

books

By the TDA community, for the TDA community.

Before you start, here's some literary words of wisdom:

**Steve:**

*"My advice is read what sounds interesting or intriguing etc. Limiting your sampling to what other people think is so limiting."*

**Šárka**

*"And also, my favourite thing is to just go to a library and pick a random book"*

**Books**

**Fran**

Forget Me Not by Valmai R Harris

**Nick**

The Alchemist by Paulo Coelho

**Angela**

"The Help" by Katryn Stockett

"Still Life" by Sarah Winman

"Anxious People" by Fredrick Backman

"Lessons in Chemistry" by Bonnie Garmus

"The lost man" by Jane Harper

"Dinner with the Schnabels" by Toni Jordan

**Hank**

Art Cure: The Science of How the Arts Transforms Our Health

**Šárka**

Dale Carnegie's How to make friends and influence people (he talks about a lot of people nobody knows these days but the principle is the same)

Another Dale's book is How to stop worrying and start living (for us with an ADHD brain)

Becoming by Michelle Obama

All books by Liane Moriarty

All books by Matthew Riley

Veronika decides to die by Paulo Coelho

**Jean**

Anne McCaffrey's Dragon series

EMPIRE OF THE STEPPES by Kenneth W. Harl

**Rebecca**

"Pleasure Activism: The Politics of Feeling Good" by Adrienne Maree Brown

**Hannah**

A Tale of Two Cities (Dickens)

The Brothers Karamazov (Dostoevsky)

War and Peace (Tolstoy)  
1984 (Orwell)  
The Gulag Archipelago (Solzhenitsyn)

**Lee**

Eleanor Oliphant is Completely Fine

**Sondra**

Boundaries by Dr. Henry Cloud.  
Never Split the Difference" by Chris Voss.

**Savannah**

The midnight library by Matt Haig  
The book thief by Markus zusak

**Nicola**

Midnight in The Garden of Good and Evil" by John Berendt  
Any fiction by Michael Robotham  
Eliot Perlman - start with his first, "Seven Types of Ambiguity", then "Three Dollars" and move on to "The Reasons I Won't Be Coming".

**Heather**

The Correspondent by Virginia Evans

**Diane**

A room made of leaves by Kate Grenville.

**Michelle**

The Four Agreements by Don Miguel Ruiz

**George**

101 Essays that will change the way you think by Brianna Wiest

**Toobah**

A Little Life by Hanya Yanagihara

**Eileen**

**The Ultimate Relationship and Marriage Book for Couples by Daisy Howard**

**Shayne**

City of Thieves by David Benioff

**Sharon**

The Princess and the Bee by Sharon Diane High.

**Jennfier**

Brigid Delaney's "Reasons Not to Worry".

**Dani**

Off Magazine Street by Ronald Everett Capps  
The Hitchhiker's Guide to the Galaxy by Douglas Adams

**Bethany**

"humankind: a hopeful history" by Rutger Bregman.

**Carole**

Mr God, this is Anna, by Fynn

**Richard**

Anything by Hannah Kent or later Thomas Kennealy

**Wendy**

Bruce Pascoe's DARK EMU

**Lucy**

Emma - Jane Austen  
Joe Cinque's Consolation - Helen Garner  
Jane Eyre - Charlotte Brontë  
The Great Gatsby - F. Scott Fitzgerald  
Fates and Furies - Lauren Groff  
My Year of Rest and Relaxation - Ottessa Moshfegh  
The Guest - Emma Cline  
Valley of the Dolls - Jacqueline Susann  
Station Eleven - Emily St. John Mandel  
Trust Exercise - Susan Choi

movies

**Lucaya**

'Psychology of your 20's' by Gemma Sbeg

**Angela:**

Series "Lessons in Chemistry"

Movie "The Help"

**Jeff:**

Casablanca (1942)

**Shayne**

"It's a Wonderful Life" – 1946

**Nadia**

TV show = Normal People

Movie Musical = Rent

**Dani**

A Love Song for Bobby Long

**Lucy**

Frances Ha

My Big Fat Greek Wedding

Rachel Getting Married

Emma (2020)

The Last Black Man in San Francisco

Zola

Lady Bird

The Graduate

Shiva Baby

After Hours

Moonlight

Legally Blonde

Cabaret

Emily the Criminal

The Worst Person in the World

Sorry, Baby