

Bath Salts for Mother's Day

Materials

Small decorative jar
Sea salt or table salt
Fragrance
Food coloring
Closeable plastic bag
Ribbon, flowers, etc
Poem
Bubble Wrap

Directions

Pour $\frac{1}{2}$ cup salt into several bags. Add 6 drops of glycerin, 3-4 drops of food coloring, and 3 drops of essential oil. Close bags and knead them until colors are mixed. Spoon layers of different colors until jar is full. Poke with a long object (like a skewer) to form a design on outside. Seal and decorate. Wrap in bubble wrap tied with ribbon. Give to mom with a handmade card with "poem"(below). Use $\frac{1}{4}$ cup salt per bath.

When Motherhood gets difficult
And you'd like to slip into a coma-
Don't! Instead, slip into a bathtub
And be renewed by the aroma
Of this gift for Mother's Day
Lovingly made by your child.
Just soak away those tensions
until you feel mellow and mild.
Happy Mother's Day!!

More Mother's Day ideas at:

<http://www.makingfriends.com/mothers%20day%20gifts.htm>

<http://familyfun.go.com/mothersday/>