



SIZE INCLUSIVITY IN SCHOOLS

Full Day Workshop Agenda

Morning Session

*Setting up books and information at the table. Print out a QR Code for the website - [maybe business card style](#).

- ☐ 8:30-9:00 Welcome - Introductions - Instagram @SizeInclusivityinSchools
- ☐ 9:00-9:15 Disentangling Activity
- ☐ 9:15-10:15 [Debunking Traditional Health Narratives](#)
- ☐ 10:15 -10:30 Break
- ☐ 10:30-11:00 Critical Messages - group activity
 - ☐ Resources for the classroom
 - ☐ [Student exit ticket](#)
 - ☐ [Student chart for critical messages](#)
- ☐ 11:00-12:00 Breakouts

Lunch 12:00-1:00

Afternoon Session

- ☐ 1:00-1:30 Sharing Resources
 - [History of BMI](#)
 - [Fat Joke Video](#)
 - [Gwyneth vs. Twitter Guy Video Comparison](#)
 - [Bigorexia & "Walk & Talk"](#)
 - [Questions for Walk & Talk](#)
- ☐ 1:30-2:15 Sharing Teaching Strategies
 - [Microaggression Activity](#)
 - [Consent for Body Talk](#)
 - Lesson Plan Share (**if needed*)
- ☐ 2:15-2:30 Final Thoughts
 - Questions/Comments
 - Sharing Socials/Email
 - Website