



# NON- CONFIDENTIAL RESOURCES

## Non-Confidential Resources

### EKU Violence Prevention

Coordinator:  
Powell Building, CIEGE 013  
Richmond, KY 40475  
Phone: 859-622-2761

Email: [ca-stopviolence@eku.edu](mailto:ca-stopviolence@eku.edu)

### Office of Institutional Equity

Title IX Coordinator: Carlin C. Conway, J.D.  
Director, Office of Institutional Equity  
Jones Bldg., Room 416  
Richmond, KY 40475  
Phone: (859) 622-5051  
Email: [carlin.conway@eku.edu](mailto:carlin.conway@eku.edu)  
Office Hours: M-F 8:00-4:30

To file are Report with the Office of Institutional Equity, click here:  
<http://go.eku.edu/TitleIXReport>

**University and Student Employees**

(i.e. RA's, Orientation Leaders, Desk Workers, Professors)

**University and Local Police**

859.622.1111 or 911

**Student Assistance & Intervention Team (SAIT)**

Fill out a referral at: [Sait.eku.edu](http://Sait.eku.edu)

**Dean of Students office**

859-622-3436

Dean of Students: Lara Vance  
Office: Whitlock 347  
Mailing: Whitlock CPO 53  
521 Lancaster Ave.  
Richmond, KY 40475

**\*Other non-confidential resources include: Professors, RA's, and student employees**

# CONFIDENTIAL RESOURCES

## Confidential Resources

### On Campus Resources

#### EKU Counseling Center

<https://counselingcenter.eku.edu/> | 859.622.1303  
521 Lancaster Ave., Whitlock 571  
Richmond KY, 40475

- You have to have an evaluation at the counseling center before you can be seen at the Psychology Clinic.
- If you need help, or want to get setup with services, simply call us at 859-622-1303, or drop-in for a rapid-access meeting at Whitlock 571.
- The ECU Counseling Center is committed to the promotion and celebration of diversity in all of its forms. We seek to provide a safe, welcoming, and affirming environment for all persons that seek our services. Our services are available to ALL CURRENTLY ENROLLED ECU STUDENTS!
- Counseling services are provided at no cost for students who are eligible. These services are confidential as delineated by Kentucky State Law and American Psychological Association (APA) Code of Ethics.

#### EKU Counseling Center After Hours Urgent Support and Crisis Services

(859) 622-1303

EKU Counseling Center offers mental health support and crisis services to ECU students, or those concerned about a student, **24 hours a day, 7 days a week including weekends, evenings,**

**holidays, and during university closures.** This is an extension of EKUCC services and can assist a caller in any mental health crisis situation.

### **EKU Psychology Clinic**

<https://psychologyclinic.eku.edu/> | 859.622.1761

521 Lancaster Ave., Rowlett Building 104

Richmond KY, 40475

- The ECU Psychology Clinic is an outpatient integrated behavioral health care facility operated by the Department of Psychology at Eastern Kentucky University.
- Services are provided by doctoral students working on graduate degrees in clinical psychology. All clinicians have received specialized graduate training and are closely supervised by a licensed psychologist faculty member.
- The Psychology Clinic offers a wide range of both group and individual therapy services, as well as assessment services. The Psychology Clinic is open to children, adults, and families across the state of Kentucky including ECU faculty, staff, and students requesting assessment and/or those in need of extended services.
- There are no eligibility requirements for applying to the Psychology Clinic. A general listing of the services offered can be found below:
  - Individual Therapy
  - Assessment, Evaluation, or Testing Services
  - Consultation Services
  - Couples & Family Therapy
  - Therapy, Processing, & Support Groups
  - Outreach Services
  - Telepsychological Services
- All currently enrolled ECU students requesting therapy services must first complete an initial assessment to determine appropriateness with the Eastern Kentucky University Counseling Center or they may be referred to the ECU Psychology Clinic. The ECU Counseling Center is located in Whitlock 571 and their phone number is 859-622-1303. All services at the Counseling Center are free for ECU students. For more information, visit their website at <https://counselingcenter.eku.edu>
- All ECU students must first call the ECU Counseling Center office any time before 3:30pm on a weekday for an initial assessment. If appropriate, they will then be referred to ECU Psychology Clinic following the initial assessment.

