

Hosted by:



St. Luke's
Medical Center
We love life.

Core Agencies:



Metro Manila Health Research Development Consortium
In Partnership with **St. Luke's Medical Center**

NEW FRONTIERS in **Emergency Medicine** and **Disaster Resilience**

10th International Symposium & 17th Annual Scientific Conference

SYMPOSIUM CONTEST MECHANICS

June 4-5, 2026
Henry Sy Auditorium
St. Luke's Medical Center Global City
BGC, Taguig



Table of contents

Contest Mechanics

1. Research Paper Oral Presentation Contest.....	1
Entry Criteria and Eligibility	
Submission Requirements	
Presentation Mechanics	
Criteria for Judging	
Prizes and Recognition	
2. 3-Minute Pitch To Policymakers Contest.....	5
Entry Criteria and Eligibility	
Submission Requirements	
Presentation Mechanics	
Criteria for Judging	
Prizes and Recognition	
3. Research Paper Poster Contest.....	10
Entry Criteria and Eligibility	
Submission Requirements	
Presentation Mechanics	
Criteria for Judging	
Prizes and Recognition	
4. Photography Contest.....	14
Entry Criteria and Eligibility	
Submission Requirements	
Presentation Mechanics	
Criteria for Judging	
Prizes and Recognition	
5. Health Infomercial Contest.....	17
Entry Criteria and Eligibility	
Submission Requirements	
Presentation Mechanics	
Criteria for Judging	
Prizes and Recognition	
Reminders.....	20
Templates.....	21
Submission Details.....	30

**MMHRDC 10th International Symposium and
17th Annual Scientific Conference
June 4 and 5, 2026**



St. Luke's
Medical Center
We love life.



**CONTEST MECHANICS
RESEARCH PAPER ORAL PRESENTATION CONTEST**

a. Description

The Research Paper Oral Presentation Contest is an avenue for researchers to present their research papers to the MMHRDC community and to convey their messages through their scholarly works which focuses on the theme *"New Frontiers in Emergency Medicine and Disaster Resilience."*

This contest provides a platform for the dissemination and sharing of selected health research outputs conducted by researchers in the National Capital Region. It also allows them to showcase their research outputs and highlight relevant findings that can be used and adopted to further realize healthy Filipino communities.

b. Entry Criteria and Eligibility

Categories:

1. Professional Category
 - A health research project completed within the last three (3) years
 - A health research paper authored by a researcher from MMHRDC member institutions
 - Medical and post-graduate students are classified under Professional Category
 2. Undergraduate Category
 - An undergraduate thesis on health or health-related fields conducted within the last two (2) years
 - A health research project conducted by a member institution
- Students, staff, and faculty of current MMHRDC member institutions can submit a maximum of two (2) abstracts per lead author.
 - Research works that have been submitted and presented at forums or conferences, but have not received any awards, are eligible.
 - Published papers and papers submitted for publication or published in a peer-reviewed journal are not eligible for submission.
 - Research works found to be plagiarized shall be disqualified.

c. Submission Requirements

1. The abstract of the research (<https://tinyurl.com/MMHRDCxSLMC-OAEF>) must be initially submitted and uploaded through Google Form (<https://forms.gle/SWmLPgc3e6HTLqQcA>) until the set deadline on **April 1, 2026 (proposed target deadline)**.
 - a. Please follow the format of the Abstract Entry Form (<https://tinyurl.com/MMHRDCxSLMC-OAEF>):
 - i. Title
 - ii. Background
 - iii. Objective (must be clearly stated)
 - iv. Methods (make it concise)
 - v. Results (only the highlights of results must be included)
 - vi. Conclusion (state the major conclusion)
 - vii. Keywords (up to three keywords)
 - b. The number of words **must not exceed 300**, excluding the title.



Kindly name your entry file as;
LastName_InstitutionAcronym_TitleKeyword - Contest
(e.g., Corpuz_UPM_Ampalaya - Oral)

2. The participants who will be notified as shortlisted finalists and must submit the full manuscript on or before the **1st Week of May**.
 - a. Please follow this format:
 - i. Title Page
 1. Title
 2. Author(s) name(s) including titles (e.g., Dr., Ms., Professor)
 3. Institutional affiliations
 4. Complete mailing address(es)
 5. Email address(es)
 6. Contact number(s)
 7. Name of the corresponding author
 - ii. Table of Contents
 - iii. List of Tables
 - iv. List of Figures
 - v. Abstract
 1. Title
 2. Background
 3. Objective (must be clearly stated)
 4. Methods (make it concise)
 5. Results (only the highlights of results must be included)
 6. Conclusion (state the major conclusion)
 7. Keywords (up to three keywords)
 - vi. Introduction (must include the objectives)
 - vii. Methodology (must be complete and should include the Research Ethics)
 - viii. Results
 - ix. Discussion (including the conclusion(s) and recommendations)
 - x. References
 - xi. Appendices
 - b. Tables, figures, and graphs should be properly inserted into the manuscript and must include labels and/or footnotes.
 - c. The number of words must have a **minimum of 5000 and a maximum of 6000** (excluding the references and appendices).
 - d. APA 7th edition must be followed throughout the paper, especially in the references.
3. The participants who will be notified as shortlisted in the **last week of April** must submit an online copy of the slides and send it to **mmhrdc.slmc.2026symposium@gmail.com** on or before the **1st week of May**.
 - a. Please follow this format:
 - i. Title Page (including the title, author(s), and institutional affiliations)
 - ii. Introduction (maximum of 2 slides only)



