Lesson 2.3 Identifying Models

Name:

Date:

- Watch the 3 Ms video: <u>https://www.youtube.com/watch?list=PL5sNbw1uznitpzLCwnv49tgumEAh1bcxG</u>
 &v=E37mLMjlyNo&feature=emb_logo
- 2. Your instructor will facilitate a class discussion about role models. Even if we don't have particular deep connections to a "mentor" per se, we can still learn from people who inspire us.
- 3. Think about multiple individuals you know personally who inspire you (coaches, teachers, family members, friends).
- 4. Write down the important messages you've learned from each person or make an artistic representation of these messages.