**If you or someone you know is contemplating suicide, please take immediate action. Call the suicide hotline at 988. All assistance is free and confidential. You can also chat at 988lifeline.org**

### **EKU Student Health Services-**

<https://healthservices.eku.edu/> | (859) 622-1761

521 Lancaster Ave

Rowlett 103

Richmond, KY 40475  
studenthealthservices@eku.edu

- The mission of Student Health Services is to promote the mental and physical wellbeing of our students through disease prevention strategies and acute care of illness. Students are better equipped for academic success when they are physically and mentally healthy.

**In any life-threatening situation, such as suicide attempt, alcohol or drug overdose, or serious mental health crisis, call 911 (from campus phone: 2-1111) or proceed immediately to the Baptist Health Emergency Room at Baptist Health Hospital located on the Eastern Bypass (phone: 859-623-3131).**

## **Off Campus Resources**

### **Planned Parenthood**

www.ppgnhaik.org  
268 Southland Dr #120  
Lexington, KY 40503

- Clinical Services: Birth control, STI testing, gender affirming care, PrEP, pregnancy testing and options counseling, emergency contraception.

### **Baptist Health Richmond**

859-623-3131  
801 Eastern Bypass  
Richmond, KY 40475  
**Open 24/7**

- A comprehensive regional medical center with trained Sexual Assault Nurse Examiners (SANE) on staff.

### **White House Clinics**

www.whitehouseclinics.com | 859-626-7700  
401 High Land Park Dr.  
Richmond, KY 40475

- White House Clinics offers Behavioral Health Services that are integrated into your primary care services. Behavioral Health providers in each of our clinics will work with your medical provider and other members of your care team to help you identify goals related to your physical and mental health and develop a plan to help you achieve those goals. Clinical Social Workers can assist with:

- Trauma or abuse
  - Stress
  - Depression & feelings of guilt/hopelessness
  - Alcohol and/or substance abuse
  - Anxiety or panic attacks
  - Difficulty concentrating or paying attention
  - Anger issues
  - Smoking cessation
- Offers free or low-cost care based on individual circumstances

# DOMESTIC VIOLENCE RESOURCES

## Domestic Violence Resources

### EKU Police Department

Phone: (859) 622-1111 | Fax: (859) 622-2243

701 Vickers Drive

Mailing Address: 521 Lancaster Avenue

Richmond, KY 40475

- Eastern Kentucky University Police Department provide 24-hour patrol of the EKU campus buildings, parking lots, residence hall exteriors, and campus grounds. Patrol is by motor vehicle, bicycle, and on foot. The Department does not provide patrol services to the regional campuses, but may provide other services to include investigations and crime prevention programs.

### Richmond Police

(859) 623-8911 or dial 911

1721 Lexington Rd

Richmond, KY 40475

### Hope's Wings

<https://hopeswings.org/> | 859.623.4095

- If you or someone you know is in an abusive relationship and needs help or would like to speak with someone about domestic violence, confidential help is available 24/7 through the helpline.

- Hope’s Wing staff can assist callers in safety planning, respond to general questions about domestic violence, provide referrals, and share additional information about our programs and services.
- Free to EKU students

**Ampersand**

1-800-656-4673 | 859-253-2511  
 2025 Regency Rd, Suite 100  
 Lexington, KY 40503

- 24-hour crisis line, free counseling services, referrals to community resources, and medical and legal advocacy.

**Greenhouse 17**

<https://greenhouse17.org/> | 859-233-0657 | 24-hour hotline- 800.544.2022

- From their website: We are an advocacy agency committed to ending intimate partner abuse in families and the community. Our specially trained crisis counselors are available to help people harmed by intimate partner abuse any time of the day, every day of the year. Our main facility is situated on a beautiful 40-acre property in rural Fayette County. From this location and two additional offices in our service area, we provide these crisis intervention and stabilization services.
- 24-hour hotline- 800.544.2022
- emergency shelter
- safety planning
- legal advocacy
- children’s safe exchange and visitation
- individual and group support
- medical and dental treatment
- budget and credit counseling
- supportive housing services
- transportation assistance

**The Nest**

<https://www.thenestlexington.org/> | (859) 259-1974

- From The Nest website: Since 1977, The Nest has been a lifeline for all individuals and families in crisis, facing adversity, or who have unexpected needs. Our holistic approach incorporates four FREE programs: early childhood education and care, family assistance for basic human needs, counseling, and advocacy for survivors of intimate partner violence, and education and support for parents.

