



GHSA STATE TRACK & FIELD CHAMPIONSHIPS
May 11-13, 2023
(Historic Barron Stadium - Maddox Track, Rome, GA)



Thursday, May 11, 2023 – Session I - Field Events / 4x200 Prelims, 4x800 Finals

10:00 am	High Jump-Class 1A-I Boys, Long Jump-Class 1A-I Girls, Shot Put-Class 1A-I Boys, Discus Throw-Class 6A Girls, Pole Vault-Class 6A Boys, Triple Jump-Class 6A Boys
12:00 pm	Shot Put – Wheelchair (Girls and Boys)
12:15 pm	Discus Throw-Class 1A-I Boys, High Jump-Class 1A-I Girls, Shot Put-Class 1A-I Girls, Long Jump-Class 6A Boys, Pole Vault-Class 6A Girls, Triple Jump-Class 6A Girls
2:15 pm	Ambulatory – Discus Throw (Girls), Shot Put (Boys)
2:30 pm	Discus Throw-Class 1A-I Girls, Pole Vault-Class 1A-I Boys, Triple Jump-Class 1A-I Boys, High Jump-Class 6A Boys, Long Jump-Class 6A Girls, Shot Put-Class 6A Boys
4:30 pm	Ambulatory – Discus Throw (Boys), Shot Put (Girls)
4:45 pm	Long Jump-Class 1A-I Boys, Pole Vault-Class 1A-I Girls, Triple Jump-Class 1A-I Girls, Discus Throw-Class 6A Boys, High Jump-Class 6A Girls, Shot Put-Class 6A Girls
7:00 pm	4x200 Relay Prelims (1A-I / 6A Girls, then Boys)
7:40 pm	4x800 Relay Final 1A-I / 6A Girls, then Boys) (Dual-Alley Start)

Friday, May 12, 2023 – Session II

Qualifying Heats for Running Events and 1600 Meter Run (1A-I), 3200 Meter Run (6A) Finals

The running order in all Prelims will be 1A-I / 6A Girls, then 1A-I / 6A Boys

12:00 pm	100 Meter Hurdles Prelims / 110 Meter Hurdles Prelims
12:50 pm	100 Meter Dash Prelims
1:30 pm	1600 Meter Run Final (1A-I Girls/Boys)
2:00 pm	4x100 Meter Relay Prelims
2:40 pm	400 Meter Dash Prelims
3:20 pm	300 Meter Hurdles Prelims
4:10 pm	800 Meter Run Prelims (one-turn stagger)
4:50 pm	200 Meter Dash Prelims
5:30 pm	3200 Meter Run Final (6A Girls/Boys)
6:20 pm	4x400 Meter Relay Prelims

Saturday, May 13, 2023 – Session III - Finals for Running Events

The running order in all races will be 1A-I / 6A Girls, then 1A-I / 6A Boys

12:00 pm	100 Meter Hurdles / 110 Meter Hurdles
12:40 pm	100 Meter Dash (Ambulatory Girls/Boys, 1A-I / 6A Girls, 1A-I / 6A Boys)
1:10 pm	4x200 Meter Relay
1:40 pm	1600 Meter Run (6A Girls/Boys)
2:10 pm	4x100 Meter Relay
2:50 pm	400 Meter Dash (Ambulatory Girls/Boys, 1A-I / 6A Girls, 1A-I / 6A Boys)
3:20 pm	300 Meter Hurdles
4:00 pm	Wheelchair 800 Meter Run (one-turn stagger)
4:10 pm	800 Meter Run (one-turn stagger)
4:40 pm	200 Meter Dash (Ambulatory Girls/Boys, 1A-I / 6A Girls, 1A-I / 6A Boys)
5:10 pm	Wheelchair 200 Meter Dash
5:20 pm	3200 Meter Run (1A-I Girls/Boys)
6:00 pm	4x400 Meter Relay
6:30 pm	Presentation of Trophies

2023 STATE MEET VERTICAL OPENING HEIGHTS/PROGRESSIONS

BOYS POLE VAULT- 9'6"- 10'6"- 11'6"- 12'0"- 12'6"...

GIRLS POLE VAULT- 7'- 8'- 9'- 9'6"- 10'0"...

BOYS HIGH JUMP- 5'8"- 6'- 6'2"- 6'4"...

GIRLS HIGH JUMP- 4'6"- 4'10"- 5'- 5'2"...

GAMES COMMITTEE AND EVENT OFFICIALS SHOULD USE JUDGMENT WITH REGARDS TO ADJUSTING DUE TO WEATHER OR FIELD TALENT FOR EACH GROUP WITH THE UNDERSTANDING THAT THESE CHANGES WERE IMPLEMENTED TO HELP MOVE THE EVENT ALONG AND NOT PRECLUDE ATHLETES FROM BEING ABLE TO COMPETE