- iii. Methodology
 - iv. Results (including tables, figures, and/or graphs)
 - v. Discussion
 - vi. References (include those used in the slides)
- b. Include only the essential points.
 - c. Avoid using excessive designs, and incompatible font styles and colors. Keep it simple

d. Screening Process

1. A preliminary screening process of the submitted abstracts will be conducted by the members of the Research Contest Committee. Committee members should refrain from screening entries from their own institution.
2. Only the abstracts that focus on the central themes of this year's event will be accepted and be allowed to submit the full manuscript.
3. Final papers to be presented will be selected by MMHRDC.
4. The authors of the shortlisted entries will be notified via email in the **last week of April**.

e. Presentation Mechanics

1. The presentation will take place during the conference on **June 4, 2026**.
2. Only one presenter is allowed to present their study.
3. Only the submitted slides beforehand will be used during the presentation. Slides must be limited to 15-20 slides only, and must not have any slide transitions, animations or 'movement' of any description.
4. No cue cards are allowed.
5. The presentation must not exceed 10 minutes. A timer showing the remaining time will be flashed at the side of the slides. The participant will be stopped once the time allotted is finished.
6. Presentations are considered to have commenced when a presenter starts their presentation through speech.
7. Proper decorum must be observed before, during, and after the presentation.
8. The presenters are encouraged to wear business formal attire.
9. The judges will have a maximum of five (5) minutes for the question-and-answer portion.
10. The decision of the board of judges is final.

f. Judges

1. The panel of judges will be composed of three experts in the field of health research. The panel per category (undergraduate and professional) will be separate.
2. The decision of the panel is final and irrevocable.

g. Criteria for Judging

1. The criteria for judging will be based on the following:



	Scoring
Originality <ul style="list-style-type: none"> The research is original, and the findings can provide novel contributions to the field of health research. 	25%
Organization of Presentation <ul style="list-style-type: none"> Clear and logical presentation. The reasoning can be easily followed by the listener. 	25%
Depth and Accuracy of Content <ul style="list-style-type: none"> Clearly states the contents of the study with depth. The information given is consistently accurate. 	20%
Pace and Responsiveness <ul style="list-style-type: none"> The presentation is carefully planned. Well responsive to questions from the panel members. Answers are accurate and consistent with the study. 	20%
Visuals <ul style="list-style-type: none"> Slides are professionally crafted and organized. Appropriateness of the font choices. 	10%
TOTAL	100%

- In case of a tie, an additional evaluation criterion will be utilized: the clarity of presentation.

h. Prizes and Recognition

- There will be three winners from each category (professional and undergraduate): first, second, and third places.
- The winners will be announced during the second half of the second day of the conference.
- Prizes are as follows:

Professional Category

1st Place	PHP 15,000
2nd Place	PHP 12,000
3rd Place	PHP 10,000

Undergraduate Category

1st Place	PHP 10,000
2nd Place	PHP 8,000
3rd Place	PHP 5,000



3-MINUTE PITCH TO POLICYMAKERS CONTEST

a. Description

3-minute Pitch (3MP) to Policymakers Contest provides a platform for researchers to showcase successfully completed health research studies to the MMHRDC community, stakeholders and policymakers. By sharing evidence with stakeholders and policymakers, participants will effectively contribute to informed decision-making in the health sector.

Each participant will present their completed research in a concise three-minute presentation using a single slide, tailored for a non-specialist audience. This format encourages clarity and engagement, ensuring that complex research findings are accessible and understandable.

b. Entry Criteria and Eligibility

1. Professionals and postgraduate students who are the principal or co-investigator of completed research (with policy implications) from a member institution that falls under the scope of the theme and pressing health-related policies can join a 3-Minute Pitch (3MP) to Policymakers Contest.
2. The contest is exclusively for professionals, but post-graduate students currently pursuing their Master's or Doctoral studies may join, provided that they also hold professional status in their current MMHRDC member institutions affiliation.
3. The study must have been completed within the past five (5) years.
4. Plagiarized and non-original works will be disqualified.

c. Submission Requirements

1. The Policy Brief Entry of the completed research must be submitted and uploaded through Google Form (<https://forms.gle/SWmLPGc3e6HTLqQcA>) using the official submission entry form (<https://tinyurl.com/MMHRDCxSLMC-3MPEF>) until the set deadline by **April 1, 2026 (proposed target deadline)**.
 - a. Please follow this format for the Policy Brief Entry: (<https://tinyurl.com/MMHRDCxSLMC-3MPEF>)

A policy brief is a concise document that communicates essential research findings and recommendations to policymakers and stakeholders. Its goal is to present complex research in a clear and accessible manner, facilitating informed decision-making and encouraging the implementation of evidence-based solutions to public health challenges. Its contents include:

 - i. **Title:** Create a clear and engaging title that reflects the research focus.
 - ii. **Executive Summary:** Summarize the key findings, objectives, and actionable recommendations in 2-3 sentences for a quick overview.
 - iii. **Introduction:** Briefly outline the health issue addressed by the research and its relevance to public health policy.
 - iv. **Key Findings:** Present significant findings using subsections:
 1. Finding: State the finding clearly.
 2. Implication: Explain its significance for policy or practice.
 - v. **Recommendations:** List actionable recommendations:
 1. Action: Specify the recommended action.
 2. Rationale: Explain why it is necessary.



3. Include Target Stakeholders in Recommendations.
- vi. **Conclusion:** Reinforce the findings' importance and implications for public health policy.
- b. The Policy Brief entry must be on an A4 size paper and must upload PDF and WORD format files.
- c. The Policy Brief Entry must be based on Research Results and Outputs;
 - i. **Do not exceed 1,500 words** or three pages in length (excluding reference).
 - You may include tables or figures and limit texts
 - ii. Include only essential information.
 - iii. Avoid tangents or being overly descriptive about methodology.
 - iv. Clearly identify the salient points that support your goal.
 - v. Purpose-driven instead of summarizing or cutting down an existing report.
 - vi. Use plain language.

