

# COOL TOOLS



## EXIT FEET

Self-respect, walk away from a problem and go to an adult for help.



## STOP SIGN

Self-Respect, say STOP to the person that is being unkind to you.



## BUBBLE SPACE

Consideration, every person needs personal space, we need to respect each others bubble space.



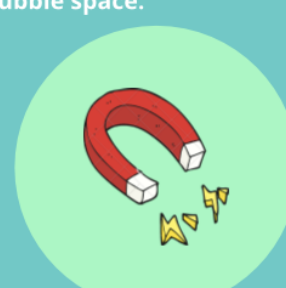
## BIG ERASER

Forgiveness, take your Big Eraser and forgive the person's mistake.



## STRONG DOMINO

Respect and responsibility, be a strong domino and do what you are supposed to do, be an example.



## MAGNET

Inclusion, include everyone, do not exclude anyone. Invite friends to join.



## MICROPHONE

Respect, use the right choice of voice to communicate with others.



## TOOTHPASTE

Responsibility, be responsible of our words, once we say something it's hard to take it all back,



## NICE DICE

Kindness, be kind and communicate kindly.

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## STRAIGHT PRETZEL

Honesty, go straight to the truth, let's not be a curvy pretzel.



## KALEIDOSCOPE

Empathy, if we try to understand the perspective of others we are better able to understand and solve the problem.



## CATCH A BUBBLE

Considerate and Respectful, we are about to enter somewhere where we should be silent.

## VOICE LEVELS



Outside



Speaker



Table talk



Whisper



No Voice

## I MESSAGE

I feel \_\_\_\_\_. When you \_\_\_\_\_.

Would you please \_\_\_\_\_.

At Citizens of the World-Mar Vista, we believe that Social and Emotional Learning (SEL) is integral to academic success. Cool tools have been part of our SEL program that specifically develops skills in self-recognition and self-management of one's emotions an understanding of others including empathy and perspective-taking decision making, problem-solving and resolving conflict. Through designated SEL sessions and in an environment dedicated to social and emotional intelligence, children are learning how to be happier and healthier, working and learning effectively.