



• DPT DOCTORATE OF
PHYSICAL THERAPY
• COACHING | TRAINING



RISE

PHYSICAL THERAPY

- ORTHOPEDICS
- SPORTS MEDICINE
- PERFORMANCE REHABILITATION
- POST OPERATIVE REHABILITATION
- POST REHABILITATION EXERCISE
- CORRECTIVE EXERCISE
- WELLNESS
- MANUAL THERAPIES
- RESISTANCE TRAINING
PROGRAMMING

Dr. Andrew Reed
PHYSICAL THERAPY



Physical Therapy | DR. ANDREW REED : RISE SKILLED PERSONAL TRAINING
AND REHABILITATION | Coaching available with JOSH SHEPPARD : GAINING
GROUND FITNESS AND PERFORMANCE



Dr. Andrew Reed is a Hillsboro, MO Native with a 7 year clinical Doctorate achieved at Maryville University of Town and Country. He has dedicated his career to performance based Physical Therapy with focus on Orthopedics and Sports Medicine

He also works in conjunction with Coach Josh Sheppard providing the community with weight management and resistance training programs.

1. Treatment: Our treatment focuses on patient specific standards following current practice guidelines provided by the American Physical Therapy Association (APTA). Some treatments are not covered with insurance and we feel each patient deserves quality care as indicated, not what their insurance company is willing to pay for.

2. Common Diagnosis: Rise Physical Therapy Provides an array of treatment styles focused but not limited to Orthopedics. Frequently seen diagnosis include acute and chronic injuries. We also offer treatment for post operative care. (see end of Infosheet)



3. Insurance Vs. Cash Practice: Rise is a CASH practice. Payments include all major credit companies, debits, cash, and health savings accounts (HSA). When a prognosis is made you will be offered the opportunity to purchase a treatment package or individual treatment sessions.

4. Direct Access: Physical Therapist in Missouri now have direct access. You have the right to be evaluated and treated in the state of Missouri for 10 visits or 30 days without a physician referral. We welcome referrals if provided by another licenced clinician.

The Performance Based PT Approach *Let us delve into what makes our treatment experience novel.*

1. 1:1 Patient Care: One on one patient care is the only means to provide quality care to our patients. We are in tune with our patients and strive to provide focused care guiding you from your initial

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evaluation through your treatment course every step of the way.

2. Post Therapy Programs: Many patients are left uncertain and without understanding of future injury prevention means. We strive to engage every patient in post discharge fitness and wellness programs. There is never a situation in which a patient is left in question of next steps.

3. No Hidden Fees or insurance stoppage: What you pay is what you pay. There are no additional fees, balances left, or question of what you may be charged later. At Rise we feel upfront pricing and prognostic information will allow you to determine the most suitable course of treatment.

4. Advanced Orthopedic/Movement Assessment: Our thorough evaluation includes specific movement screens providing in depth information regarding your ailment(s) allowing full return to prior level of function.



5. Network with Local Orthopedic Physicians: Dr. Reed has worked closely with other Orthopedic Physicians locally and is comfortable providing referrals when necessary to other health care practitioners in the area.

5. Membership Discount: For all current Gaining Ground Fitness and Performance members a 10% discount is available.

Why choose Rise Physical Therapy

Dr. Andrew Reed follows the simple concept of focused care. During treatments, you are provided specific 1:1 care without distraction. His mission? To treat community members with movement therapies empowering patients to overcome their ailments. Dr. Reed has performed over 4,000 evaluations and has satisfied many certifications through meaningful continued education. He strives for wellness for each and every patient he treats.



Most commercially employed therapists see 20-40 patients per day, Dr. Reed sees a maximum of 8 patients per day allowing for focused patient specific care. Our no rush treatment approach assures you are provided specific and intentional care.

Payment Types: Credit, Debit, Cash, & HSA

Fee Schedule: Subject to change.

All initial evaluations (non)members: \$95

2 treatments: \$170 (\$85/treatment)

4 treatments: \$320 (\$80/treatment)

6 treatment: \$450 (\$75/treatment)

8+ Treatments: \$560 (\$70/treatment)

Please feel free to contact me Via email

drewreed44@gmail.com or by phone @6365249018

Common treatment diagnosis:

1. Low back pain
2. Herniated disc
3. Sciatica
4. Lumbar stenosis

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5. Spondylolisthesis
6. Neck pain
7. Cervical radiculopathy
8. Whiplash-associated disorders
9. Frozen shoulder (Adhesive capsulitis)
10. Rotator cuff injuries
11. Tennis elbow (Lateral epicondylitis)
12. Golfer's elbow (Medial epicondylitis)
13. Carpal tunnel syndrome
14. Osteoarthritis
15. Rheumatoid arthritis
16. Osteoporosis
17. Hip osteoarthritis
18. Hip labral tear
19. IT band syndrome
20. Patellofemoral pain syndrome (Runner's knee)
21. Anterior cruciate ligament (ACL) injury
22. Posterior cruciate ligament (PCL) injury
23. Meniscus tear
24. Patellar tendonitis (Jumper's knee)
25. Achilles tendonitis



26. Plantar fasciitis
27. Shin splints
28. Stress fractures
29. Ankle sprains
30. Bursitis
31. Tendinopathies (various tendons)
32. Dupuytren's contracture
33. Scoliosis
34. Kyphosis
35. Lordosis
36. Cervicalgia (Neck pain)
37. Temporomandibular joint (TMJ)
dysfunction
38. Sacroiliac joint dysfunction
39. Lumbar strain
40. Thoracic outlet syndrome
41. Rotator cuff impingement
42. Femoroacetabular impingement (FAI)
43. Cubital tunnel syndrome
44. De Quervain's tenosynovitis
45. Trigger finger
46. Gout
47. Tarsal tunnel syndrome



- 48. Morton's neuroma
- 49. Osgood-Schlatter disease
- 50. Osteochondritis dissecans (OCD)

If you are uncertain your diagnosis is appropriate for treatment within our clinic please contact us today for further direction.