



# DURHAM CITY AQUATICS INTERNATIONAL SUMMER MEET

Saturday 22 and Sunday 23 July 2023

At Freeman's Quay, Walkergate, Durham, DH1 1SQ

Level 3 - License No.: 3NE TBC

## Programme of Events

Session 1: Saturday 22 July Warm Up 08:00; Start 09:00					Session 3: Sunday 23 July Warm Up 08:00; Start 09:00				
10 1	Girls	Open	200m	Individual Medley	30 1	Boys	Open	200m	Individual Medley
10 2	Boys	Open	200m	Backstroke	30 2	Girls	Open	200m	Backstroke
10 3	Girls	Open	100m	Butterfly	30 3	Boys	Open	100m	Butterfly
10 4	Boys	Open	100m	Breaststroke	30 4	Girls	Open	100m	Breaststroke
10 5	Girls	Open	200m	Breaststroke	30 5	Boys	Open	200m	Breaststroke
10 6	Boys	Open	50m	Freestyle	30 6	Girls	Open	50m	Freestyle
10 7	Girls	Open	50m	Backstroke	30 7	Boys	Open	50m	Backstroke
10 8	Boys	11/over	400m	Individual Medley	30 8	Girls	11/over	400m	Individual Medley
10 9	Girls			Skins	30 9	Boys			Skins
Session 2: Saturday 22 July Warm Up TBC; Start TBC					Session 4: Sunday 23 July Warm Up TBC; Start TBC				
20 1	Boys	Open	200m	Freestyle	40 1	Girls	Open	200m	Freestyle
20 2	Girls	11/over	400m	Freestyle	40 2	Boys	11/over	400m	Freestyle



20 3	Boys	Open	50m	Breaststroke	40 3	Girls	Open	50m	Breaststroke
20 4	Girls	Open	100m	Backstroke	40 4	Boys	Open	100m	Backstroke
20 5	Boys	11/over	200m	Butterfly	40 5	Girls	11/over	200m	Butterfly
20 6	Girls	Open	50m	Butterfly	40 6	Boys	Open	50m	Butterfly
20 7	Boys	Open	100m	Individual Medley	40 7	Girls	Open	100m	Individual Medley
20 8	Girls	Open	100m	Freestyle	40 8	Boys	Open	100m	Freestyle

**Deadline for entries is 23:59 on Thursday 6 July 2023.**

**Meet Conditions for the Durham City Aquatics (DCA) *International Summer Meet 2023*:**

1. The meet will be swum under ASA Law & FINA Technical Rules and is licensed by Swim England NER as a Level 3 meet.
2. The pool length is 25m with 8 lanes & anti-wave lane ropes; the organisers reserve the right to reduce the number of lanes used should the number of available officials necessitate this.
3. Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only.
4. Backstroke ledges will be in use, except for the skins events.
5. The age groups are Boys/Girls: 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs and 15yrs & over with age on 23 July 2023.
6. All events are heat declared winners.
7. Medals will be awarded to the top 3 boy / girl swimmers in each age group. Speeding tickets will be issued to swimmers swimming faster than the respective cut-off times for their age group; swimmers receiving a speeding ticket will not be eligible for a medal and the medals will be awarded to the next fastest swimmers. Times achieved will (obviously) be included in the results file and submitted for entry in the Swim England database.
8. Skins events will be held for the male and female 12 years and under and 13 years and over age groups. The competitors for each skins event shall be the top 6 swimmers on the day in the relevant age groups for the 200IM. Cash prizes will be awarded to the competitors as follows: 1st: £35; 2nd: £25; 3rd: £20; 4<sup>th</sup>: £15; 5th/6th: £10.
9. Results sheets will be sent to competing clubs after completion of the meet.
10. **The deadline for entries is 23:59 on Thursday 6 July 2023.**
11. All events will be as per schedule of the meet with age groups combined; swimmers will be seeded according to entry times. Coach-approved estimated entry (e.g. training) times should be provided for swimmers who do not have an entry on the Swim England database; entries will be rejected if NO time is entered.
12. Entry times must not be faster than the accompanying Upper Limit Times.
13. Entry times should be converted to 25m pool times by use of SE conversion tables.
14. Entries are encouraged from disabled / para swimmers.
15. Sports System Entry fee is **£7.00** per event; paper entries £8.00.
16. Coach passes are **£24.00** which includes start lists and lunch on both days.