Kindly name your entry file as;

LastName et al._InstitutionAcronym_ResearchTitleKeyword - Contest
(e.g., Corpuz_UPM_Ampalaya - 3MP)

2. The participants who will be notified as shortlisted by the **last week of April** must submit the full manuscript within the set deadline in the notification letter that will be received from **mmhrdc.slmc.2026symposium@gmail.com**.
- a. Please follow this format:
 - i. Title Page
 1. Title
 2. Author(s) name(s) including titles (e.g., Dr., Ms., Professor)
 3. Institutional affiliations
 4. Complete mailing address(es)
 5. Email address(es)
 6. Contact number(s)
 7. Name of the corresponding author
 - ii. Table of Contents
 - iii. List of Tables
 - iv. List of Figures
 - v. Abstract
 1. Title
 2. Background
 3. Objective (must be clearly stated)
 4. Methods (make it concise)
 5. Results (only the highlights of results must be included)
 6. Conclusion (state the major conclusion)
 7. Keywords (up to three keywords)
 - vi. Introduction (must include the objectives)
 - vii. Methodology (must be complete and should include the Research Ethics)
 - viii. Results



-
- ix. Discussion (including the conclusion(s) and recommendations)
 - x. References
 - xi. Appendices
- b. Tables, figures, and graphs should be properly inserted into the manuscript and must include labels and/or footnotes.
 - c. The number of words must have a **minimum of 5000 and a maximum of 6000 (excluding the references and appendices)**.
 - d. APA 7th edition must be followed throughout the paper, especially in the references.
3. The participants who will be notified as shortlisted by the **last week of April** must submit an online copy of the contest materials within the set deadline in the notification letter that will be received from **mmhrdc.slmc.2026symposium@gmail.com**.
- a. Please adhere to the following contest material requirements:
 - i. Only 1 single static PowerPoint slide is permitted (without any slide transitions, animations, or 'movement' of any description; the slide is to be presented at the start of the pitch).
 - ii. No additional electronic media (e.g., sound and video files) are permitted.
 - iii. No additional props (e.g., costumes, musical instruments, laboratory equipment) are permitted.
 - iv. Include only the essential points that increase your material's impact and visual character.
- d. Screening Process**
1. The Contest Committee will conduct a preliminary screening process. Committee members should refrain from screening entries from their own institutions
 2. Only the policy brief entries with policy implications that focus on the central theme of this year's event will be accepted, and the full manuscript will be allowed to be submitted.
 3. The final entries to be presented will be selected by MMHRDC.
 4. The authors of the shortlisted entries will be notified via email by the **last week of April**.
- e. Presentation Mechanics**
1. The presentation will take place during the conference on **June 5, 2026** at **Henry Sy Auditorium, St. Luke's Medical Center - Global City**.
 2. Only one presenter is allowed to present their study.
 3. Only the submitted non-static slide beforehand will be used during the presentation.
 4. The pitch shall be delivered without reading the script, in any form. During the presentation, the contestant shall maintain eye contact with the panel of judges and the audience while speaking. Reading of prepared scripts is strictly not allowed.
 5. Presentations are limited to three (3) minutes maximum and competitors exceeding 3 minutes will have deductions on their final scores. A timer showing the remaining time will be flashed at the side of the slides. Deductions on the score will be made for exceeding the time.
 6. Presentations should be spoken words (i.e., no poems, raps or songs).
 7. Only the English language will be used.
 8. It must be in a spoken format, without songs, raps, or poems.
 9. Presentations are considered to have commenced when a presenter starts their presentation through speech.



10. Proper decorum must be observed before, during and after the presentation.
11. No additional props (e.g., costumes, musical instruments, laboratory equipment) are permitted. The presenters are encouraged to wear formal business attire.
12. Suggested Components and Flow for the Pitch
 - a. **Introduce Yourself:** Who are you? What is your expertise? Advocacy?
 - b. **State the Problem:** What is the issue you are trying to solve? What are the key messages/points about why the issue is important?
 - c. **Present Your Solution:** What is the significance and the relevant outcomes of your research?
 - d. **Describe Your Value Proposition**
 - e. **Offer a CTA (Call to Action):** How can the person you are talking to help?
Note: Participants are free to modify the components and flow of their pitch based on their strategy. There are various materials online to help in constructing a compelling 3-minute pitch.
13. The judges will have a maximum of five minutes for the question-and-answer portion.

f. Judges

1. The panel of judges will be composed of three experts in the field of health research with policy implications, high-level decision makers, and policymakers.
2. The decision of the panel is final and irrevocable.
3. To ensure the composition of the contest judges, we will be open to hybrid judging.

g. Criteria for Judging

1. The criteria for judging will be based on the following:

Policy Relevance, Timeliness, and Feasibility	50%
Foundation for Policy <ul style="list-style-type: none"> • Do the findings provide a solid and evidence-based foundation for the proposed policy? • Are conclusions and outcomes clearly described and justified? • Is the topic significant and aligned with the needs of the current policy environment? 	20%
Relevance, Impact, and Timeliness <ul style="list-style-type: none"> • Does the pitch address current, pressing policy issues or priorities? • Are the findings relevant, impactful, and aligned with the pitch's objectives? • Do the conclusions address a clear problem or gap? 	20%
Feasibility <ul style="list-style-type: none"> • Are the proposed recommendations practical, actionable, and likely to succeed in the current policy environment? • Are the benefits concrete, measurable, and likely to provide lasting value to beneficiaries? 	10%
Communication and Engagement	50%



