

## **Tanka Walk**

Walk for a few minutes. Wait until you notice something that catches one of your senses. Pause and write a tanka of 31 syllables. It can be one line, three lines, or in the 5-7-5-7-7 pattern.

Walk some more. Wait to notice. Write another tanka.

Walk. Wait. Write.

If you have time, you can keep going. The number of tanka doesn't matter.  
All that matters is that you notice something you might not have paid attention to otherwise.