17. The Sports System Entry File should be submitted together with a completed Summary Sheet to: [dcasc-galas@outlook.com](mailto:dcasc-galas@outlook.com). Payment should be made by Bank Transfer at the time of entry; payment details are specified on the Summary Sheet.
18. In order to ensure meet timings are maintained, entries will be admitted on the basis of submitted entry times. Should the meet be oversubscribed, rejections will be applied in an equitable fashion across all events and age groups. An exception will be made for entries received from overseas clubs (and their hosting club in the case of an exchange); any valid entries received by the closing date are guaranteed direct entry into the gala. This ensures the necessary arrangements for e.g. travel and accommodation can be made in a timely fashion.
19. DCA reserves the right to fill empty lanes with Durham City Swimmers.
20. Withdrawals must be notified no later than midday on Friday 21 July 2023.
21. No refunds will be issued for withdrawals after the closing date other than for withdrawals on medical grounds supported by documentary evidence, e.g. doctor's note, NHS COVID-19 Notification e-mail/text, etc. In this case, the swimmer will be withdrawn from all events.
22. For safety reasons only swimmers who can perform a competitive start may perform a shallow racing dive from the starting blocks.
23. Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the marshals in time for the race start may not be allowed to compete.
24. Access to poolside will be restricted to swimmers, coaches, officials and authorised helpers in line with Swim England Child Protection Policy. Official passes shall be worn at all times on poolside.
25. No unaccompanied swimmers allowed.
26. All swimmers leaving poolside must have appropriate clothing and footwear.
27. Anyone wishing to use any type of image recording device must register at the entrance and comply with the current Swim England Wave Power Guidelines on Photography (copies can be found at [WavePower](#)) and adhere to the rules and standard operating procedures of the venue.
28. Only the DCA official photographer is allowed on the poolside.
29. No person may, for commercial purposes, take photographs or use any video recording equipment at the event without written permission of the organisers.
30. Mobile phones or other (digital) recording devices are **not allowed to be used in the changing areas**.
31. Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management.
32. Swimmers are advised to use lockers, DCA or Freemans Quay Management cannot be held responsible for loss or damage to spectators or swimmers equipment.
33. The pool opens for swimmers from 07:30; spectators / supporters are admitted from 08:00.
34. The Lead Official will be: Mr. Stephen Ward ([dca.steveward@gmail.com](mailto:dca.steveward@gmail.com)).
35. All competing Clubs are requested to provide officials to ensure the smooth running of the meet.
36. The referee's decision is final.

Note that restrictions affecting the running of the gala (e.g. limits on number of competitors and/or spectators) may be imposed at short notice by (local) authorities to limit the spread of CoVid-19; clubs will be contacted at the earliest possible opportunity should this be the case.

**Any points not covered here will be at the discretion of the meet organisers.**

**Any queries should be directed to: Marc Dubbeldam at [dcasc-galas@outlook.com](mailto:dcasc-galas@outlook.com).**

## Durham City Aquatics *International Summer Meet 2023*

### Upper Limit Times

Swimmers must NOT have swam faster than the times below

Girls 25m Qualifying times							Boys 25m Qualifying times					
10 & under	11	12	13	14	15 & over		10 & under	11	12	13	14	15 & over
No Limit						50m Free	No Limit					
1:12.0	1:07.0	1:04.0	1:02.0	1:00.0	58.0	100m Free	1:12.0	1:06.0	1:02.0	58.0	55.0	52.0
2:34.0	2:24.0	2:18.0	2:14.0	2:10.0	2:06.0	200m Free	2:34.0	2:22.0	2:14.0	2:06.0	2:00.0	1:54.0
N/A	5:01.0	4:49.0	4:41.0	4:33.0	4:25.0	400m Free	N/A	5:00.0	4:44.0	4:28.0	4:16.0	4:04.0
No Limit						50m Back	No Limit					
1:22.0	1:17.0	1:13.0	1:10.0	1:07.0	1:04.0	100m Back	1:20.0	1:13.0	1:08.0	1:04.0	1:01.0	58.0
2:54.0	2:44.0	2:36.0	2:30.0	2:24.0	2:18.0	200m Back	2:50.0	2:36.0	2:26.0	2:18.0	2:12.0	2:06.0
No Limit						50m Breast	No Limit					
1:33.0	1:28.0	1:23.0	1:19.0	1:16.0	1:13.0	100m Breast	1:32.0	1:25.0	1:19.0	1:14.0	1:10.0	1:06.0
3:18.0	3:08.0	2:58.0	2:50.0	2:44.0	2:38.0	200m Breast	3:16.0	3:02.0	2:50.0	2:40.0	2:32.0	2:24.0
No Limit						50m Fly	No Limit					
1:20.0	1:15.0	1:11.0	1:08.0	1:05.0	1:02.0	100m Fly	1:23.0	1:16.0	1:10.0	1:05.0	1:01.0	57.0
N/A	2:45.0	2:37.0	2:31.0	2:25.0	2:19.0	200m Fly	N/A	2:47.0	2:35.0	2:25.0	2:17.0	2:09.0
1:27.0	1:20.0	1:15.0	1:11.0	1:08.0	1:05.0	100m IM	1:22.0	1:15.0	1:10.0	1:06.0	1:03.0	1:00.0
3:04.0	2:50.0	2:40.0	2:32.0	2:26.0	2:20.0	200m IM	2:54.0	2:40.0	2:30.0	2:22.0	2:16.0	2:10.0
N/A	6:00.0	5:40.0	5:24.0	5:12.0	5:00.0	400m IM	N/A	5:40.0	5:20.0	5:04.0	4:52.0	4:40.0

This is an Age on Day (i.e. age on 23 July 2023) Gala - entry times from 1<sup>st</sup> January 2021.