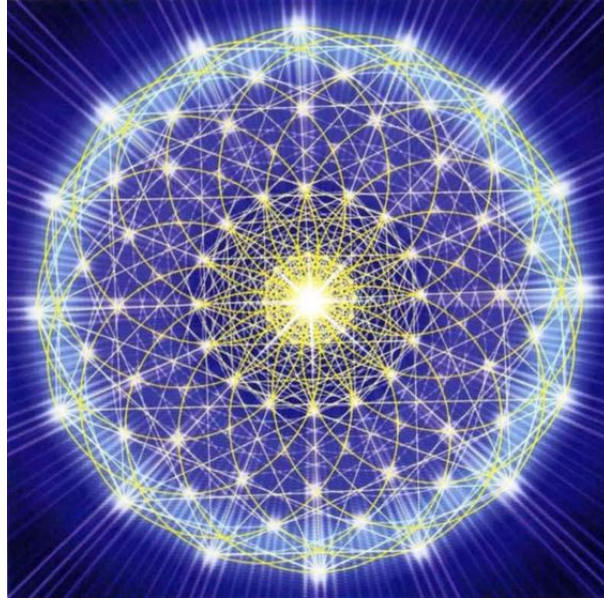




Ascended Masters Blue Ray of Light Study Guide

Beyond our ancestors, angels and spirit guides are there any guides willing to help us reach enlightenment? Willing and ready to help bring humanity into the next dimension and achieve harmony with one another and all that is? The answer is a resounding YES. They are called Ascended Masters in the spiritual community.

Before we go any further with ascended masters we must discuss the difference between ascended masters and spirit guides. There is a difference between the two even though this is a place of difference within personal practice. Some consider ascended masters simply a type of spirit guide and some do not. I follow the path that they are not.

The main difference between spirit guides and Ascended Masters, is that the Ascended Masters have fully ascended, while spirit guides have not.

Ascended Masters are free from the wheel of karma and the cycle of death and rebirth. Now, from the realms of spirit they continue to walk their ascension path. Many Ascended Masters also choose to support and guide people on their ascension paths.

Disclaimer: Not every single spirit we encounter will be an official Spirit Guide. Sometimes, they're just friends or family members visiting us or sending their messages. This is equally as beautiful and welcomed!

TO learn more about spirit guides, you can read more here in the study guide from class
I

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What is an Ascended Master?

The *term* “Ascended Masters” is somewhat new but the *concept* is ancient and crosses cultures worldwide. This group of spiritual beings has been guiding us since the beginning of time. It’s just that they’ve been called something else, including bodhisattvas, gods, saints, light elves, valkyries, the Hidden Company, psychopomps, the Mighty Dead, the Great White Lodge, archangels, Tzaddikim, archetypes, the galactic council and loa and more. As you learn more about these Ascended Masters, you’ll notice they can all be

classified as something else. But the truth is, they are all elevated souls that are committed to helping humanity in its ascension.

Some were incarnated in a human body, while others have never incarnated. For those who came into an earthly body, after death they merged with their higher selves, sometimes called “light bodies” (Penczak, Ascension Magick). If we were to define a spiritual hierarchy between us and the Divine/Source, Ascended Masters would lie in between...in the middle. They are, essentially, mediums or channels of the Divine. And we can reach out and connect with these Ascended Masters in order to receive the Divine’s blessings and enlightenment.

In this way Ascended Masters will act as guides, but their teaching is of the highest possible vibration and focused on ascension- helping you to raise your vibration and expand your consciousness.

In the past some thought to have an Ascended Master as a guide was rare, and something reserved only for “advanced, old souls... But today it's not rare at all.

Today, we live in ascension times and everyone I've ever met, or seen or heard of, has had at least one Ascended Master with them.

You see, prior to your birth, you aligned with a team of guides, angels and Ascended Masters. These spiritual beings are always near and are able to support your life and help you on your ascension path in miraculous ways.

Ascended Masters are powerful allies because they have walked a path similar to the one you’re on now, and now that they’ve mastered it, they’re more than happy to help show you the way.

