



Learning at Home Choice Board

These are home learning options that you can mix-and-match. There are options for ELA, Math, Science, and Social Studies ([offline](#); [online](#)) and Computer Science, Fine Arts, Health/PE, and World Languages ([offline](#); [online](#)).

Make and carry out a plan for the week.

Steps

1. You should aim for at least 12 total choices per week, choosing every content area at least once. You can also revisit choices from previous weeks.
2. Review the [offline](#) and [online](#) options on the following pages to help your planning.
3. Create a SMART Goal in a table like the one below to make a plan for your work.
4. Complete your plan for the week. As you work, share and discuss with a friend or family member.

Specific	• What options will I choose? • How will I organize my work?	
Measurable	• How will I know that I have accomplished my goal?	
Achievable	• How can I accomplish my goals for the day and for the week? • Where is the best place for me to do my work?	
Relevant	• How does this journal fit with my life at home? • How does this journal align with my classes at school?	
Time-bound	• When will I work? • How much time will I dedicate to working each day? • How will I pace myself?	



Offline Options – You should aim for at least 12 total choices per week, choosing every content area at least once.

As you work through these activities, please be mindful of your personal health and well-being as well as that of those around you. Be safe, work with an adult when possible/necessary, and practice social distancing.

	English Language Arts	Mathematics	Science	Social Studies	Library
Offline  Option 1	<u>Connect with science!</u> Go outside your home and observe everything you see. What do you hear? What do you see? What do you smell? Look up, down and all around. Then draw and write everything you recall about your experience.	Use things from outside to write your own subtraction number story and have your parent or caregiver solve it. Ask them to explain how they solved it. Then have them create a subtraction number story for you to solve. Explain how you solved it.	<u>Connect with ELA!</u> Look for things that are close to you and far away. Listen for things that are close to you and far away. What do you notice and wonder about what you can see or hear?	Who is the most famous person that you learned about this year? Why was this person famous? Tell someone about this person.	Practice your letters by locating 3 items starting with the letter M in your home.  Then have a “show and tell” with a family member to tell them about the items you picked.
Offline  Option 2	<u>Connect with science!</u> Think about sunrise and sunset. What are some things you can and cannot do during those times? Divide a paper into two columns and label one column “I can” and the other “I can’t”. Write and draw... • What are the best things to do during sunrise and sunset? • What are some things that can’t be done during that time?	Make something using 3 or more shapes that you have studied this year. Be creative. Write down what shapes you used and how many of each shape you used. Compare 2 shapes at a time. Describe to someone what you notice to be the same between the two, and then describe what you notice to be different.	<u>Connect with ELA!</u> What do you notice or wonder about sunrise or sunsets? Keep track of the time of sunrise and/or sunset every day for a week or more. Make a chart of the time for each day. Describe the patterns you notice. How do things change or stay the same?	The Hawaiian Islands are located in the middle of the Pacific Ocean. Why is the Pacific Ocean important to us? Draw a picture of some of the ways we use the ocean.	Read with an adult for 20 minutes.  Record your minutes on the #808Reads Reading Challenge 

Online options on the next page →



Online Options – You should aim for at least 12 total choices per week, choosing every content area at least once.

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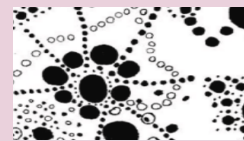
	English Language Arts	Mathematics	Science	Social Studies	Library
Online  Option 1	<u>Connect with science!</u> Listen to the story, " The Sun and the Wind " (Aesop's tale) • What did the wind tell the sun? What did he think he could do better? • What did the wind do? What did the sun do? • What happened in the end? • What could have the wind done to change the ending?	Use Khan Academy , 1st grade math course or have an adult set up an account for you on Khan Academy Kids on your mobile device. Do the activities for 15 minutes. Explain to an adult what you worked on.	<u>Connect with social studies!</u> With a grown-up do this learning activity: Places, Lands, and Waters Walk Talk with a grown-up about how wind and water can change the Earth over time. Include other people through a phone/video call!	<u>Connect with science!</u> With a grown-up do this learning activity: Taking a History Walk What did you see on the walk that was important to you and your family? Ask a grown up if anything has changed since you were born. If yes, what was it? Include other people through a phone/video call!	Storyline Online Watch The Kissing Hand by Audrey Penn: bit.ly/3aFImp Then, complete this comic!** bit.ly/353QvqC What do you think Chester found inside this can? **Use your own paper or have an adult help you print this sheet.
Online  Option 2	<u>Connect with science!</u> Sunsets Reading: Next Time You See a Sunset What did you learn about sunsets? What is happening during a sunset? What is the Earth doing?	Read about Crickets Who Count and Getting In Shapes do the Little Kids Activities. <u>Connect with social studies!</u> As you go on your history walk, look for the different shapes you learned about this year. Make up your own math story using addition or subtraction and what you saw on your history walk.	Connect with ELA! What do you notice or wonder about sunrise or sunsets ? Keep track of the time of sunrise and/or sunset every day for a week or more. Make a chart of the time for each day. Describe the patterns you notice. How do things change or stay the same?	Watch this video about Florence Nightingale . What did she always want to be? What did she do that saved soldiers' lives? How is what she did still important? Tell someone about her.	Watch Zombies Don't Eat Veggies by Megan and Jorge Lacera bit.ly/35ccEml Then... Create a pizza Mo would love! bit.ly/2yFLxo6 **Use your own paper or have an adult help you print this sheet.