<p>Responsiveness to the Judges' Question and Answer</p> <ul style="list-style-type: none"> • Did the presenter actively listen to and respond effectively to follow-up questions? • Does the finalist demonstrate a clear and deep understanding of their research topic? 	20%
<p>Audience Interest, Delivery, and Visual Support</p> <ul style="list-style-type: none"> • Did the presentation make the audience want to know more (based on judges' perception)? • Did the presenter convey enthusiasm and passion for their research? • Did the presenter demonstrate stage presence, confidence, eye contact, and appropriate vocal range? • Was the presentation well-paced, with sufficient time spent on key points without being rushed or overly elaborate? • Did the PowerPoint slide enhance the presentation - was it clear, legible, and concise? • Were the visuals directly relevant to and supportive of the main ideas? 	20%
<p>Logical Structure and Clarity</p> <ul style="list-style-type: none"> • Did the presentation follow a clear and logical sequence, allowing the non-specialist audience to understand and follow the flow of ideas easily? • Did the speaker avoid scientific jargon, explain terminology, and provide adequate background information to illustrate points? 	10%
TOTAL	100%

2. In case of a tie, additional evaluation criteria will be utilized, such as the clarity of presentation.

h. Prizes and Recognition

1. Three winners will be chosen: first, second, and third places.
2. The winners will be announced during the second half of the second day of the conference.
3. Prizes are as follows:

1st Place winner	PHP 15,000.00
2nd Place winner	PHP 12,000.00
3rd Place winner	PHP 10,000.00



RESEARCH PAPER POSTER CONTEST

a. Description

The Research Poster Contest is an opportunity for researchers to showcase their scholarly work through creative and informative research posters. The entries must focus on the theme “**New Frontiers in Emergency Medicine and Disaster Resilience.**” Similar to the actual text abstract of the research article, it is meant to communicate the key findings of the article in a shorter format.

b. Entry Criteria and Eligibility

Categories:

1. Professional Category
 - A health research project completed within the last three (3) years
 - A health research paper authored by a researcher from MMHRDC member institutions
 - Medical and post-graduate students are classified under Professional Category
 2. Undergraduate Category
 - An undergraduate thesis on health or health-related fields conducted within the last two (2) years
 - A health research project conducted by a member institution
- Students, staff, and faculty of current MMHRDC member institutions can submit a maximum of two (2) abstracts per lead author.
 - Research works that have been submitted and presented at forums or conferences, but have not received any awards, are eligible.
 - Published papers and papers submitted for publication or published in a peer-reviewed journal are not eligible for submission.
 - Research works found to be plagiarized shall be disqualified.

c. Submission Requirements

1. The abstract of the research (<https://tinyurl.com/MMHRDCxSLMC-PAEF>) must be initially submitted and uploaded through Google Forms (<https://forms.gle/SWmLPGc3e6HTLqQcA>) on or before **April 1, 2026 (proposed target deadline)**.
- a. Please follow this format:
 - i. Title
 - ii. Background
 - iii. Objective (must be clearly stated)
 - iv. Methods (make it concise)
 - v. Results (only the highlights of results must be included)
 - vi. Conclusion (state the major conclusion)
 - vii. Keywords (up to three keywords)
- b. The number of words must not exceed 300, excluding the title.

Kindly name your entry file as;
LastName_InstitutionAcronym_TitleKeyword - Contest
(e.g., Corpuz_UPM_Ampalaya - Poster)



2. The participants who will be notified as shortlisted in the **last week of April** must send the full manuscript to **mmhrdc.slmc.2026symposium@gmail.com** **on the 1st Week of May.**
 - a. Please follow this format:
 - i. Title Page
 1. Title
 2. Author(s) name(s) including titles (e.g., Dr., Ms., Professor)
 3. Institutional affiliations
 4. Complete mailing address(es)
 5. Email address(es)
 6. Contact number(s)
 7. Name of the corresponding author
 - ii. Table of Contents
 - iii. List of Tables
 - iv. List of Figures
 - v. Abstract
 1. Title
 2. Background
 3. Objective (must be clearly stated)
 4. Methods (make it concise)
 5. Results (only the highlights of results must be included)
 6. Conclusion (state the major conclusion)
 7. Keywords (up to three keywords)
 - vi. Introduction (must include the objectives)
 - vii. Methodology (must be complete and should include the Research Ethics)
 - viii. Results
 - ix. Discussion (including the conclusion(s) and recommendations)
 - x. References
 - xi. Appendices
 - b. Tables, figures, and graphs should be properly inserted into the manuscript and must include labels and/or footnotes.
 - c. The number of words must have a minimum of 5000 and a maximum of 6000 (excluding the references and appendices).
 - d. APA 7th edition must be followed throughout the paper especially in the references.
3. The participants who will be notified as shortlisted on **last week of April** must also submit an online copy of the research poster and send it to **mmhrdc.slmc.2026symposium@gmail.com** **on the 1st week of May.**
 - a. The poster must include the following:
 - i. Headline
 1. Title
 2. Author(s)
 3. Institutional affiliation
 4. Contact information
 - ii. Body



1. Background (including objectives)
 2. Methods
 3. Results
 4. Discussion
 5. Conclusion and recommendations
 6. References used in the poster
- iii. Choice of words is a must. The poster must be in layman's terms.
 - iv. Images, tables, charts, and graphs can be used.
- **Visual online copy of poster specifications:**
- **Dimension: 50in (length) x 22in (width); Resolution: 300ppi; Format: jpeg**
 - **Must include the name of researcher, research institution, and consortium**
4. The physical copy of the research poster must be submitted on or before **1st week of May**, at **2205 Civic Drive, Filinvest Corporate City, Alabang, Muntinlupa City**. Please look for **Ms. Alfie Cabardo (+639217411746)**. This will also serve as your confirmation of attendance to the symposium.
- a. Please adhere to the following guidelines:
- i. The poster must be **36 inches (91cm) in width and 48 inches (122cm) in height, a portrait presentation.**
 - ii. Use of tarpaulin is recommended but not required.
- d. Screening Process**
1. A preliminary screening process will be conducted by the members of the Research Contest Committee. Committee members should refrain from screening entries from their own institution.
 2. Only the research abstracts that focus on the central themes of this year's event will be accepted and be allowed to submit the research poster.
 3. Final entries to be presented will be selected by the committee.
 4. The authors of the shortlisted studies will be notified via email in the **last week of April**.
- e. Presentation Mechanics**
1. The participants must stand beside the poster during the exhibition part on the first day of the conference. The presentation will take place during the conference on **June 4, 2025**.
 2. The participants must be prepared to respond to questions of the judges and conference attendees while viewing the poster.
 3. Proper decorum must be observed.
 4. The presenters are encouraged to wear business formal attire.
- f. Judges**
1. The panel of judges will be composed of three experts in the field of health research. The panel per category (undergraduate and professional) will be separate.
 2. The decision of the panel is final and irrevocable.
- g. Criteria for Judging**
1. The criteria for judging will be based on the following:



Criteria	Scoring
Originality <ul style="list-style-type: none"> The research is original, and the findings can provide novel contributions to the field of health research 	25%
Visual Appeal and Organization of Poster Content <ul style="list-style-type: none"> The poster is visually appealing, and the contents are organized 	25%
Accuracy and Depth of Content <ul style="list-style-type: none"> The study is consistently accurate, and the details presented must be in-depth 	25%
Presentation Skills and Responsiveness to questions <ul style="list-style-type: none"> Well responsive to questions from the judges Answers are accurate and consistent with the study. 	25%
TOTAL	100%

- In case of tie, additional evaluation criteria will be utilized, the originality of the study and clarity.

h. Prizes and Recognition

- There will be three winners from each category (professional and undergraduate): first, second, and third places.
- The winners will be announced during the second half of the second day of the conference.
- Prizes are as follows:

Professional Category

1st Place	PHP 15,000
2nd Place	PHP 12,000
3rd Place	PHP 10,000

Undergraduate Category

1st Place	PHP 10,000
2nd Place	PHP 8,000
3rd Place	PHP 5,000



PHOTOGRAPHY CONTEST

a. Description

This contest provides a platform for participants to exemplify their talent and creativity through well-captured and artistically photographed images centered on raising awareness about various aspects that correspond with the theme.

b. Entry Criteria and Eligibility

1. Senior High School and College students, staff, and faculty of current Metro Manila Health Research and Development Consortium (MMHRDC) member institutions may submit a maximum of two (2) entries.
2. Entries must have been taken between **2025 to 2026** only.
3. Entries previously submitted to MMHRDC or any other related contests will not be considered.
4. Plagiarized entries will be automatically disqualified.
 - a. Images generated by Artificial Intelligence (as a whole or in part) will not be accepted.
 - b. Light editing/treatment using popular visual graphic design applications such as Adobe Photoshop is allowed. However, any form of Artificial Intelligence (AI) mediated editing will not be allowed.
 - c. In case of doubt, the contest committee may request the raw files and/or additional proof for the photograph used by the participant.
5. All shortlisted photographs shall become the property of the MMHRDC. Official submissions grant MMHRDC the right to publish and distribute these photographs.
6. The royalty of the participant shall not apply when MMHRDC uses the photographs for promotion or management of the Consortium.
7. Participants shall be given proper credits/acknowledgment when their photos are to be used in Consortium paraphernalia and events.
8. Entry submission must include a title and a short description of the photograph, limited to 100 words only.

c. Submission Requirements

1. Photography Contest Entry Form (<https://tinyurl.com/MMHRDCxSLMC-PHOTOEF>) will be uploaded via Google Form (<https://forms.gle/SWmLPGc3e6HTLqQcA>). The entry must be initially submitted and uploaded on or before **April 1, 2026 (proposed target deadline)**.
 - a. Please follow the following details: with the following details:
 - i. Title of entry
 - ii. Name of photographer(s)
 - iii. Institutional affiliation
 - iv. Contact details
 - v. Short description of the entry (50-100 words)

Kindly name your entry file as;
LastName_InstitutionAcronym_TitleKeyword - Contest
(e.g., Corpuz_UPM_Ampalaya - Photo)



2. The photo entry/entries should be uploaded on the same Google Form. The submissions must follow print resolution requirements for screening and archival purposes:
 - High-resolution copy of the official entry (.jpeg or .png format)
 - Up to 300 dpi
 - Size 16" X 20" (high-resolution copy for printing)
3. Participants will be asked to download and sign a **Certificate of Originality** (<https://tinyurl.com/MMHRDCxSLMC-COO>) and **Consent to Publish and Distribute** (<https://tinyurl.com/MMHRDCxSLMC-CPD>) the entries without royalty fees. These will also be submitted via the same Google Form (<https://forms.gle/SWmLPGc3e6HTLqQcA>).
4. The authors of the shortlisted photo entries will be notified via email in the **last week of April**. All shortlisted entries must submit a high-quality A4 matte photo print for exhibit display by the **1st week of May** at **2205 Civic Drive, Filinvest Corporate City, Alabang, Muntinlupa City**. Please look for **Ms. Alfie Cabardo (+639217411746)**.

d. Screening Process

1. A preliminary screening process will be conducted by the members of the Research Contest Committee to properly select **ten (10) finalists**.
2. Only the entries that focus on the central themes of this year's event will be accepted.
3. Finalists will be notified via email by the **Last Week of April**. Entries selected as finalists cannot be withdrawn from the contest.
4. The selected entry (finalist) shall be considered as the official entry, further editing will be prohibited.

e. Presentation Mechanics

1. The photo print must be self-sufficient and understandable without the participant(s).
2. Final entry must be printed on a 16 x 20 matte photo paper to ensure high-quality printout.