One important thing to keep in mind is that Ascended Masters, although further along on the ascension path, don't consider themselves to be any “better” or “superior” to

you. They see you as being equal, and more accurately, they see you as being One. Their ultimate goal is to help you fully awaken to your Ascended Self.



How Karma Relates To Ascended Masters

We all have karma or some version of it, with the word “karma” meaning “to learn” which implies we all have lessons to learn. Which can be carried over from past lives and actions you've taken during your current life.

However, with every pure action, you take from a soul level, for the greater good coming from love.

This begins the process of clearing any “karmic debt” and putting you on the path to ascension and ending the karmic cycle of having to reincarnate in a physical human form.

Why Ascended Masters Have Special Gifts

And you might be wondering...well if angels are available to help guide and protect me, what are the benefits of contacting ascended masters.

Well here's the interesting part, unlike angels and many different types of spirit guides, the ascended masters have already learned from their karma in this physical domain. By mastering their mind, body, emotions, and spirit, causing them to ascend to higher spiritual realms.

Why It's Worth Listening To The Ascended Masters

Aligning with divine qualities and their true soul's purpose and perspective, ascending above the limited views of the ego. Which has led to their enlightenment and ascending this physical realm.

Which makes them not only divine wise beings but, they're also spiritual teachers that understand through their own experiences the struggles and challenges that you are going through. Including heartbreak, betrayal, not understanding your true worth as a spiritual being, and how your temporary human form is just a drop in the ocean. The ocean that we are all connected by as one, temporary being expressed as a single drop.

How Ascended Masters Can Help Protect You

Usually, most people will find that they feel more deeply connected with one to three different ascended masters. Which could be Jesus, Buddha, St. Germaine, and Mother Mary to name a few examples.

And by connecting to the ascended masters you feel a deeper connection with, they will help you raise your frequency, and by keeping your own space safe and secure.

They will also help you understand the importance of creating shields of protection. How to create them including how to keep safe and allow love and light to flow even with people that don't want to reciprocate.

And here's the interesting part, we can channel and receive their divine guidance, and since the ascended masters have dealt with the same struggles during some of their

physical carnations. They know exactly what you need to ascend and grow spiritually. And the best part is they will even guide you with removing negative energetic links

Now I feel because we are talking about ascended masters we must also talk about the belief and concept of the galactic federation of light. This belief permeates the pagan, witchcraft and spiritual communities and I believe needs some mentioning. It can be interwoven and not everyone agrees on all details of it. This is the basics and most widely accepted.



The Galactic Federation of Light

Ascended Masters are able to help humanity from the higher dimensions once they have ascended and often perform miracles and because they have kept their body they can occasionally appear back on Earth in a body for short periods. They all belong to the 'Galactic Federation Of Light' which contains ascended masters from thousands of other planets and cultures. They are humanities representatives at these councils.

One viewpoint on them is from Teal Swan who explains that the ascended masters are just “thought forms (personalities) that are being fed by universal consciousness for the benefit of the ascension and expansion of mankind.” She encourages us to think of them like spirit guides, except they are here to assist the progression of mankind as opposed to a specific individual. “They are being fed by both individual and collective consciousness, meaning that they become incredibly powerful discarnate beings.”

There are millions of ancient and modern ascended masters. Some have completely disappeared from human consciousness as they existed aeons ago. Most of them inhabit the 6D frequency. During this period in history, to assist with the ascension of humanity, the ascended masters are more active.

Every person on the planet has a ‘principle’ Ascended Master who works with them during their lifetime and each Master resonates with a specific level of ascension attained and has a specific color or ray allocated to it.



Seven rays

By understanding and following the path of the seven rays with the assistance of the ascended masters. You will know the once hidden secrets of the 7 rays and their

qualities. Which are manifestations of the oneness we are all connected to and come from, and how to use them to accelerate your spiritual growth. Including assistance with almost anything else in your life, you desire including, healing, finding purpose, love, and more.

The seven rays are subdivisions that make up the main source of energy that we all come from and are linked to the oneness of all that is. The seven rays are an expression from the creator, God, the divine and qualities of the oneness everyone and everything comes from. The seven rays are living intelligent sources of divine light that give life to everything in the universe.

Each ray is governed by a Chohan (lord) also known as an ascended master that Rules over that ray.