## **The Nest Contact Information:**

### **Mailing Address**

530 N Limestone St  
Lexington, KY 40508

### **GPS Address**

529 N Martin Luther King Blvd  
Lexington, KY 40508

### **Hours of Operation**

Office: M – Th: 9AM-5PM, F: 9AM-12PM

Family Assistance: M – Th: 9AM-12PM & 1PM-3PM

Child Care: M – F: 8AM-5PM

### **Salvation Army Shelter**

859-626-1247  
1675 East Main Street  
Richmond KY 40475

- Provides shelter for those in need of temporary housing; it is open 7 days a week. The shelter opens at 6 p.m. and closes at 7 a.m. Each guest receives a care package containing soap, shampoo, toothpaste, and a toothbrush, along with bedding, a wash cloth, and a towel. An evening meal is served at 7 pm and breakfast at 6:30 a.m.

### **Bluegrass Rape Crisis**

859-253-2516  
2025 Regency Rd  
Lexington, KY 40507

# LEGAL SUPPORT

## Legal Support

### AppalRed-

<https://www.ardfky.org/>

Providing free legal services to the low-income and vulnerable in eastern and south-central Kentucky. We do not charge.

### Ampersand

1-800-656-4673 | 859-253-2511  
2025 Regency Rd, Suite 100  
Lexington, KY 40503

- 24-hour crisis line, free counseling services, referrals to community resources, and medical and **legal** advocacy.

### EKU Police Department

Phone: (859) 622-1111 | Fax: (859) 622-2243  
701 Vickers Drive  
Mailing Address: 521 Lancaster Avenue  
Richmond, KY 40475

- Eastern Kentucky University Police Department provide 24-hour patrol of the EKU campus buildings, parking lots, residence hall exteriors, and campus grounds. Patrol is by motor vehicle, bicycle, and on foot. The Department does not provide patrol services to

the regional campuses, but may provide other services to include investigations and crime prevention programs.

**Richmond Police**

(859) 623-8911 or dial 911

1721 Lexington Rd

Richmond, KY 40475



# NATIONAL RESOURCES

## **National Resources**

### **Love Is Respect**

[www.LoveIsRespect.org](http://www.LoveIsRespect.org) | 1-866-331-9474 or 1-866-331-8453 | text “loveis” to 22522

Contact LoveIsRespect if you want to talk to someone, need advice about your relationship or a loved one’s relationship, or if you have legal questions.

### **National Domestic Violence Hotline**

1-800-799-SAFE (7233) | [www.thehotline.org](http://www.thehotline.org)

NDV Hotline provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. Call if you would like more resources or information, or if you are questioning unhealthy aspects of your relationship. On the website, you can also find a helpful chat feature in English and Spanish.

### **National Sexual Assault Hotline/ RAINN**

1-800-656-HOPE | [www.rainn.org](http://www.rainn.org)

The National Sexual Assault Hotline provides basic information for victims or friends/family of victims, short-term crisis intervention and support, answers to questions about recovering from sexual assault, and resources to assist with the reporting process via hotline or chat.

**The Trevor Project**

[www.thetrevorproject.org/](http://www.thetrevorproject.org/) | 1-866-488-7386

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people.

**Crisis Text Hotline: Text Home to 741741**

# PARENT RESOURCES

## Parent Resources

### Center for Student Parents

<https://studentparents.eku.edu/> | (859) 622-6684

The Center for Student Parents is a place to feel supported, accepted and prepared for life as a parenting college student. Through guidance, academic support, advising, workshops, referrals, and employment opportunities; student parents can graduate and meet educational and personal goals.

- The Richmond office is located in the Turley House.
- The Corbin office is located in Room 117.