f. Judges

1. The panel of judges will be composed of a healthcare professional, a multimedia/creative specialist, and a lay person.
2. The decision of the panel is final and irrevocable.

g. Criteria for Judging

1. The criteria for judging will be based on the following:

Criteria	Scoring
Adherence and relevance to the theme <ul style="list-style-type: none"> • Is the photograph relevant to the theme? • Does the photograph clearly depict the message it represents? 	30%
Style / Technique <ul style="list-style-type: none"> • The quality of style and technique demonstrated in the work • Does the composition, lighting, and framing provide creative visual storytelling? 	25%
Originality	20%



<ul style="list-style-type: none"> Does the photograph portray original, unusual, or uncommonly captured images? 	
Creativity <ul style="list-style-type: none"> Does the photograph portray a creative viewpoint and perspective? 	25%
TOTAL	100%

- In case of a tie, additional evaluation criteria will be utilized, such as the clarity of the presentation of the photograph.

h. Prizes and Recognition

- Three (3) winners will be chosen.
- Announcement of winners will be held during the last day of the conference on **June 5, 2026**.
- Prizes are as follows:

1st Place	PHP 5,000
2nd Place	PHP 3,000
3rd Place	PHP 2,000



HEALTH INFOMERCIAL CONTEST

a. Description

The MMHRDC Health Infomercial Contest paves a path for researchers to create short, engaging videos that educate and inform the public about topics that revolve around the theme: *"New Frontiers in Emergency Medicine and Disaster Resilience."*

Leveraging social media and multimedia, this infomercial contest empowers participants to combat health disinformation by disseminating accurate information through evidence-based audio-visual presentations.

b. Entry Criteria and Eligibility

1. Students (both SHS and Undergraduate), staff, and faculty of current MMHRDC member institutions can only submit a maximum of two (2) entries, but only one (1) entry per institution may be considered as a finalist.
2. A health-related project/initiative that aligns with the conference theme conducted within the last 3 years.
3. Audio-Visual Presentations (AVP) must be dynamic audio and video movies.
4. AVPs must have been produced between February 2024 to May 2025 only.
5. Entries exceeding three (3) minutes, inclusive of credit titles, are disqualified.
6. Due to copyright laws, music used in any entry must be original, licensed, or in the public domain. Refer to the following websites for available materials:
 - a. <https://www.pexels.com/videos/>
 - b. <https://mixkit.co/>
 - c. <https://www.videvo.net/>
 - d. <https://freesound.org/>
 - e. <https://search.creativecommons.org/>
7. Check <https://iclg.com/practice-areas/copyright-laws-and-regulations/philippines> for more copyright information.
8. Dialogue can be in any language (foreign or regional) with inclusion of English subtitles for non-English dialogues.
9. All finalist entries shall become the property of the Metro Manila Health Research and Development Consortium. Official submissions grant MMHRDC the right to publish and distribute these short films/commercials. Participants will be asked to sign a **Certificate of Originality and Consent to Publish and Distribute** the entries without royalty fees. The royalty of the participant shall not apply when MMHRDC uses the short film/commercial for promotion or management of the Consortium.

c. Submission Requirements

1. An electronic copy of the completed AVP Contest Abstract Entry Form (<https://tinyurl.com/MMHRDCxSLMC-ACEF>) and the research abstract shall be submitted via Google Form (<https://forms.gle/SWmLPGc3e6HTLqQcA>). The entry must be initially submitted on or before **April 1, 2026 (proposed target deadline)**.
 - a. Please follow this format:
 - i. Project/Initiative Title



- ii. Project/Initiative Lead
 - iii. Rationale (What problem or need was the project/initiative addressing? Provide curated evidence.)
 - iv. Goals and Objectives: (What were the specific, measurable, achievable, relevant, and time-bound objectives?)
 - v. Project/Initiative Activities (Describe key activities of the project/initiative)
 - vi. Methods (Describe methods used to implement the project/initiative)
 - vii. Results (only the highlights of results must be included)
 - viii. Conclusion/Impact (state the major conclusion/ describe overall impact)
 - ix. Keywords (up to three keywords)
- b. The abstract must be on an 8.5x11 inch size paper and must be in a PDF format.
 - c. The number of words must not exceed 300, excluding the title and name/s of project leads.

Kindly name your entry file as;

LastName_InstitutionAcronym_AVPTitleKeyword - Contest

(e.g., Corpuz_UPM_Ampalaya - AVP)

2. The entry should contain clear audio and video and must be at most 3 minutes in duration.
3. Videos must be in Windows Media Player compatible format (.mp4). Other playback programs will not be installed.
4. Video dimensions must be standard (4:3) or widescreen (16:9) with either 1080p or 720p resolution.
5. The entries must contain the basic author (proponents, college, cluster) and research information (introduction, method, result and discussion, and conclusion).
6. Please upload the video entry in Google Drive and submit the link through the Google Form (<https://forms.gle/SWmLPGc3e6HTLqQcA>).
 - Upon successfully uploading the file to Google Drive, open the file
 - Click on the "Share" button seen at the upper right corner
 - Set the General Access of the file to "Anyone with the the link can view"
 - Click on "Copy link" then submit the link on the Google Form (<https://forms.gle/SWmLPGc3e6HTLqQcA>)

d. Screening Process

1. A preliminary screening process will be conducted by the members of the Research Contest Committee to properly select ten (10) finalists.
2. Only the entries that focus on the central themes of this year's event will be accepted.
3. Finalists will be notified through email by the **last week of April**. Entries selected as finalists cannot be withdrawn from the contest.
4. The selected entry (finalist) shall be considered the official entry, further editing will be prohibited.

e. Presentation Mechanics

1. Presenters should not be on stage during the Audio-Visual Presentation. The entry should be self-sufficient and understandable without the presenter(s).

