



SEL Curriculum Guide:

(ALL resources are included in our SEL & Mindset Membership. Resources linked are available for individual purchase in our Teachers Pay Teachers store. Resources not linked are exclusive to the G.O.G. Membership.)

Self- Awareness

- [Identifying and Taming Emotions - Lessons, Slides & Activities \(3 Day Unit\)](#)
- [Leadership - Lesson, Slides & Activity](#)
- Positive Affirmations - Umbrella Activity
- Acting Out Emotions - Charades Game
- [Optimism Breakout Box](#)
- [Goal Setting](#)
- Positive Self-Talk - COMING SOON!

Self-Management

- [Resiliency & Persistence Breakout Box](#)
- [Calming Corner / Calming Cart Kit](#)
- [Calming Strategies - Lessons, Slides & Activities \(3 Day Unit\)](#)
- [Goal Setting](#)
- [Impulse Control / Self-Control - Lessons, Slides & Activities](#)
- [Work Completion - Lesson, Posters, Student Interventions, Behavior Charts](#)
- [Bye Bye Blurting - Lesson, Slides, Activities & Interventions](#)
- The Power of Yet - COMING SOON!
- Organizational Skills - COMING SOON!
- Stress Management - COMING SOON!
- Growing Grit - COMING SOON!



Social Awareness

- [Empathy Breakout Box](#)
- [Honesty & Integrity](#)
- [Respect](#)
- Appreciating Differences (diversity) - COMING SOON!
- Empathy & the Perspectives of Others - COMING SOON!
- [Say Something](#) Book Lesson & Activity - COMING SOON!

Relationship Skills

- [Leadership - Lesson, Slides & Activity](#)
- [Circle of Control & Bossy Behaviors](#)
- [Active Listening](#)
- Awesome Attitudes - COMING SOON!
- All Kinds of Relationships are Important - COMING SOON!
- Team Work & Cooperation - COMING SOON!

Responsible Decision Making

- [Size of the Problem & Problem Resolution Strategies - Lessons, Slides & Activities \(3 Day Unit\)](#)
- [Flexibility Breakout Box](#)
- [S.T.A.R. Problem Solving Method - Lesson, Slides & Activity](#)
- All Kind Kids Club Lessons Apply

Kind Kids Club:

- [Introducing Kind Kids Club \(3 Lesson Unit\)](#)
- Kind Kids Club Certificates
- Kind Kids Club Badges
- [Mission: Warm a Firefighter's Heart](#)
- [Mission: Snuggle Up & Read](#)
- [Mission: Nursing Home Valentines](#)



- [Mission: Monster Bookmark Surprises](#)
- [Mission: Feed Our Friends](#)

About the Brain

- What is a Brain? – Lessons, Slides & Activities (2 Day Unit)
- How We Learn – Lesson, Slides & Activities (2 Day Unit)

Behavior

- [Think Sheet – Restorative Practice](#)

Additional Resources

- [Mindset Quotes & Reflection Sheets](#)
- [Rainbow Mindset Quote Posters](#)
- [Calming Corner Strategy Posters](#)
- [SEL & Mindset Bookmarks](#)