

Weekly Bulldog COVID Update 11/19/20

COVID Data:

Most up to date San Bernardino County COVID data is as follows:

Adjusted new cases per 100,000 residents:

24.41*

Overall testing positivity:

10.41%*

HPI testing positivity aka "Health Equity Metric":

12.62% *

*Note: Most recent data as of 11/9/20

Source: San Bernardino County Department of Public Health

Current San Bernardino County tier assignment:

27.0 adjusted new cases per 100,000**

10.5% Overall positivity**

9.3% Health equity metric positivity**

Tier = Purple

**Note: 7-day average of the week ending on 11/10/20.

Source: Ca Safer Economy

Needed for next tier (Red) assignment:

2 consecutive week averages of 7 or fewer adjusted new San Bernardino County cases per 100,000 residents, 8% or lower overall positivity rate <u>AND</u> 8% or lower Ca Health Equity Metric positivity. <u>Source: Ca Safer Economy</u>

Free COVID Testing:

Community COVID-19 testing sites are being held throughout San Bernardino County. Samples will be collected using a swab in the nostril or in the mouth. These samples are then sent to a lab to test for the virus that causes COVID-19 (SARS-CoV-2 virus). There are 3 commonly used testing options:

Option #1: San Bernardino County Public Health Testing Facilities:

Click Here to make a free testing appointment

- You can easily make an appointment on your computer or phone!
- Walk-ins are also welcome!
- You do <u>NOT</u> need to have symptoms to test!
- You get texted/emailed the results in under 48 hours!

Nearby locations: (Note: Click Here for exhaustive San Bernardino County list)

Percy Bakker Center

9333 E Ave., Hesperia

Monday – Friday from 9:30 a.m. – 5 p.m.

Victor Valley College

71 Mojave Fish Hatchery Rd., Victorville

Monday – Friday from 9:30 a.m. – 5 p.m.

Every Saturday through November 21 from 9:30 a.m. – 5 p.m.

Option #2: CVS Testing Facilities:

- You can easily make an appointment on your computer or phone!
- No walk-ins!
- Generally, you <u>MUST</u> have symptoms to test!

Click Here to schedule a CVS test

Option #3: Consult your doctor for other testing options.

Flu Vaccine:

The California Department of Public Health strongly recommends that all students and staff be immunized each autumn against influenza, to help:

- 1. Protect the school community
- 2. Reduce demands on health care facilities
- 3. Decrease illnesses that cannot be readily distinguished from COVID19 and would therefore trigger extensive measures from the school and public health authorities.

Click Here for information on free flu vaccines in San Bernardino County