f. Judges



1. The panel of judges will be composed of a healthcare professional, a multimedia/creative specialist, and a lay person.
2. The decision of the panel is final and irrevocable.

g. Criteria for Judging

1. The criteria for judging will be based on the following:

Criteria	Scoring
Accuracy of information (20%) <ul style="list-style-type: none"> • Scientific validity of health information presented Clarity and Understanding (10%) <ul style="list-style-type: none"> • Logical flow and organization of information and effectiveness of conveying message Relevance and Impact (10%) <ul style="list-style-type: none"> • Relevance to target audience 	40%
Creativity (10%) <ul style="list-style-type: none"> • Effective use of storytelling and skillful use of visuals, sound, and editing to enhance the message Originality and Innovation (10%) <ul style="list-style-type: none"> • Unique concept and innovative approach to presenting health information Visual Appeal (10%) <ul style="list-style-type: none"> • Effective use of visuals to enhance the message Auditory Appeal (10%) <ul style="list-style-type: none"> • Quality of audio production including sound effects, music, and narration 	40%
Theme Alignment <ul style="list-style-type: none"> • The AVP should stick to the said theme as much as possible 	10%
Educational Value <ul style="list-style-type: none"> • AVP should be informative and promotes understanding of health concepts 	10%
TOTAL	100%

2. In case of a tie, the judges will engage in a final discussion and vote.

h. Prizes and Recognition

1. Three (3) winners will be chosen.
2. The announcement of winners will be held during the last day of the conference, **June 5, 2026**.
3. Prizes are as follows:

1st Place	PHP 20,000
2nd Place	PHP 15,000
3rd Place	PHP 10,000



<p>People's Choice Award (determined by the highest number of votes via QR code voting)</p>	<p>PHP 5,000</p>
--	-------------------------



REMINDERS

1. Travel, accommodation, and per diem expenses shall be charged to the sending institutions or the participant(s).
2. Participant(s) will be contacted if the committee has additional clarifications and concerns.
3. Event registration fees of only the principal proponent/leader will be waived.



TEMPLATES

Contest	Link to template
Research Paper Oral Presentation Contest - Abstract Entry Form	https://tinyurl.com/MMHRDCxSLMC-OAEF
3-Minute Pitch To Policymakers Contest - Policy Brief Entry Form	https://tinyurl.com/MMHRDCxSLMC-3MPEF
Research Paper Poster Contest - Abstract Entry Form	https://tinyurl.com/MMHRDCxSLMC-PAEF
Photography Contest - Entry Form - Consent To Publish And Distribute - Certificate of Originality	https://tinyurl.com/MMHRDCxSLMC-PHOTOEF https://tinyurl.com/MMHRDCxSLMC-CPD https://tinyurl.com/MMHRDCxSLMC-COO
Health Infomercial Contest - AVP Contest Entry Form	https://tinyurl.com/MMHRDCxSLMC-ACEF



Research Paper Oral Presentation Contest

ABSTRACT ENTRY FORM (via Google Form)

Link to template: (<https://tinyurl.com/MMHRDCxSLMC-OAEF>)

(1) Title of the Research:	
(2) Author(s): <i>(please add more rows if necessary)</i>	
Corresponding Author:	
(3) Institutional Affiliation:	
(4) Contact Details:	
Complete Mailing Address (Principal Investigator):	finalist
Email Addresses/Contact Numbers:	
(5) Category:	
<input type="checkbox"/>	Undergraduate
<input type="checkbox"/>	Professional
(6) Is the research published or has been submitted for publication?	
<input type="checkbox"/>	Yes, please specify: _____
<input type="checkbox"/>	No
(7) Is the research approved by an ethics review board?	
<input type="checkbox"/>	Yes, please specify the REC: _____
<input type="checkbox"/>	No
(8) Has the research received any funding?	
<input type="checkbox"/>	Yes, please specify: _____
<input type="checkbox"/>	No
(9) Statement of conflict of interest	
<input type="checkbox"/>	I have no conflict of interest.
<input type="checkbox"/>	I have a conflict of interest. Please specify the reason: _____
(10) Abstract:	
Background of the Study:	
Objective(s):	
Methods:	
Results	
Discussion (including conclusions and recommendations):	
Keywords (please provide three):	



3-Minute Pitch To Policymakers Contest

**3-MINUTE PITCH TO POLICY MAKERS CONTEST
ENTRY FORM**

**to be downloaded and submitted via Google Form*

Link to template: <https://tinyurl.com/MMHRDCxSLMC-3MPEF>

(1) Title of the Research:	
(2) Author(s):	
Corresponding Author:	
(3) Institutional Affiliation:	
(4) Contact Details:	
Complete Mailing Address (Principal Investigator):	
Email Addresses/Contact Numbers:	
(5) Is the research approved by an ethics review board?	
<input type="checkbox"/> Yes, please specify the IRB: _____	
<input type="checkbox"/> No	
(6) Has the research received any funding?	
<input type="checkbox"/> Yes, please specify: _____	
<input type="checkbox"/> No	
(7) Statement of conflict of interest	
<input type="checkbox"/> I have no conflict of interest.	
<input type="checkbox"/> I have a conflict of interest. Please specify the reason: _____	
(8) Policy Brief Guideline:	
<p>Policy Brief Based on Research Results and Outputs</p> <ul style="list-style-type: none"> ■ Do not exceed 1,500 words or three pages in length (excluding reference). ● You may include tables or figures and limit texts ■ Include only essential information. ■ Avoid tangents or being overly descriptive about methodology. ■ Clearly identify the salient points that support your goal. ■ Purpose-driven instead of summarizing or cutting down an existing report. ■ Use plain language. 	



