



## High School Retreat 2024

Dear Students and Parents/Guardians,

The high school staff at the City campus have organized the first week of school in a series of activities and experiences that are aimed at giving students a smooth start to the school year, getting them to bond with peers and teachers and giving them insights into the milestones of the high school programme.

During the first week, **DP students** will stay overnight for 2 nights at [Danhostel, Ishøj](#), Wednesday, 13<sup>th</sup> and Thursday, 14<sup>th</sup> August. We leave directly from school at noon on Wednesday, so students should come to school prepared. Bring your own snack and lunch for the day.

**MYP 5 students** will stay overnight for 1 night on Thursday the 14<sup>th</sup>. We leave directly from school on Thursday. Bring your own snack and lunch for the day.

Students will be released from Ishøj Station on Friday the 15<sup>th</sup> at 13:30. If you would like to return to the City Campus with a teacher that will be possible and dismissal will be at approximately 14:30. Once in the hostel, food will be provided and there will be options for vegetarians and non-vegetarians (including halal).

**ALL** students should fill out the **survey** below by Tuesday, 5th August, about emergency contact, medical information and dietary needs. Please be aware that if you do not provide us with appropriate information a default option will be vegetarian.

[MYP5 Survey Form](#)

[DP1 Survey Form](#)

[DP2 Survey Form](#)

The detailed schedule for the retreat will be shared on the first day of school.

MYP 5A	Paulina Kucharska ( <a href="mailto:pkucharska@ish.dk">pkucharska@ish.dk</a> )
MYP 5B	Sarah Petersen ( <a href="mailto:spetersen@ish.dk">spetersen@ish.dk</a> )
DP 1	Maria Kadar ( <a href="mailto:mkadar@ish.dk">mkadar@ish.dk</a> ) and Olivia Biagetti ( <a href="mailto:obiagetti@ish.dk">obiagetti@ish.dk</a> )
DP 2	Agnieszka Ceren ( <a href="mailto:aceren@ish.dk">aceren@ish.dk</a> ) and Pune Thomas ( <a href="mailto:pthomas@ish.dk">pthomas@ish.dk</a> )

The trip costs 1300 DKK for DP students and 650 DKK for MYP 5 students. Please note that this is not refundable.

Checklist for packing:

- **Pillow case, duvet cover, and sheet**
- Laptop (only DP 2 students)
- Appropriate clothing including waterproof shoes/boots in case of rain
- Sunscreen and Mosquito repellent
- **Towel** and toiletries
- Snacks - **there will be no opportunity to go shopping**, so come prepared

We expect every student to be on their best behavior during this trip. Please read and sign the behavior agreement form included with this letter and return it on Tuesday, 12th August.



## STUDENT BEHAVIOR AGREEMENT

### HIGH SCHOOL RETREAT TRIP

14-16 August 2024

I agree to the following rules:

1. I understand that participation in the retreat and all activities form a part of the high school curriculum and are therefore mandatory.
2. If I am showing flu-like symptoms (fever, cough, shortness of breath), I will stay at home. If I know that I have possibly been exposed to covid I will take a test and only go to camp if I have received a negative test result.
3. I will not leave the group during activities without informing the activity supervisors.
4. I must have permission to travel without ISH supervision.
5. I will not leave the premises of the retreat.
6. I will not enter the water without permission.
7. Valuables including wallets, purses, jewelry, electronic or electrical equipment are my personal responsibility and no one else will have any liability.
8. I will switch on my mobile phone only when permitted: I will not use my mobile phone at mealtimes, whilst traveling, or during social activities .
9. Between 22.00 and 07.00 I shall sleep in my room without disturbing others.
10. I will keep my room and bathroom clean and tidy.
11. I will not carry or consume any drugs, alcohol, or cigarettes/vapes.
12. I will not carry anything that might be construed as a weapon or cause harm.
13. Participation in evening activities (football, barbecue etc.) is expected.
14. I have informed the supervisors about any necessary medication or allergies.
15. I know the address of our hotel/accommodation.
16. I agree that evening meals will be eaten together as a group.
17. I agree to bring and be responsible for my ID Card.
18. I know that breaching these rules means I shall be sent home by taxi at my own expense.
19. The Supervisor's decision is **final** and cannot be overruled.

Student Name:

Signature:

Date:

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