

Easy Read – Oral Health



Brush your teeth – two times a day



Use a toothbrush and toothpaste



Brush in the morning and at night

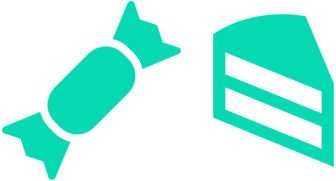



Floss after cleaning your teeth



Visit your dentist



	<p>Avoid sugary food</p>
	<p>We will help you and take you if you want</p>