things related to my job, it's like everything else disappears," she added.



INDEPENDENT.CO.UK

Émilie Dequenne makes heartbreaking cancer admission in interview weeks before death

35 6 comments 4 shares

Kerrang:

KERRANG! MUSIC CULTURE REVIEWS COVER STORY THE K! PIT STORE MAGAZINE

NEWS

Judas Priest's Rob Halford Has Started Work On A Solo Blues Album

Rob Halford – aka The Metal God – is branching out into blues music...



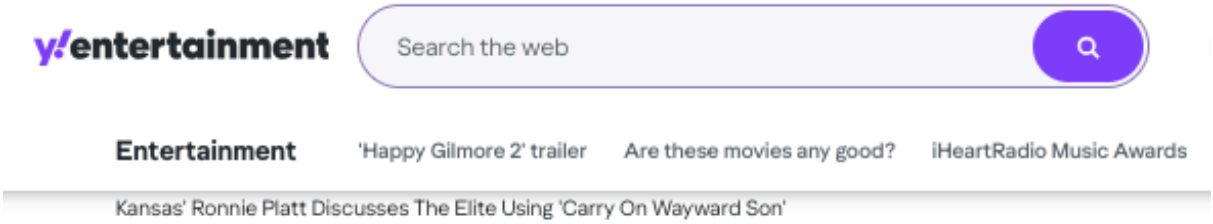
September 7, 2020

Photo: Chris Casey

Having already expressed an interest in writing and recording a blues album in the past, Judas Priest frontman Rob Halford has now confirmed that work has "already begun" on it.

The Metal God announced on The Paltrocast With Darren Paltrowitz that he's working on the release with his brother Nigel and nephew Alex, as well as pals that he worked with on his 2019 Christmas album, Celestial.

Yahoo Entertainment:



Kansas' Ronnie Platt Discusses The Elite Using 'Carry On Wayward Son'

