

Telling Stories Through Food
Creative Short Story
English IV Foodie Literature
September 2022

In *Like Water for Chocolate*, Laura Esquivel tells a beautiful and intense tale of multigenerational family dynamics, love, romance, tragedy, war, and connection, all through food. Not only does the story center around food, but the very structure of the narrative centers around different recipes passed from generation to generation. Esquivel deeply engages her readers with her story through every ingredient, preparation, and taste. Through this technique, she leaves the reader open to experiencing the rest of the story as intimately as they experience the food.

I invite you to write a 2+ page short story *through* food. You can choose a story from your own life, a story of someone else, or create a work of fiction. The story need not be about a food event, but rather can be an experience told through food.

Please use the following guidelines when writing your story:

- Present a clear, thoughtful, well-structured story that addresses the prompt.
- Use descriptive language to engage your readers.
- Clearly communicate the theme or intention of your story beyond the immediate plot. Write with depth and nuance.
- Organize your story with clear intention, unity, and progression.
- Write with clarity and address spelling, grammar, and style errors before you complete your final draft.