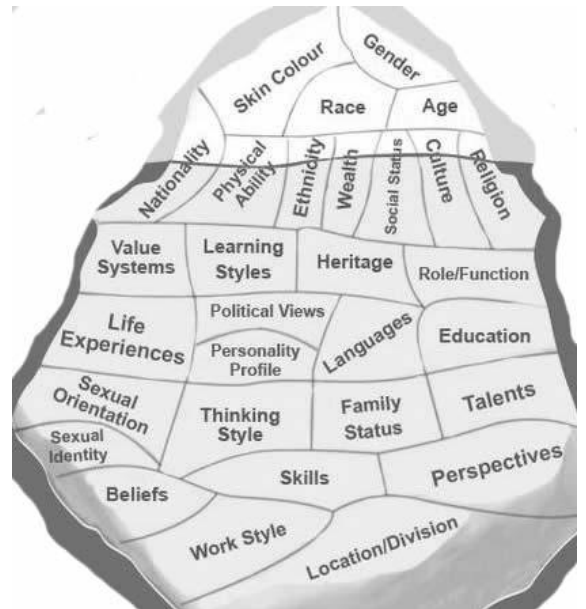


Our Complex Personal Identity

Everybody has a sense of self or personal identity. In fact, everyone has many important ways of thinking about (or labeling) themselves. Our sense of self includes those roles, attributes, behaviors, and associations that we consider most important about ourselves. Like an iceberg, a few of these are clearly visible, but most parts of our identity are hidden 'below the waterline'. Our identity can include any combination of the following

1. Occupations (teacher, ambivalent student, accountant)
2. Social relationships (fabulous friend, coworker, boyfriend, classmate)
3. Family relationships (sibling, daughter, uncle, grandson)
4. Avocations (gamer, artist, Pokemon collector, Instagrammer)
5. Affiliations (Giants fan, Study Club member, girl scout, BTS Army)
6. Religion/Spirituality (Buddhist, Devout Atheist, Christian, Aspiring Yogi)
7. Political Views/Perspectives (Progressive, Conservative, Nationalist, Globalist, Libertarian)
8. Nationality/Regionality/Ethnicity (Korean, Proud Jejuer, Hispanic)

[Jeff's Example](#)



Components of your Identity Try to use an <adjective + noun> construction and be creative and descriptive with your ideas and labels.

⊙	⊙	⊙
⊙	⊙	⊙
⊙	⊙	⊙
⊙	⊙	⊙
⊙	⊙	⊙

-ist – person	-ian belonging to	-ar /-er/-eur/-ier/-or/ -anic -ant – agent	-ess – denoting female
artist	librarian	connoisseur, caretaker, mechanic	stewardess, actress

Discussion Questions

Take turns reading all of the parts of your identity. Listen and then ask each other questions about different parts of your identity. Below are some questions you might ask, but feel free to ask anything you like.

1. Which parts of your identity do you consider most important to you?
2. How much time, energy, and attention does a particular role take?
3. To what extent are different parts of your identity above or below the 'waterline'?
4. How have parts of your identity changed over time?
5. What assumptions (mistaken or not) do people sometimes make about parts of your identity?
6. Are there any parts of your identity that you shy away from or seek to minimize?
7. What are the positive and negative aspects of different parts of your identity?
8. What do ingroup people understand about parts of your identity that outgroups don't?
9. How has being a BUFS student affected various parts of your identity?
10. Are there any identities that you hope to add in the foreseeable future?

Jeff's Identity

Husband, Son, Brother, Uncle	Veganish Veggie	Fifty-something Guy
World Citizen/ Local Globalist	EdTech Oldtimer	Nut Nut
Conflicted American	Non-practicing Jew	Disloyal Upenn Alumnus
New Englander	Devout Agnostic	Vigilant Tree Hugger
Busan Expat	Star Trekkist	Nondenominational NFL Fan
Tech Advisor	Dormant Webcaster	Minimalist Hikaholic
Foxtail enthusiast	The Koreabridge Guy	Gravity Challenger
Former Vagabond	Domain Missionary	Légume Connoisseur
Salad Maker Extraordinaire	Lazy Ironer	PB2 Addict

Adjectives & Nouns you might use

Adjectives

Ambidextrous	양손 잡이의
Ambitious	거창한
Analytical	분석
Apathetic	냉담한
Artistic	예술적
Authentic	진본인
Bold	용감한
Careful	주의 깊은
Careless	경솔한
Charismatic	카리스마
Compassionate	인정 많은
Confused	혼란스러운
Crazy	미친
Creative	창의적인
Curious	궁금한
Determined	단호한
Devoted	저주 받은
Dynamic	동적
Eccentric	별난
Empathetic	감정적 인
Entrepreneurial	기업가
Extroverted	외향적
Free-spirited	자유로운 정신
Fun-loving	재미있는 사랑
Health-conscious	건강 의식
Humanitarian	인도 주의적

Nouns

Activist	활동가
Advisor	조언자
Advocate	지지하다
Artist	아티스트
Assistant	훈란
Athlete	운동 선수
Blogger	블로거
Bookworm	독서광
Buff	애호가
Chef	요리사
Coach	코치
Collector	수집기
Connoisseur	감식가
Cyclist	자전거 타는 사람
Designer	디자이너
Director	감독
Educator	교육자
Engineer	엔지니어
Enthusiast	열성가
Entrepreneur	기업가
Environmentalist	환경 주의자
Executive	경영진
Expert	전문가
Fashionista	패셔니 스타
Foodie	미식가
Founder	설립자

Independent	독립적인
Intellectual	지적인
Introverted	내성
Laid-back	느긋한
Lazy	게으른
Loyal	충실한
Meticulous	세심한
Mindful	마음에
Nonconformist	비국교도
Optimistic	낙관적인
Perfectionist	완벽 주의자
Quirky	기발한
Rebellious	반란
Resilient	탄력성
Resourceful	똑똑한
Risk-taker	모험을 즐긴다
Secret	비밀
Self-aware	자기 인식
Self-reliant	자립적
Sincere	진실된
Spiritual	영적인
Strategic	전략적
Supportive	지지 적
Sympathetic	교감 신경
Tenacious	끈기 있는
Thoughtful	인정 있는
Trustworthy	신뢰할 수 있는
Unconventional	비 전통적인
Unusual	특이한
Weird	기이한
Youthful	젊은
Zen-like	선과 같은

Gamer	게이머
Gardener	정원사
Geek	괴짜
Hater	증오
Helper	돕는 사람
Hero	영웅
Humanitarian	인도 주의적
Influencer	인플 루 언서
Innovator	혁신가
Investor	투자자
Leader	지도자
Linguist	언어 학자
Lover	애인
Mentor	멘토르
Musician	음악가
Newbie	초보자
Nomad	유목민
Organizer	조직자
Parent	부모의
Philanthropist	자선가
Photographer	사진 작가
Podcaster	팟 캐스터
Poet	시인
Producer	생산자
Reporter	보고자
Researcher	연구원
Scientist	과학자
Servant	하인
Teacher	선생님
Traveler	여행자
Volunteer	자원 봉사자
Writer	작가