



Grade: 5		Unit: Transitions/Human Growth & Development	
Unit Overview: Students will discover the process of puberty and why it is important to their mental/physical development. They will continue this unit by exploring the world of middle school.			
Learning Targets:		Essential Questions:	
<ul style="list-style-type: none"> ● Students will be able to identify the common signs of puberty. ● Students will be able to understand the purpose of puberty. ● Students will explore the basics of a middle school schedule and to reduce anxiety about moving to 6th grade. 		<ul style="list-style-type: none"> ● What is the age range of puberty? Boys (10-17); Girls (9-16) ● What are some common signs of puberty? Body hair, voice changes, menstrual cycle, etc... ● What are the “Houses” of 6th grade? Tree and Club House ● How can I be prepared for middle school? Manage your time wisely, ask questions, always give your best, be willing to try new things. 	
Lesson	Standards	Lesson Name	Lesson Content
1	G.4.3.1	Always Changing/Growing (Puberty)	Students will view a slide/ video presentation regarding the changes expected for puberty. Presentation will be followed with discussion/questions. (Taught by School Nurse)
2	F.4.1.4 G.4.3.2	Middle school (Question/answers)	The Middle school counselor will join the 5th grade class to share highlights of their potential schedule and to answer questions.
3	G.4.2.1	Middle school tour	The school counselor will lead a brief tour of the middle school (students will see the 6th grade wing, applied arts classes, commons, library and recess area)
Prior to Unit (What prior knowledge do students need?):		After Unit (assessments, connections to upcoming units):	
Materials:			



**Mount Horeb Area School District
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