

Hello, thank you for telling us about your problem. Many of us drink Coca-Cola and it is bad for our health. But how does it harm our health? It pierces our stomach and we may die! Coca Cola is addictive like a cigarette. It would be good not to be so hungry for Coca Cola. Bye.

Nick Betzounis

Hello! Thanks for telling us about this. it is a bad thing to play too many computer games, but you are not alone! In our age many children spend a lot of time playing computer games. For example my friend plays computer games all the time and doesn't sleep. But now my friend plays a little time computer games and sleeps more,because he do many sports and play board games and spends more time with his family. I think you too should try finding other activities to do and maybe that will help you.

Chris Anastasios Aivazis.

Hi, thanks for telling us your problem.Many people are drinking too many fizzy drinks.You should a program to drink like the first day drink one and a half litres of coca-cola.You shouldn't drink too much ,coca cola has a lot of fat.You shouldn't drink too much.something else i find helpful is to drink fizzy drinks only when i am in a party or when i am with all the family like in Christmas or in Easter.If your friends say to you to drink coca cola,just tell them that you don't want or you hate it.I hope you will find the information helpful.

George Pilidis

Hello! Thank you for telling your problem. Many people drink too much Coca Cola, I say it because I know someone that has a friend that drinks that much and even more! I think you

should better stick the Coca Cola logo on a bottle of water and make yourself believe that it is a fizzy drink and drink it whenever you are thirsty. I am not sure if it will work but you don't know it if you don't try it. I wish you good luck and I hope it will work.

Sofia Aggeliki Fatsiadou

Hello thank you for telling your problem. Many people eat burgers but it is bad for us
I think if you stop eat something that your mum or dad cook it is healthy because
You know what you eat and burgers maybe have something bad on them
and eat healthy things you like it haven't fat i hope i was helpful bye
Teo

Hello thank you for telling your problem. A lot of people get a fast food but its unhealthy so its
better for you to cook your food, if you cook your food you know what you put inside now for the
drinks you have to drink water and juice, juice is very important so don't forget to drink one cup
of juice in a day you can also take a fast food one time in a month.
I hope i was help you.
[Konstantinos toufektsis]