

Teacher: Mrs. Nikki Howell Conference: 3rd Period-10:10-11:00

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Course Description

Dance classes are designed to teach the fundamentals of dance through the exploration of the many dance genres. Choreography and performance will be introduced in MS Dance I and will become increasingly more important throughout the semester and as dancers move into MS Dance 2 and 3. All dance classes will have one mandatory performance opportunity.

Course Goals

- 1. To learn and appreciate dance in its various forms
- 2. To establish a dance vocabulary appropriate to class level
- 3. To define a spatial and kinesthetic awareness through movement
- 4. To improve overall physical coordination, balance, flexibility, and fitness
- 5. To use dance to become a more responsible, disciplined and productive student

Students will be expected to:

- 1. Follow class rules
- 2. Participate daily by dressing out and physically moving throughout the class period
- 3. Develop an understanding of basic dance technique
- 4. Use critical thinking skills in response to self-evaluation while enhancing self-confidence
- 5. Exhibit self-discipline and responsibility

Grading Policy

Weekly Grades	Weekly grades will be taken on performance/participation in classes.
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Quizzes will be, both skill based and written or terminology, history and

other dance related items.

Tests There will be two kinds of tests in dance. Written and Performance/Skill.

Written tests will be given over terminology, history and other dance related items. Performance/Skills tests will be given at the end of each unit. Each student will be evaluated on the skills for that particular style of

dance

Projects Small groups and research projects will be assigned throughout the year.

Music, costumes, and choreography may be incorporated as needed.

Performances There will be one out of class performance this year. Our Spring Show

rehearsal will be Friday, May 1st from 4:00-6:00 and the Spring Show performance will be right after @ 6:30 pm. This will serve as a major

grade.

Non-Participation

Students who are <u>injured</u> or <u>ill</u> and unable to participate but attend class, MUST DRESS OUT. Students who fall into this category and have proper documentation (doctors note, parent note, nurse note) will be given an alternative assignment that must be completed during the class period. <u>Should you decide not to complete the assignment you may not make it up at a later date and participation points will be deducted for the day.</u>

Supplies (we will NOT dress out for class until week 2 of school)

- Black Dance Department t-shirt, -Please order this by August 29th. (You have to have a black one but you can ALSO order any other colors that are available to wear to dance class as well)
 Please be sure to add the dancer's name where it says Give To. (visit the website https://gogandy.com/svms-dance-25) or look at the handout.
- **Black** leggings, Capri's, jazz pants, shorts, or yoga pants (make sure they are NOT see through black skinny jeans DO NOT count as dance pants) Be mindful of the length of your shorts.
- Tan Jazz Shoes or half shoes (street shoes only when appropriate to the lesson) NO SOCKS!!! (there are examples of all clothes and shoes on google classroom)
- Please look at the list below and if you are able to donate please do. If your dancer is in 2nd period dance please donate markers etc.

EACH CLASS PERIOD PLEASE DONATE THE FOLLOWING:

- 2nd Markers
- 4th Pony-Tail Holders
- 5th Markers
- 6th Box of Tissue
- 7th Pony-Tail Holders

Dance attire may be purchased from Target, Wal-Mart, Kohl's, Dorothy's Dancewear, Amazon, Academy, etc.

IMPORTANT INFORMATION REGARDING THEFT

The dance department and SVMS cannot be held responsible for personal items left unattended such as dance clothes, school items, and electronic items. Cell phones are NOT allowed to be out during class unless they are being used for class music or a project.

Guidelines for Success

- <u>Prompt</u> on time to class and when completing/turning in work
- Prepared dance attire, work, mentality, and be rested
- Polite respect for property, ideas and emotions (yours and others)
- Positive helpful attitude to participate fully and produce good results

SMITHSON VALLEY DANCE 2025



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