Chohan' originates from Tibetan Buddhism and is often translated as 'Lord' or 'Master.' In the context of Ascended Masters and the Seven Rays of Light, a Chohan is seen as the steward or overseer of a particular ray, embodying its qualities and guiding its use in the spiritual development of humanity.

Even though there is a lot behind the teachings of the seven rays that go far back in history. The main teachings are that each of the rays contains lessons for different paths of spiritual growth. And by learning all of these lessons you will understand and embody divine unconditional love.

There is currently a huge energetic shift happening on our planet and by being out of alignment or not learning the lessons from every ray. This will cause you to feel like something is missing or unstable in your life, even if on the surface by cultural standards you have everything together and are "successful".

The Blue Ray of Light

So, let's start with doing a deep dive into the blue ray of light. Some will argue the order of the rays of light. I have seen the blue ray typically listed as either the first or the second ray.

The blue ray is known as the Ray of Will and Power, holds a unique position within the spectrum of the Seven Rays. It represents the driving force behind creation and symbolizes the divine will in action. It is a manifestation of purpose, determination, leadership, and the power to act in alignment with one's higher self.

This ray of light is the one to really truly guide you to your path, your intuition and to give you clarity. It anchors you in purpose, strength, and understanding the divine will of the universe.

The energy of this Flame is the first and final synthesis, the source of all the other energies. The Blue Flame is in the core of the very strength and energy. The first Ray is represented in the power of intent, cause, direction, centralization and unity, and its keynote is will - Divine Will. The basic qualities of the Blue Flame are manifested through the energies of power, strength, faith and protection.

Qualities, Attributes, and Symbolism

Qualities & Attributes

Each ray has its own specific qualities, attributes and symbolism for you to be able to connect to and work with. The specific qualities, attributes, and symbolism of the blue ray are listed below

Willpower: Emphasizes strong determination and the ability to overcome obstacles.

Leadership: Fosters the qualities necessary for effective leadership and decision-making.

Courage: Encourages bravery and resilience in the face of challenges.

Symbolism

Color: The First Ray is associated with the color blue, symbolizing clarity, focus, and depth.

Element: Often connected to the element of fire, representing transformative power.



The Blue Ray Masters

The Blue Ray ascended masters are brilliant beacons of light; shining and sharing their soul essence through unconditional love on all levels. They are here to be of service in high vibrational ways, working with many unique gifts to support change. They love to guide people in powerful ways back to the wisdom within them; so they re-remember why they are here and how they can shift and lift their light through clear communication, meditation and inspired intention.

Blue ray ascended masters are the teachers of all teachers – most have walked difficult, challenging and even heart-breaking paths of hurt or pain to now hold the capacity to be fully present with the pain body of another beautiful soul and allow them

to feel seen, heard, acknowledged and understood. Offering a huge heart space of love for healing and transformation to occur.

The Blue Ray ascended masters are the Spiritual Navigators of the Divine Plan. Activating the Heart-Centered Blueprint through healing, communicating, Light language, meditation and many more powerful modalities. They are the bearers of the light that will lead the way for souls to navigate their own inner realms, knowing it is Love that lightens the load, brightens the road and illuminates the Divine direction for all souls to fully complete their creative contract upon this planet.

There are countless ascended masters that we can call on and work with throughout history and cultures. So, remember if you feel a different ascended master fits this ray of light for you and you can connect to them better, do it! But, next we will talk about the most prominent and popularly used ascended master of the blue ray of light. If you want a list to help you start you can read about many here in the previous classes study guide;

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Chohan: Master El Morya

Master El Morya, the Chohan presiding over the blue Ray, embodies the qualities of courage, determination, and unwavering focus. A spiritual leader and guiding light, Master El Morya assists those on the path to aligning their personal will with the divine intention.

Ascended Master El Morya is credited as one of the founders of Theosophy, the Chohan of the blue ray, and serves as the chief of the Darjeeling Council within the Great White Brotherhood.

He embodies and personifies the divine attributes of courage, certainty, power, forthrightness, self-reliance, dependability, faith, and initiative earning him the title of “Master of Divine Will.”

