# RIVER EDGE BOYS BASKETBALL LEAGUE

# 5<sup>TH</sup> & 6<sup>TH</sup> GRADE LEAGUE RULES - Revised 11/29/22

## \*\*\* WON/LOST RECORDS & SCOREKEEPING \*\*\*

After each game, coaches from BOTH teams must confirm final score with scorekeepers, in the scorebook. Confirm (1) **winning team** AND (2) **team names** are correct AND (3) **division** (ex: 5th/6th) are correct in the book. Failure to do so may result in winning team not getting credit for the win.

# **LENGTH OF GAME**

- Each game will be divided into four (4) quarters of (8) minutes each.
- The clock will run continuously (running time).
- There will be a two (2) minute break after quarters 1 and 3. A five (5) minute break at halftime.
- In the last two- (2) minutes of the 2<sup>nd</sup> and 4<sup>th</sup> Quarters, the clock will stop on all whistles (stoppage of play).
- Overtime periods will be two (2) minutes long with the clock stopping on all whistles.

Games are to be played within the one hour allotted for court time; games must end before the hour ends.

### **TIME OUTS**

Each team is permitted four (4) 1 minute timeouts per game and 1 in any overtime period.

#### **DEFENSE**

- Man to man preferred. Zone Allowed.
- No defense in the backcourt allow teams to take it up to halfcourt before defense can be played.
- **PRESSES** Full court press is permitted in the final TWO (2) minutes of the game or any overtime period. A team in the lead by 10 or more points may **NEVER** press.

#### **FOULS**

- Each player is allowed five (5) personal fouls.
- Bonus (one and one) foul shots will occur when seven (7) team fouls in a half are committed.
- Any intentional foul that could result in a serious injury will result in immediate ejection.
- If a team has run out of players and a player fouls out, a player with five (5) fouls may continue to play. If the player with the five- (5) fouls commits another foul the opposing team will be awarded two (2) foul shots and will get the ball back.
- Flagrant fouls result in an immediate/automatic 5-minute suspension.

#### **PLAYING TIME**

# If 8 or fewer players show up for the game this rule applies:

- Each player must sit out at least 4 minutes.
- Each player <u>MUST</u> play a minimum of 2 quarters. Any team not abiding by this rule will automatically forfeit the game. Please make sure that each player entering the game reports to the scorer's table. The goal is to get all players more than the 2 quarters of playing time.
- Try to substitute equal ability players with the other team.

## If 9 or more players show up for the game, this rule applies:

- Each player must sit out at least 4 minutes.
- Each player <u>MUST</u> play a minimum of 1 quarter in the first half and half a quarter in the second half. This rule will reduce the minimum playing time from 16 minutes to 12 minutes. The goal is

still to get all players more than the 2 quarters of playing time; however this change was intended to help the teams with more players stay competitive with teams that show up with only 7 players.

- Try to substitute equal ability players with the other team.
- NO player may play more than three quarters unless there are not enough players to fill the time.
- Be sensitive about playing time of lesser-caliber players. Playing time must be equal amongst all players on each team.

#### **OFFICIATING**

Let the officials officiate. Coaches should only coach and set an example for the behavior for our kids. Kids should play and not complain or be concerned about perceived missed calls. Any coach or player arguing with the officials will be charged with an automatic technical.

# **UNIFORMS**

The league will provide a team jersey. Players with glasses must wear straps. Players must wear sneakers. No jewelry is allowed. Mouth guards and athletic supporters are recommended.

## **CODE OF CONDUCT**

Boys REC basketball is a recreational program. Our emphasis should be on fun and instruction. Inevitably the spirit of competition comes into play, but this should not be the overwhelming feature of your coaching. We are there for the boys and all players should receive equal attention and opportunity within a fun environment.

Please adhere to the following code of conduct while coaching Boys REC sports:

- No Smoking
- No Alcohol
- No profane language
- Referees are bulletproof.

Whatever calls a referee makes, accept it without debate or show of displeasure. Any argument or uncivil conduct toward a referee, coach or player will not be tolerated and will result in an immediate suspension.

Referees have been asked to report any infraction of this code of conduct. The league president will then address the issue and immediate suspension with the coach.