More content areas on the next page →



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	Computer Science	Fine Arts	Health	Physical Education	World Languages
Offline  Option 1	Computing Systems includes identifying physical components:  Can you point to these parts of the computer? Monitor, keyboard, mouse, printer.	Look around your space and find as many dots as possible. Draw all the dots you find on paper. Use the various dots to create your own image.  What do you notice about your artwork? What makes you say that?	Nourish & Move - Play some music you love. Make up a dance or enjoy some physical activity (see PE). When you are done, enjoy a healthy snack. <i>Tips: Make sure you have adequate space for your activity. Drink water and take breaks as needed.</i> 	Fun & Movement - Simon Says One person is “Simon” and they get to ask family members to do different physical activities (For example - Simon says jog in place). Simon can also say something without saying Simon says (For example - Do 10 jumping jacks). Participants should only do the activity when Simon says. If someone does the activity when Simon doesn't say, then they are out and they can march in place until everyone is out, then start a new game.	With the help of an adult, come up with words that you and your family know and/or use in different languages. Together, create a picture dictionary for those words. 
Offline  Option 2	One way to create a strong password is to take a phrase or title like Clifford the Big Red Dog and turn it into letters, numbers and special symbols. Something like: C7iffB!grd Can you create a strong password? Talk to someone about why strong passwords are important	Take your dot drawing and fold it in half, and make a card for your family to show your love for them. You can add another drawing on the card you created with dots! Draw the facial expression of your family when they receive your lovely gift!	Personal Care - Talk to someone in your family. What can you do to help each other to be healthier this week? 	Fun - Chalk Adventure Use sidewalk chalk to draw various shapes in your driveway or on the sidewalk. Then have your child hop or jump along following the pattern or shapes. For example, challenge them to jump with only the right foot and then only the left foot.	This is how you say the parts of the face in 'Ōlelo Hawai'i/Hawaiian: • Ihu (ee-hoo): "face" • Maka (mah-kah): "eye" • Pepeiao (peh-peh-yao): "ear" • Waha (vah-hah): "mouth" Look in a mirror with a family member. Point to and say the parts of the face in 'Ōlelo Hawai'i.

Online options on the next page →



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	Computer Science	Fine Arts	Health	Physical Education	World Languages
Online  Option 1	Watch Internet Safety for Kids 3 Important Rules: 1. Always get permission before using a computer. 2. Do not type any private information on a webpage, 3. Do not give anyone your student number or username. Talk to someone about why these rules are important.	Watch I Am Peace by Susan Verde and sing along I Am Peace with Emily Arrow. What is peace? Draw a Peaceful Town where you feel happy and joyous. Share your drawing with the family and ask them what peace means to them.	Connect - Talk to someone at home about emergencies and different ways to get help from trusted adults and 911. Discuss when it is important to call 911 , and how different community helpers (police, firefighters, or ambulance) can support you in an emergency. (Parent article)	Yoga - Your child will work on relaxation, breathing, and flexibility, a health-related component of fitness, by doing this Yoga Ed. - Yoga for Beginners (Ages 6-8) 20 minute video.	Visit Unite for Literacy , click on "Narration," choose the world language, and listen to a picture book in both English and the chosen language. After reading, draw one new thing that you have learned from the book. Point to parts of your drawing and say the corresponding words in English and the world language.
Online  Option 2	Computing systems includes identifying and describing physical components of the computing systems. Try this Read, Write & Type! game and have fun typing.	Watch the video on feeling songs. Sing along if you can! Make a card and draw what you may want to do for someone who is very special to you. Think of ways in which you can do something special for someone today!	Refresh - Do a relaxing activity that you love. Looking for new ideas? Try Rainbow Breath or Bring it Down . 	Movement - Get moving with The Incredibles - Get Moving with Disney Family video. Your child will pretend to be a superhero and defeat the bad guys in this fitness adventure.	Learn how to name parts of the face in 'Ōlelo Hawai'i: • Visit Maka'iwa Keiki . • Watch "A Hawaiian Language Parts of the Face Song." Sing and dance to the songs. • Go to "Free Printables" on the website (registration required), download and print the printables for Parts of the Face song. • Enjoy the coloring activities.