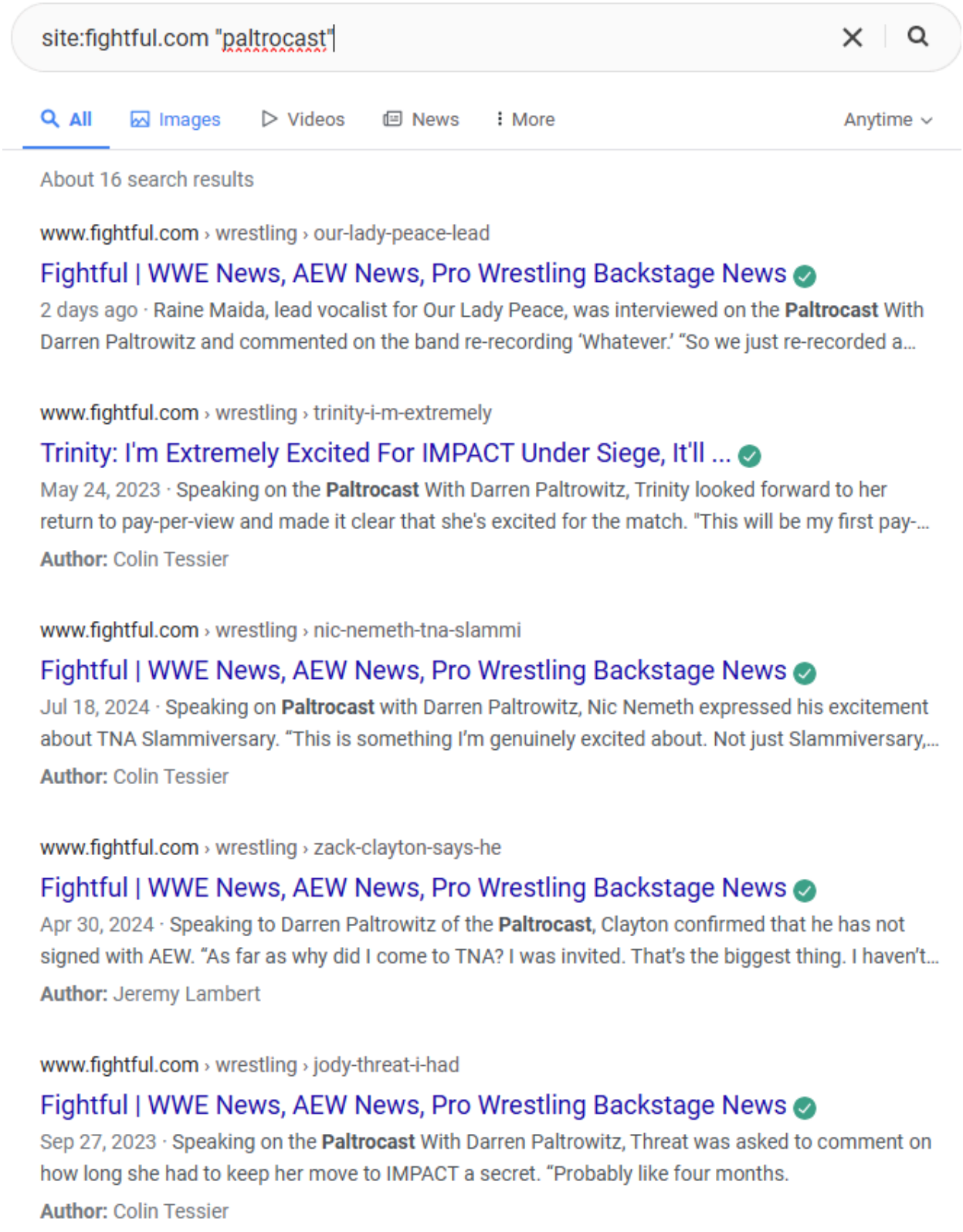


Ronnie Platt, the lead singer of Kansas, shares his thoughts on **The Elite** (Kenny Omega and The Young Bucks) using "Carry On Wayward Son".

Omega and the Young Bucks returned at AEW Full Gear, where they used the classic song as their entrance theme. They have continued to use it for their trios matches ever since.

Speaking on the *Paltrocast with Darren Paltrowitz*, Platt was asked about The Elite using the song and noted that he thought it was cool. He described how it's good for the band, as young fans get to hear the song years later it first came out. Platt also joked that AEW's usage of the song gives the band job security.

Fightful:


site:fightful.com "paltrocast"
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About 16 search results
www.fightful.com › wrestling › our-lady-peace-lead
Fightful | WWE News, AEW News, Pro Wrestling Backstage News
2 days ago · Raine Maida, lead vocalist for Our Lady Peace, was interviewed on the Paltrocast With Darren Paltrowitz and commented on the band re-recording 'Whatever.' "So we just re-recorded a...
www.fightful.com › wrestling › trinity-i-m-extremely
Trinity: I'm Extremely Excited For IMPACT Under Siege, It'll ...
May 24, 2023 · Speaking on the Paltrocast With Darren Paltrowitz, Trinity looked forward to her return to pay-per-view and made it clear that she's excited for the match. "This will be my first pay-...
Author: Colin Tessier
www.fightful.com › wrestling › nic-nemeth-tna-slammi
Fightful | WWE News, AEW News, Pro Wrestling Backstage News
Jul 18, 2024 · Speaking on Paltrocast with Darren Paltrowitz, Nic Nemeth expressed his excitement about TNA Slammiversary. "This is something I'm genuinely excited about. Not just Slammiversary,...
Author: Colin Tessier
www.fightful.com › wrestling › zack-clayton-says-he
Fightful | WWE News, AEW News, Pro Wrestling Backstage News
Apr 30, 2024 · Speaking to Darren Paltrowitz of the Paltrocast, Clayton confirmed that he has not signed with AEW. "As far as why did I come to TNA? I was invited. That's the biggest thing. I haven't...
Author: Jeremy Lambert
www.fightful.com › wrestling › jody-threat-i-had
Fightful | WWE News, AEW News, Pro Wrestling Backstage News
Sep 27, 2023 · Speaking on the Paltrocast With Darren Paltrowitz, Threat was asked to comment on how long she had to keep her move to IMPACT a secret. "Probably like four months.
Author: Colin Tessier

Long Island Herald:

During pandemic, Bellmore native flexes pod-given talents

Darren Paltrowitz keeps questioning during quarantine

Posted October 13, 2020

View fullscreen



Bellmore native Darren Paltrowitz, above with Gene Simmons of Kiss, has kept busy during the pandemic by interviewing musicians, actors, comedians, athletes and other personalities for his podcast "Paltrocast With Darren Paltrowitz."

