

Exploring LGBTQ+ Access to Public Mental Health Services

This study aims to identify barriers and facilitators that may be experienced by LGBTQ+ individuals when attempting to access public mental health services, such as NHS Talking Therapies. Charity-based public mental health services (e.g., MIND counselling) and support groups held at local facilities (e.g., at a youth centre, community hub, or a place of worship) are also included.

To participate, you must identify as LGBTQ+, be 18 years of age (or older), and you need to have attempted accessing a public mental health service within the past year.

The study entails a short screening survey which will be followed by an interview request (either online or in-person) made by the investigator.

If you are interested in participating, then please scan the provided QR code to access the questionnaire. Alternatively, you can contact the investigator at

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This study and its protocol have received full ethical approval from Northumbria University College of Reviewers (REF 8844).