According to Elizabeth Clare, Prophet Lords of the Seven Rays: Seven Masters: Their Past Lives and Keys to Our Future, El Morya attained spiritual mastery through lifetimes of selfless service and the pursuit of divine wisdom. Throughout his incarnations, Master El Morya demonstrated an unwavering commitment to spiritual development, seeking wisdom, and serving humanity in different roles.



Akbar the Great

In one of his significant past incarnations, El Morya is believed to have been the renowned Akbar the Great, the Mughal Emperor of India during the 16th and early 17th centuries.

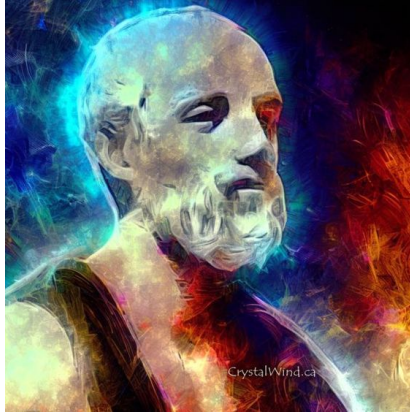
Akbar is celebrated for his progressive policies, religious tolerance, and efforts to promote unity among diverse communities. His emphasis on learning and spiritual

wisdom resonated with El Morya's quest for higher knowledge and universal brotherhood. As Akbar, El Morya played a pivotal role in nurturing cultural and intellectual exchange, leaving a legacy of openness and harmony in his wake.



Abraham

In another incarnation, El Morya is associated with the biblical figure of Abraham. Revered as the patriarch of monotheism, Abraham's unwavering faith in the one true God and his willingness to follow divine guidance serve as archetypal examples of spiritual dedication. Just as El Morya's teachings emphasize the importance of trust in the divine and the power of faith, Abraham's journey symbolizes the path of surrendering to the higher will and embracing the call of a higher purpose.



Melchior

Melchior is traditionally known as one of the Three Wise Men or Magi who journeyed from the East to present gifts to the newborn Jesus. As one of the Wise Men, Melchior's gifts symbolize spiritual qualities—gold representing wisdom, frankincense signifying devotion, and myrrh denoting sacrifice. These attributes are consistent with the teachings associated with El Morya and the pursuit of self-realization.



King Arthur

Another notable incarnation attributed to El Morya is King Arthur, the legendary British leader known for his noble qualities, strong leadership, and commitment to upholding

justice and chivalry. The tale of King Arthur and his Knights of the Round Table exemplifies El Morya's embodiment of the Father principle, where courage, power, and a sense of responsibility guide the actions of a just and righteous ruler.



Thomas More

The incarnation of Thomas More, the 16th-century English lawyer, philosopher, and statesman, is also attributed to El Morya in Theosophical teachings. Known for his unwavering commitment to his principles and faith, Thomas More's life and tragic martyrdom exemplify the qualities of courage and integrity associated with the blue ray—the domain of El Morya's spiritual influence. The steadfast defense of his conscience and beliefs amidst political turmoil showcases the resilience and leadership characteristic of El Morya's guidance. As he continued to refine his spiritual nature through each incarnation, El Morya attained the level of spiritual mastery required for ascension.



El Morya, Founder of Theosophy

Master Kuthumi

Around 1898, El Morya achieved ascension, which marked a significant accomplishment in his spiritual path. This was the result of years of devoted work and partnership with Master Kuthumi (or Koot Hoomi) in creating and supporting the Theosophical Society. Alongside Ascended Master Kuthumi, El Morya worked tirelessly to lay the groundwork for the Theosophical Society. Their joint efforts aimed to introduce the world to the esoteric truths and ancient wisdom that underpin spiritual evolution and the interconnectedness of all life. El Morya's partnership with Master K.H. brought unique strengths and qualities to the establishment of the Society.

While Kuthumi was known for his profound insights into spiritual philosophy and compassion, El Morya brought a distinct sense of order, leadership, and practicality. His godly attributes of courage, certainty, and power were evident in his role as a leader, providing essential guidance and direction during the Society's early stages. El Morya and Koot Hoomi mentored and inspired key individuals within the Theosophical Society, including Helena Petrovna Blavatsky and William Quan Judge.