Those students who receive Kentucky Transitional Assistance Program (KTAP) are eligible for Work Study positions. Contact them today to find out more!

This program is funded in whole or in part by the Kentucky Cabinet for Health and Family Services and has been supporting student parents at Eastern Kentucky University since 1998.

521 Lancaster Avenue  
Rowlett 104  
Richmond, KY 40475  
Fax: (859) 622-6683  
[robyn.moreland@eku.edu](mailto:robyn.moreland@eku.edu)

# INCOME BASED HOUSING RESOURCES

## Income-Based Housing Resources

Below is a list of income-based housing resources in the community

### Eastern Scholar House

859-408-7025  
801 Paul Van Hoose Dr  
Richmond, KY 40475

### Foothills Community Action Partnership

859- 624-2046  
309 Spangler Drive  
Richmond KY 40475

Weatherization program, supportive housing, transitional housing, housing opportunities for persons with AIDS/HIV, Samaritan Housing Program, Safe Haven Program, Affordable Housing Program, Homeownership Counseling

### American Red Cross

859- 623-1336  
6017 Atwood Dr, # 23  
Richmond, KY 40475-8320

- Relief for victims of disasters

**Bivins Place**

859- 626-9065  
1024 Danielle Ct  
Richmond KY 40475

- Housing through Comp Care for clients

**Brandyview**

859- 624-5710  
Brandyview Drive  
Richmond KY 40475

- Based on Income, Section 8 Approved

**Foothills Tenant-Based Rental Assistance Program**

859-624-2046  
309 Spangler Dr  
Richmond, KY 40475-2457

- Offers rent subsidy to families who are homeless or at-risk of becoming homeless.

**Glades Village Apartments**

859-986-9810  
157 Glades Road  
Berea KY 40403

- Income-Based Apartments

**Habitat for Humanity of Madison County**

859-625-9208  
P.O. Box 186  
Bank One Suite 3  
Richmond KY 40476

- Habitat for Humanity of Madison County is committed to providing simple, decent, affordable housing in partnership with our community and God's people in need.

**Housing Authority of Richmond**

859-623-5968  
P.O. Box 786  
Fax 624-0640  
502 Ellis Court (Willis Manor)  
Richmond KY 40475

**Housing Authority of Berea**

859-986-4436  
101 Orchard Street  
Berea KY 40403

- Provides housing assistance to income eligible families within the Berea area.

**Madison Avenue Apartments**

859-623-6050  
225 North Madison Avenue  
Richmond KY 40475

- Income-Based Apartments

**New Liberty Shelter**

859-623-6514  
123 Pine Street  
Richmond KY 40475

- Temporary housing for homeless families

**Presbyterian Community Services**

859-626-8200  
1219 Lexington Road  
Richmond KY 40475

- Housing for people up to 21, apartments are in Lexington; also a foster parent resource agency

**Richmond Manor**

859-624-9410  
743 North 3<sup>rd</sup> Street  
Richmond KY 40475  
Income-Based Apartments

**Roselawn Subdivision**

859-986-9810  
192 Glades Road, Bldg. E  
Berea KY 40403

- Income-Based Houses

**Silver Creek Apartments**

859-986-7765  
100 Miracle Street  
Berea KY 40403

**Telford Place Apartments**

859-624-5710

- Based on Income, Section 8 approved

**Salvation Army Shelter**

859-626-1247

1675 East Main Street

Richmond KY 40475

- Provides shelter for those in need of temporary housing; it is open 7 days a week. The shelter opens at 6 p.m. and closes at 7 a.m. Each guest receives a care package containing soap, shampoo, toothpaste, and a toothbrush, along with bedding, a wash cloth, and a towel. An evening meal is served at 7 pm and breakfast at 6:30 a.m.

**Section 8 Housing**

859-623-1000

118 North Second Street

Richmond KY 40475

- Housing assistance and placement available for income eligible applicants. Rent to own and family self sufficiency projects also available to participants.

**REACH (Resource Education Assistance for Community Housing)**

859-455-8057

733 Red Mile Road

Lexington KY 40504

- Down payment and closing cost assistance for low income families