VHND:

https://www.vhnd.com/?s=paltrowitz

Mike Tramp Recalls One-On-One Career Advice From David Lee Roth

August 22, 2024—by Eric Senich — 238 Comments



Mike Tramp with Van Halen Madrid, Spain 1981 (Credit: Mike Tramp/Facebook) During a recent appearance on The Paltrocast, Mike Tramp of White Lion recalled a one-on-one meeting with David Lee Roth that would eventually take him to New York in pursuit of rock stardom. The meeting occurred in 1981 when Van Halen was in Madrid, Spain. Tramp was fronting the band Studs, … [Read more...]

Band Wanted to Name Publishing Company 'David Lee Roth Is God Music'

July 1, 2024—by Eric Senich — 102 Comments



Credit: Neil Zlozower In Dave We Trust... The Los Angeles punk rock band Jughead's Revenge once requested that their music publishing company be named after the exalted one himself - David Lee Roth. During a recent appearance on The Paltrocast, Randall Wixen [the founder of Wixen Music Publishing, Inc. and Wixen Music UK Ltd.,] shared the DLR story with host … [Read more...]

The Time David Lee Roth & Sebastian Bach Shared A Flight Home: 'Could You Guys Pipe It Down A Little Bit?'

May 3, 2024—by Eric Senich — 101 Comments



From Sebastian Bach's Instagram David Lee Roth and Sebastian Bach once sat next to each other on a very long plane flight and it turned out to be pretty much everything you'd expect it to be. During a recent appearance on The Paltrocast, Bach shared the story, which took place in 2013. Bach had just played the Stone Music Festival in Sydney, Australia as a member of … [Read more...]

Google News - various:

The Brag

Halestorm's Lzzy Hale recalls parents 'forcing' her to listen to Van Halen



Oct 9, 2020 • By Jessica Lynch

Exclaim! Magazine

Rob Halford Has "Always Wanted to Make a Blues Record"



