

from [Custom Keto Plan.pdf](#)

WHO AM I TALKING TO?

what gender am i talking to and age?

Overweight man and woman of mostly 20+ aged.

income level?

works at restaurants, that don't pay much, maybe 1 to 3 grand a month.

where are they in the world? awareness/sophistication.

In the United States of America.

They know what their problems are but don't know the actual way to solve it, don't know the solution.

Tried a lot of other different diets in the past.

PAIN STATE :

What are they afraid of?

Of never being able to be fit, healthy, confident and happy in their life.

what are they angry about and How does dealing with their problems make them feel about themselves? What do other people in their world think about them as a result of these problems?

disappointment, that they're going to disappoint their friends, family and be disappointed in themselves.

WHO ARE THEY ANGRY AT?

At themselves and their bad eating habits.

Not finding a solution.

top daily frustrations?

unconfident, embarrassed to talk to girls/boys.

being called fat by people around them.

How does dealing with their problems make them feel about themselves?

disgusted, annoyed, unhealthy, unhappy, disappointed.

If they were to describe their problems and frustrations to a friend over dinner, what would they

say?

That they're going to start eating healthy to become better and start a journey to go to the gym, do some exercise or start sporting to be in better shape.

DESIRABLE DREAM STATE:

If they could wave a magic wand at their life and change it immediately into whatever they want, what would it look like and feel like?

To be in their best dream summer body that everybody is dreaming about and to be healthy.

To be able to feel strong and to be confident in themselves and talk to people they don't know with confidence.

Who do they want to impress?

friends, family and people around them.

VALUES AND BELIEFS:

What do they currently believe is true about themselves and the problems they face?

that they are unhappy, obese (overweight).

there is no hope or solution in the current state that they are in.

Have they tried to solve the problem before and failed? Why do they think they failed in the past?

yes, but nothing has worked for them and think that nothing else in the world can save them.

How do they evaluate and decide if a solution is going to work or not?

by doing some research of others with the same current problem they have to be able to trust and believe and to click the link to join.

SL:

If you're struggling to lose weight, transform your body with our proven weight loss diet plan.

Did you ever think you found the right diet plan and had a feeling that this was the one or this was the solution to your dream outcome and was hyper about it, that it got you imagining your future dream body?

But when you started your journey, you didn't see no results after 2 to 3 weeks.

There are a lot of excellent books on the toxicity of sugar, refined carbohydrates and processed foods, as well as books that explain the role of insulin in a variety of metabolic disorders.

But none of the others offer the simplest and most obvious solution to our exploding epidemics of obesity, diabetes, metabolic syndrome and related conditions.

Now you're probably unhealthy, scrolling on social media looking for better options, most of the time overweight/obese and want to take action, want to lose weight to become healthy. maybe you tried to solve this problem before, but it didn't work or get any results. you'll Probably start to think that this is going to give you the same disappointment and it's going to waste your time and maybe does not work for everybody and lost hope.

I agree with you there like a 100%, this product service does not work for everybody. If you're a alien a dog, a cat or a lizard, this won't work for you, but if you're a human being that follows basic biology with a normal body just like everybody else, this principle is going to work for you as you watch the next few video's or read the rest of this page, you will start to see ways that people just like you have experienced the same benefits.

Are you really serious about getting that dream outcome and removing all that pain?
Are you really tired of being unhealthy and want to become healthy?

If you're actually serious about winning that tournament, then i recommend you to

click >> [pretend link]<< and purchase.