POLICY BRIEF ENTRY FORM (FORMAT)
(Do not exceed 1,500 words or two pages in length)

TITLE:

EXECUTIVE SUMMARY:

INTRODUCTION:

KEY FINDINGS:

RECOMMENDATIONS:

CONCLUSION:



Research Paper Poster Contest

ABSTRACT ENTRY FORM (via Google Form)

Link to template: (<https://tinyurl.com/MMHRDCxSLMC-PAEF>)

(1) Title of the Research:	
(2) Author(s): <i>(please add more rows if necessary)</i>	
Corresponding Author:	
(3) Institutional Affiliation:	
(4) Contact Details:	
Complete Mailing Address (Principal Investigator):	
Email Addresses/Contact Numbers:	
(5) Category:	
<input type="checkbox"/> Undergraduate	
<input type="checkbox"/> Professional	
(6) Is the research published or has been submitted for publication?	
<input type="checkbox"/> Yes, please specify: _____	
<input type="checkbox"/> No	
(7) Is the research approved by an ethics review board?	
<input type="checkbox"/> Yes, please specify the REC: _____	
<input type="checkbox"/> No	
(8) Has the research received any funding?	
<input type="checkbox"/> Yes, please specify: _____	
<input type="checkbox"/> No	
(9) Statement of conflict of interest	
<input type="checkbox"/> I have no conflict of interest.	
<input type="checkbox"/> I have a conflict of interest. Please specify the reason: _____	
(10) Abstract:	
Background of the Study:	
Objective(s):	
Methods:	
Results	
Discussion (including conclusions and recommendations):	
Keywords (please provide three):	

Note: Please do not manipulate the format of this entry form. Use Times New Roman as the Font style and 12 as the Font size.



Photography Contest

**PHOTOGRAPHY CONTEST
ENTRY FORM**

Link to template: (<https://tinyurl.com/MMHRDCxSLMC-PHOTOEF>)

(1) Title:	
(2) Name of Photographer(s): <i>(please add more rows if necessary)</i>	
(3) Institutional Affiliation:	
(4) Contact Details:	
Complete Mailing Address (Representative)	
Email Addresses/Contact Numbers:	
(5) Description: <i>(provide a 50-100 word description of the photography)</i>	
<p>Note: Submit your photo entry/entries by uploading them on the Google Form. Please take note of the image requirements:</p> <ol style="list-style-type: none"> 1. Should be .jpeg or .png format 2. Up to 300 dpi 3. Size 16" X 20" (high resolution copy for printing) 	



PHOTOGRAPHY CONTEST

CONSENT TO PUBLISH AND DISTRIBUTE

**to be downloaded and submitted via Google Form*

Link to template: (<https://tinyurl.com/MMHRDCxSLMC-CPD>)

I, _____, hereby authorize Metro Manila Health Research and Development Consortium (MMHRDC) to copy and make use of the photograph to be used as promotional materials and for the management of the consortium.

I hereby acknowledge that I will not be entitled to any payment or any sort of charge for such action.

I hereby authorize the use of my photograph for, but not limited to, publication on the internet, magazines, journals, books, articles, etc, provided that it is done for lawful purposes.

Upon the usage of my photographs, I consent to such materials becoming the sole property of the Metro Manila Health Research and Development Consortium (MMHRDC) provided that I, as the photographer, will be given proper credits.

Furthermore, I hereby waive my rights to any royalty fees or other compensation with regard to the usage of the photograph referred to in this form.

Name: _____

Photograph Title: _____

Date: _____

Signature: _____



PHOTOGRAPHY CONTEST

CERTIFICATE OF ORIGINALITY

**to be downloaded and submitted via Google Form*

Link to template: (<https://tinyurl.com/MMHRDCxSLMC-COO>)

This is to certify that the [Title of the Work], created by [Name of Participant], is original and solely produced by the creator's own efforts without any infringement of copyrights or intellectual property rights.

The creator declares that:

1. The work described herein is entirely original and has not been previously published or derived from already published works, whether in part or in whole.
2. The creator holds all rights, title, and interest to the work, encompassing all copyrights or intellectual property rights.
3. There are no prior agreements, licenses, or obligations that could hinder the creator from asserting their rights to the work.
4. The work does not contravene upon the intellectual property rights of any third party, including copyrights, trademarks, or patents.

This certificate serves as evidence for the purpose of establishing the originality and authenticity of the [Title of Work], and to attest as legal documentation of the creator's rights.

Date of Creation: _____

Signature of Creator: _____



HEALTH INFOMERCIAL CONTEST

Audio-Visual Presentation

Entry Form

**to be downloaded and submitted via Google Form*

Link to template: <https://tinyurl.com/MMHRDCxSLMC-ACEF>

(1) Title:	
(2) Author/Proponent(s): <i>(please add more rows if necessary)</i>	
(3) Institutional Affiliation:	
(4) Contact Details:	
Complete Mailing Address (Representative)	
Email Addresses/Contact Numbers:	
(5) Abstract	
Rationale	
Goals and Objective(s):	
Project/Initiative Activities	
Methods:	
Results:	
Conclusion/Impact	
Keywords:	
(6) Official Entry:	
<i>-HD file (mp4 file format)</i>	



SUBMISSION DETAILS

Kindly refer to the Google form submission link below for the submission of abstract entry forms, policy brief entry form, and/or	
Google Form Submission Link:	https://forms.gle/SWmLPGc3e6HTLqQcA
Kindly refer to the official event's email below for the submission of full manuscripts and contest materials.	
Submission Email:	mmhrdc.slmc.2026symposium@gmail.com

For further inquiries, please contact:

Official Event Email	mmhrdc.slmc.2026symposium@gmail.com
Mark Ulysses A. De Leon MMHRDC Secretariat	Viber: 09062363740
SLMC (to be coordinated)	Address: (to be coordinated)
	Contact number: (to be coordinated)