May 4, 2021 • By Calum Slingerland

NME

Judas Priest's Rob Halford has started work on a solo blues album



Sep 6, 2020 • By Matthew Neale

Rayo

Whitesnake's David Coverdale explains why he'll never write an autobiography



May 24, 2023 • By Scott Colothan

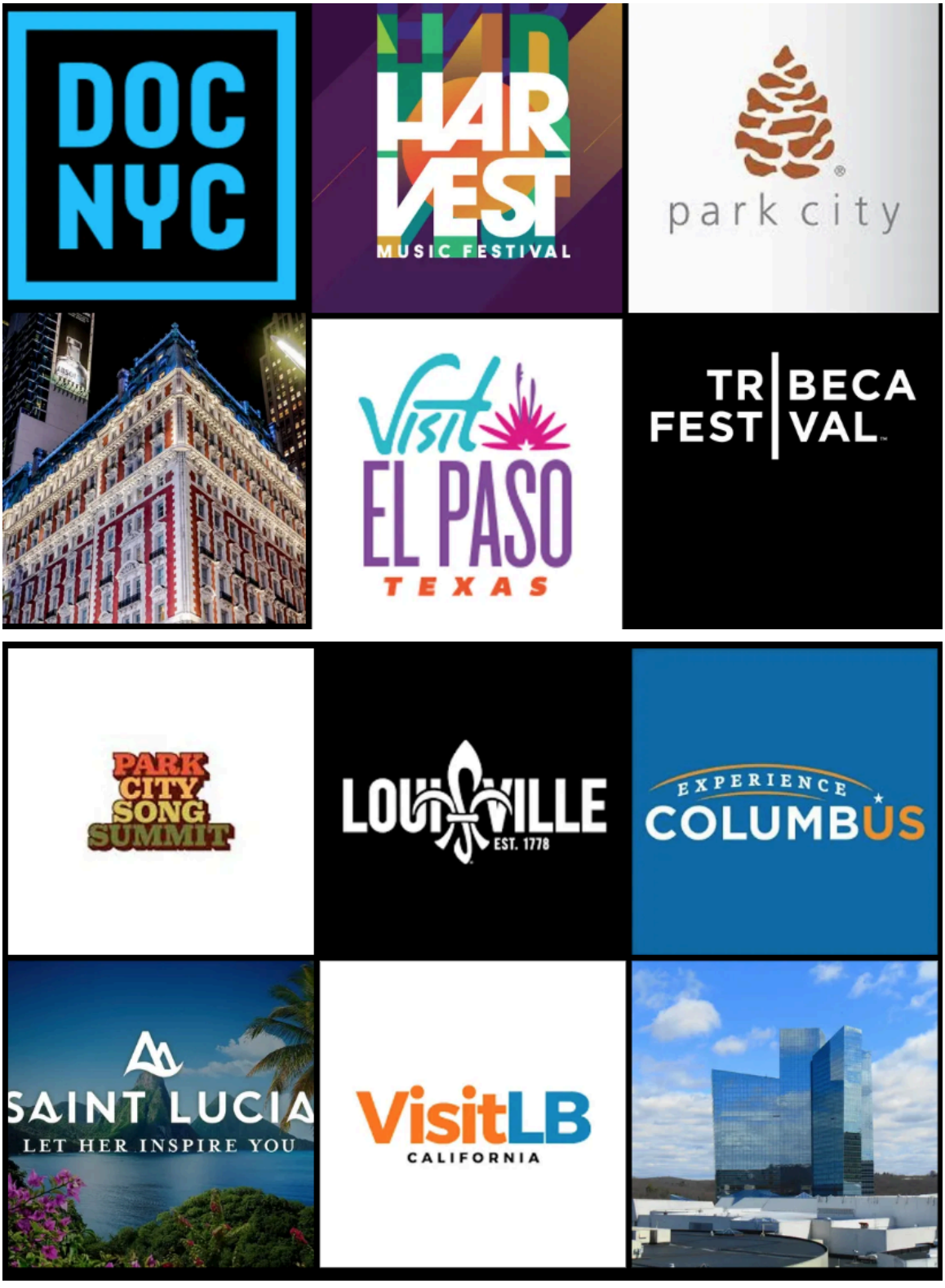
Loudwire

Philip Anselmo Reconsidering Autobiography Release



Dec 26, 2019 • By Philip Trapp

Festival & On-Site Coverage Highlights




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Examples Of *Paltrocast* Premieres & Exclusives:

Nirvana Tribute for GM Records - January 2025:

Current Joys, Brad Stank, Camille Jansen + More Announce 'A Tribute To Nirvana, The Songs of MTV Unplugged in New York' Out Feb 7th Via All DSPS & CD

Inbox × Mailing Lists & Publicists ×

Anna Heisterberg anna@tellallyourfriendspr.com via gmail.mcsv.net Mon, Jan 13, 10:17 AM

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Current Joys, Brad Stank, Camille Jansen, Casino Hearts + More Announce 'A Tribute To Nirvana, The Songs of MTV Unplugged in New York'

Brad Stank Shares "All Apologies" Cover via Paltrocast

New LP Out Feb 7th Via All DSPS & CD



Stella Rose Gahan for KRO Records - December 2024:

Stella Rose (Dave Gahan Daughter) Releases EP via Soundcloud, Shares "Beautiful Twenty Somethings" Video | 'Hollybaby' EP Out Now via KRO Records

Inbox × Mailing Lists & Publicists ×

Kip Kouri kip@tellallyourfriendspr.com via gmail.mcsv.net Fri, Dec 13, 2024, 2:01 PM

to me

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Stella Rose (Dave Gahan Daughter) Releases EP via Soundcloud Voice Notes Exclusive, Shares "Beautiful Twenty Somethings" Video

Read Paltrocast, HERO Mag & ChorusFM Features

***Hollybaby* EP Out Today via KRO Records**



John Oates
October 2, 2020 ·

📣Check out John's #interview with Paltrocast via V13 media!



