

Throughout this process, I have learned that my failures aren't something that I should be embarrassed of. I feel that society puts so much pressure on us to never fail and that we should hide our failures. By putting our failures out in the open and being forced to write them down it takes away the embarrassment. The setting in which we shared them with the group also adds some humor to the failures as well which definitely changed my perspectives. It was so interesting to me that my failures were so personal to me, yet other people still had failures that were very similar. It just shows that we all struggle with similar things and we aren't as alone as we think, even when we do fail. Because it is true that everyone fails, I think we as a society need to start seeing failure as redirection, rather than something to cover up. Throughout the research project, this activity will help me remember that other people are also struggling and also failing, whether or not they are admitting it out loud, and every time I fail it just means that I'm closer to getting it right.