According to Blavatsky, these Masters communicated with her through a variety of means, including astral projection, dreams, and even direct physical manifestation.

Through these interactions, Kuthumi and El Morya are said to have provided Blavatsky with spiritual insights and instructions, which she then incorporated into the foundational principles and teachings of the Theosophical Society.

While he ascended in the early 20th century, El Morya's influence and guidance persists. His spiritual presence continues to be felt, inspiring individuals to embrace the virtues of courage, faith, and self-reliance as they tread the path of spiritual growth and realization.

How to Connect with the blue Ray

Connecting to ascended masters can be easier than you might think. Being that the Ascended Masters are ascended, it only makes sense that we work on our own ascension in order to fully connect with them.

The first way we can do this is to raise our vibration. How do we raise our vibration? We hear this phrase a lot in the magical community but often no explanation as to how to actually do it. First thing is purification. Of body, mind, and soul. This means releasing toxic habits and people from our lives. Clearing our minds of negative thought patterns. And purifying our souls through energy work and cleansing rituals. In addition, here's how else we can raise our vibrations and work with the Ascended Masters



Meditation

Meditation is when we are in a state of reception. We quiet our minds, bodies, and souls enough to hear the Divine speak to us. We allow the Ascended Masters to show us things, teach us, heal us, communicate with us. Even if you think you're bad at meditation, I promise you're not. It takes practice and time. Try guided meditations. Try different kinds of music and atmospheres. You'll find the right combination. Also make sure you are grounding regularly to help replenish energy to be able to meditate.



Become Reiki Attuned

It not only helps heal and soothe others, it has helped me heal myself in so many ways. In addition to having divine energy flowing through you, being a channel of the Universe allows you to be open to all the Universe wants to give. This includes becoming attuned to a specific Ascended Master.

Visualizations

Visualize and work with the color blue through visualizing having the blue energy around you and in your sacred space. You can visualize the color blue to have it included in any shadow work, meditation, spell work, and ritual work as well. Below is a visualization to help you start connecting with the color blue.

In a quiet, meditative space, close your eyes and begin to visualize a brilliant blue light surrounding you.

Focus on the sensation of the blue color, feeling its power, clarity, and depth.

Imagine it permeating your entire being, aligning you with the energy of the blue ray.

Blue Flame

Another visualization you can do is working specifically with the blue flame to connect to the blue ray of light. Below is listed a short meditation to help get you started.

Visualize a vibrant blue flame in the center of your heart or the palm of your hand. Feel its warmth, vitality, and strength. Allow this blue flame to ignite your inner courage, leadership, and willpower, enhancing your connection to the blue rays energies.

Affirmations

Another way to work with the rays of light is something most of us are familiar with; which is affirmations. Affirmations can be used with almost any and all energies you want to connect to and work with. They do this in a lot ways but, mainly by helping us stay in tuned and aligned with those energies on a more constant and consistent basis.

Willpower

“I am aligned with the strength and determination of the First Ray. My willpower guides me to achieve my highest potential.”

Courage

“With the courage imbued by the First Ray, I fearlessly pursue my path, embracing challenges as opportunities for growth.”

Leadership

“I embody the leadership and authority of the First Ray, guiding myself and others with wisdom, integrity, and purpose.”

Life Applications

Decision Making: Apply the principles of the First Ray in making confident and wise decisions.

Leadership Roles: Embrace the qualities of leadership and courage in personal or professional life.

Spiritual Alignment: Work on aligning personal will with divine will to achieve spiritual growth and harmony.

Other ways include to work with any of the rays of light include; Astral travel, entering the akashic records, scripting, calling to them in ceremony and ritual, shadow work, divination, study and research, adding them to altars and your daily practice, and you can even get readings. There are many ways to connect to an ascended master.

From understanding the unique nature of each Ray to recognizing their universal connections with other spiritual and philosophical systems, the Seven Rays provide a versatile and holistic framework for spiritual growth and transformation.

Guided by the teachings of the Chohans and the Maha Chohan, individuals can embrace practices that align, integrate, and manifest these energies into daily life.

Their timeless wisdom invites seekers from all walks of life to engage, reflect, and evolve, enriching the human experience with a touch of the divine.