V13.NET

Paltrocast with Darren Paltrowitz: #055 ft. LP, TJ Perkins & John Oates - V13.net

On this edition of the "Paltrocast," Darren spoke with LP (singer and songwriter), TJ Perkins (profe...

40 4 comments 3 shares

Tommy Emmanuel
June 17 ·

Take a listen ss Tommy talks to Darren Paltrowitz about all things Carnegie Hall



YOUTUBE.COM

Don't Miss Out! Tommy Emmanuel on Paltrocast Talks Carnegie Hall

In this exclusive Paltrocast interview recorded in June 2025, world-renowned guitar virtuoso Tom...

168 2 comments 5 shares

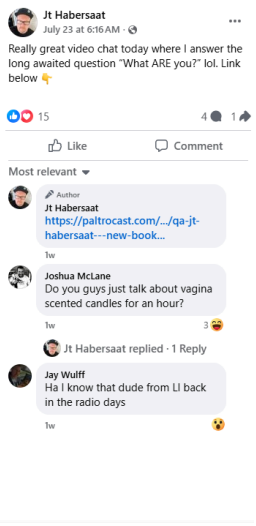
White Bear PR
May 9 ·

Emmy-winning composer Duncan Thum sat with Darren Paltrowitz's Paltrocast to discuss scoring CHEF'S TABLE: LEGENDS, his earliest musical influences including punk legends Rancid, and his unique transition from touring musician to acclaimed film and television composer.
Check out the Paltrocast now!
https://paltrocast.com/.../qa-chefs-table-legends...









Feedspot called the Paltrocast one of the "30 Best Talk Shows" in November 2025

30 Best Talk Show Podcasts

Total Views 3K · Nov 07, 2025 · Contents

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Here are 30 Best Talk Show Podcasts worth listening to in 2025. Subscribe in one place on FeedSpot Reader.

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1. The Talk Show With John Gruber



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Website · Apple · Spotify · YouTube

The director's commentary track for Daring Fireball. Long digressions on Apple, technology, design, movies, and more.

Host John Gruber

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Producer/Network Daring Fireball / John Gruber

Email ****@hey.com

Apple Rating 3.6/5 · **Avg Length** 129 min · **Format** Extended

[redacted]

Paltrocast With Darren Paltrowitz



More images

Website · Apple · Spotify · Amazon Music · TuneIn

In July 2018, Long Beach, New York-based writer Darren Paltrowitz launched the award-winning 'Paltrocast with Darren Paltrowitz,' as now airing regularly via 150 channels and OTT carriers. Guests have included: Alison Brie, Ice-T, Johnny Knoxville, Neil deGrasse Tyson, Joey Badass, Anthony Anderson, Method Man, Mary J. Blige, Danica Patrick, Joel McHale, Jon Taffer, Nate Berkus, and Damon Dash.

Host Darren Paltrowitz

Producer/Network Darren Paltrowitz

Apple Rating 4.7/5 · **Facebook** 996 · **Twitter** 1.2K · **Instagram** 2.9K · **LinkedIn** · **YouTube** · **Avg Length** 58 min · **Format** Long form

Popular Post Nicole Curtis + Sophia Bush + Chris Carmack + Diamond Head's Brian Tatler + Jackie Tohn + Sarah Podemski + Jeff Fisher

[redacted]

[October 2026 cover story in the Long Beach Herald]

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Halloween spirit takes over plaza
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Time to fall back
Daylight Saving Time ends on Sunday
Remember to set your clocks back, and change your smoke and CO detector batteries

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Chris Colucci/Herald
Harvey Weisenberg, center, with, from left, Long Beach City Manager Dan Creighton; Vicki Laufer; Stacey Sweet, vice chair of the American Red Cross Long Island board of directors; and Weisenberg's son Max.

