



The Educated Birth

Justice in Reproductive Health Resource List

The Black Experience in the U.S.

You may be aware of some of the statistics: Black birthing parents are three to four times more likely to die giving birth. ([Source](#)) Black infants die at a rate that is twice as high as the national average. ([Source](#)) Half of white medical trainees believe such myths as black people have thicker skin or less sensitive nerve endings than white people. ([Source](#))

Racism extends to all areas of reproductive health care and impacts the lives of many people. It impacts the chances of survival for our birthing parents, babies, and also the general ability to access the healthcare that people need before and after giving birth.

This resource list has been built to act as a guide — to the history, to the many facets of the issues facing Black parents and families today, and to the various ways we can become a part of the solution.

If you have a resource you would recommend that we add, please reach out to us at hello@theeducatedbirth.com

THE HISTORY

Watch

[Racism, Birth Control, and Reproductive Rights by Angela Davis](#)

[The Racist Roots of Reproductive Rights in America](#)

[The Culture War Between Midwives + Doctors, Explained](#)

Listen

[1619: How the Bad Blood Started](#)

[NPR: Anarcha, Lucy + Betsey the Mothers of Gynecology](#)

[NPR: Henrietta Lacks](#)

[Eat The Rich](#) (A Story About Redistribution + Reparations)

Read

Radical Reproductive Justice

Edited by Loretta J. Ross, Lynn Roberts, Erika Derkas, Whitney Peoples, and Pamela Bridgewater Toure

Killing the Black Body

Dorothy Roberts

Reproductive Injustice: Racism, Pregnancy, and Premature Birth

Dana-Ain Davis

Pregnancy and Power

Rickie Solinger

[Racism + Healthcare Reading List](#) from the AAMC

WHAT'S HAPPENING TODAY

Watch

[The History of Reproductive Justice](#)

[Black Mothers Matter: Racism and Childbirth in America](#)

[Why are black women 'five times more likely to die in childbirth'? BBC](#)

[Mothers Matter: why so many black women are dying in childbirth](#)

[Death by Delivery](#)

[How Racism Harms Pregnant Women](#)

Read

[9 ways racism impacts maternal health](#) (PBS Science)

[Biological Weathering and Its Deadly Effect on Black Mothers](#)

[Nothing Protects Black Women from Dying in Pregnancy and Childbirth](#) (ProPublica)

[Racial and Ethnic Disparities Continue in Pregnancy-Related Deaths](#) (Centers for Disease Control)

Anything from [Loretta J. Ross](#)

Evidence Based Birth: [Racism + Maternal Health](#)

Birthing From Within: [Birth Justice + Anti-Racism List](#)

Ancient Song Doula Services: [Community-Based Doula Models as a Standard of Care for Ending Racial Disparities](#)

Listen

[NATAL podcast](#)

[Reproducing Racism](#)

[Hormonal: Reproductive Choice & Reproductive Justice](#)

[Black Feminist Rants: Loretta Ross](#)

[Solutions for the Crisis in American Maternity Care with Jennie Joseph](#)

[Fostering Equity From Birth with Christin Farmer](#)

GET INVOLVED

[House of Representatives: Black Maternal Health Caucus](#)

Ancient Song: [Listen to Me Now](#)

Birth Center Equity: <https://birthcenterequity.org/>

[Birth Equity Solutions](#)

[Black Mamas Matter Alliance](#)

[Moms Rising](#)

[How Many Black, Brown, & Indigenous People Have to Die Giving Birth?](#)

PAY IT FORWARD

[Help fund Alabama's first free-standing birth center \(and Black-owned\)](#)

[National Association to Advance Black Birth: become a donor](#)

[Nizhoni Institute of Midwifery: Scholarships for Black student midwives](#)

[Birthing Beautiful Communities: education and support to expecting African American mothers](#)

**Are there any resources that you would
recommend that we add to this list?**

Email us at hello@theeducatedbirth.com

Subject Line: "Black Reproductive Justice Resource List Suggestions"

Disclaimer: Resources lists from The Educated Birth are a tool for reproductive health workers and for people looking for additional educational resources. The Educated Birth is not affiliated with and does not endorse any of the materials, organizations, groups, or individuals on any resource list. None of the information on any resource list should be interpreted as medical advice. Always talk to your care provider about any questions or concerns you may have!