## Are you having a problem or know someone who is?

Bullying, Depression, Anxiety, Self Harm, Suicidal Thoughts...



National Suicide Hotline (available 24/7)
Phone #: 988

Text HOME to 741741, anonymous, free counseling.

RHA Mobile Crisis (available 24/7)
will provide a trained response team to come to you
Phone #: 1-888-573-1006

Meridian Walk In Clinic
located in Brevard in the offices above Dugan's
69 North Broad Street
Brevard NC 28712
Call prior to arrival to ensure that someone is available to assist
828-883-2708

## Say Something App

This app can be downloaded on any mobile device or accessed on any computer. The app is monitored 24/7 and will alert school administration of any concerns.

You can always visit your local Emergency Room or call 911 with any immediate concerns!

Speak up! Help is available!

## **Alcohol & Substance Abuse**

## **Alcoholics Anonymous**

70 Woodfin Place Asheville, NC 28801

Phone: 1-800-524-0465

\*Available 24 hours every day Website: <a href="https://www.aabrevardnc.org">www.aabrevardnc.org</a>

#### **Narcotics Anonymous**

214 N. Broad St, Brevard, NC 28712

Phone: 866-925-2148 Website: <u>www.wncna.org</u>

## **Basic Needs Resources**

## **Salvation Army**

126 N. Caldwell St, Brevard, NC 28712

Phone: 828-862-6518

## **Sharing House**

164 Duckworth Ave, Brevard, NC 28712

Phone: 828-884-2866

Website: www.sharinghouse.org
(Food, clothing, financial assistance,
Christmas assistance, Wheels to Work,
Getting Ahead, household items,
showers/camping equipment for
homeless, Back to School supplies,
monthly "Laundry Day" at Laundromat)

#### MANNA Foodbank

Food Pantry Locations for Transylvania County listed on website below <a href="https://www.mannafoodbank.org/where-t">https://www.mannafoodbank.org/where-t</a> o-get-help/food-finder/

### **Brevard Housing Authority**

133 W. Morgan St, Brevard, NC 28712

Phone: 828-884-2146

#### The Haven

240 S Caldwell St, Brevard, NC 28712

Phone: 828-877-2040

Website: www.havenoftc.org

# **Domestic and Sexual Assault**Hotline

## **SAFE of Transylvania County**

515 N Broad St #1, Brevard, NC 28712

Phone: 828-885-7233

## RAINN National Sexual Assault Hotline

Phone: 1-800-656-4673

\*Available 24 hours every day

## **Other**

#### **Mediation Center**

137 N Broad St, Brevard, NC 28712

Phone: 877-559-5136

Website: <a href="https://mediatewnc.org/">https://mediatewnc.org/</a>

Therapy and Counseling Resources are available in your school counseling office or speak with your healthcare provider to get the most up to date listing for your situation.