Weisenberg earns Red Cross award for service

By CHRIS COLUCCI
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For over a century, the Long Island chapter of the American Red Cross has served Nassau and Suffolk counties with disaster aid and emergency support, enlisting hundreds of volunteers throughout the region. And each year the organization acknowledges community members who exemplify its spirit and mission while supporting their neighbors.

On Oct. 22, the Red Cross honored six area residents at its annual Long Island Heroes Celebration, at the Heritage Club at Bethpage, in Farmingdale. Recipients were chosen from among nominees suggested by members of their communities. This year's winner of the Red Cross Humanitarian Award was longtime Long Beach philanthropist Harvey Weisenberg, a former city councilman and state assemblyman.

"He's someone who starts his day with a very simple question: 'How can I help?'" Stacey Sweet, vice chair of

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Darren Paltrowitz: From writer to blogger to librarian

By AIDAN WARSHAVSKY
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For years, Long Beach resident Darren Paltrowitz has been on a mission to have interesting discussions with personalities ranging from musicians to scientists, while highlighting Long Beach and other areas of Long Island. Now he has brought that experience to the Hewlett-Woodmere Public Library, and is also taking his efforts global.

Paltrowitz, 44, became interested in entertainment journalism at age 16, when he began writing for the magazine Long Island Entertainment. Under his mentor, John Blenn, the publication's editor, Paltrowitz, who is originally from Bellmore, took on interviews, concert and album reviews, comedy coverage and other entertainment stories while building relationships in the industry.

In 2018, Paltrowitz launched a podcast called "Paltrocast," a mix of lowbrow and highbrow subjects ranging from professional wrestling and mixed martial arts to music and history.

"Sometimes it's talking smart about stupid things, and sometimes it's talking stupid about smart things," Paltrowitz said. "When I interviewed Neil deGrasse Tyson," he added,

> You kind of realize that if things aren't documented, then these things never happened.
>
> **DARREN PALTROWITZ**
> Long Beach

referring to the renowned astrophysicist, "I got him to talk about music, because I wouldn't be able to hold a conversation about astronomy."

During the coronavirus pandemic, Paltrowitz dived deeper into Paltrocast, and since then, has grown from a handful of streaming platforms to more than 200 television stations, streaming services and on-demand outlets. The growth helped him win a 2025 Press Club of Long Island award for Best Use of Streaming Services.

Paltrowitz's guests have included Kiss lead guitarist Ace Frehley, former NFL player Sam Acho and Steve Schiltz, the lead singer of Longwave and a touring guitarist for the Strokes, who created the instrumental track for the opening theme song.

"I've known Darren for years, and he's just an easy interviewer to speak with," Schiltz said. "He makes you feel comfortable, and it's always a

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About Darren Paltrowitz

Darren Paltrowitz is a New York-based podcaster, author, licensed private investigator, and public librarian. He is the host and producer of the *Paltrocast*, an interview series featuring musicians, filmmakers, authors, and cultural figures from around the world.

Beyond broadcasting, Paltrowitz is a highly regarded speaker and academic contributor. He has created, hosted, and/or presented programming for Carnegie Hall, Fotografiska NYC, Shenandoah University, Purdue University, Virginia Commonwealth University, Prague's Palacký University Olomouc, Canada's University of British Columbia, Denmark's University of Southern Denmark, Odense, and the London-Based Arts Research Centre. His independent community work was also recently recognized with a grant from the New York Giants' Giants Foundation.

He is the author of three books, most recently *DLR Book: How David Lee Roth Changed The World*. When not writing, investigating, or co-hosting the world's only David Lee Roth podcast (*The DLR Cast*), he and his wife Melissa—co-host of the *Paltrobox* unboxing video series—enjoy their adopted hometown of Long Beach, New York. *(ORCID: 0009-0002-7358-3553)*.

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