ROOTED Community House Charter

Written by the Householder, Tisa Kent

Vision: ROOTED Community House intends to be a home sanctuary and spirited community hub. Here we cultivate practices that will help humanity survive and thrive deep into spacetime. Together, we stoke the fires of kindness, prosperity, and healing. Welcome!

House Rules

1. Smoking of tobacco is not allowed on the property. Smoking and vaping other herbs is allowed outside the house only. Please be mindful of the HVAC intake located outside the back door, between the garage and the downstairs unit, it will pull in smells even when running inaudibly.
2. Do not use artificial fragrances or products containing artificial fragrances in the house. This includes personal care products as well as cleaning products.
3. The communal kitchen should return to operational condition within 30 minutes of a meal or project. This includes the rinse side of the sink getting cleared, the main counter space is available for prep, and one dish towel hanging up and clean enough to use.
4. Dishes and silverware that leave the kitchen area should be returned within a day.
5. Overnight guests who will be sleeping outside of a resident's room must be cleared with the group of current residents prior to coming over.
6. Having more than 3 guests over at the same time must also be cleared with the group prior to guests coming over.
7. Quiet hours for upstairs are between 10pm and 7am. Quiet hours for downstairs are between 11pm and 10am. Exceptions for quiet hours may be made for house events with the consent of the group.

Kitchen Guidelines

- Food in the kitchen is shared, unless a person's initials are written on it.
- Put leftovers away within a few hours of it being cooked, label with the date and what the food is.
- Make sure the kitchen is back to operational order within 30 minutes of finishing a meal. This means: At least one side of the sink is clear of dishes and there is at least one kitchen towel ready. About half the counter space is clear for food prep, prioritizing the counter right next to the stove. Knives are moved off chopping boards and dirty utensils are put towards the sink. Cast iron that is still oily but without food stuck to it can be left on the stove or the top of the toaster oven, but clean the cooktop of any splatter and only put clean pans in the oven to dry. Any items likely to attract bugs should be safely packaged and put away.
- The countertops are susceptible to warping with exposure to heat or water, please wipe up spills and splashes promptly. Put down a pot holder or cooling rack under anything hot.
- Cast iron should be cleaned without soap and dried after each use. Either dry it out on the stove at a low temp, or use the rougher rags from under the sink as it tends to stain nicer towels.
- Dirty kitchen rags and napkins go in the house laundry basket. If the rag is wet please hang it over the side of the basket to dry so it doesn't become extra funky before laundry day.
- Use of the dishwasher is encouraged as it saves water and reduces potential spread of disease. Remove food particles from dishes prior to placing them in the dishwasher, make sure to scrape off egg/cheese/nut butter or it will bake on with the heat of the dishwasher. Take labels off containers and put anything plastic in last on the top rack. The following items cannot go in the dishwasher: sharp things, cooking utensils/wooden handles, pans/cookware, color tinted glasses, glass Pyrex measuring cup, the really big platters, but in general if you eat off it then it goes in
- We meet for house dinner and meeting once a week (currently on Wednesday)

House Rhythms: how the house flows, opens and closes through time

- We are signed up for peak electricity differential. Electricity is cheapest on weekends, holidays, and overnight from 9pm to 7am, please do laundry and run dishwasher during these times if possible. Electricity is at it's normal price from 7am to 5pm on weekdays and is 2x as expensive from 5pm to 9pm on weekdays.
- Trash day is Monday, the bins go out Sunday night. Recycling and compost is collected every week, trash is every other week. Refer to the calendar on the refrigerator for the full schedule.
- Lock any outer door on your way out or in (unless someone is actively working on a project outside). Lock the deadbolt if you're the last person out in the morning or the last person back at night.
- Keep the outdoor gates closed (unless you're actively working on a project outside).
- Run the kitchen and bathroom exhaust fans to keep smells from lingering and moisture levels down. If something got burned then crack open a couple windows to clear the smoke.
- Turn off the air filters and HVAC when the windows are open.
- Open windows at night and close them in the morning during the summer.
- Open the windows during the day on warm days of spring and autumn and close them overnight.

House Culture

The house culture refers to both the patterns of interactions/ lifestyles/ rituals in the house, as well as the microbiome of the house. The culture of the house is an active, evolving, and living thing based on shared rhythms, chemistry, and values. In this culture, we:

Foster relationships of trust: By staying true to our word, attending to conflict in a timely way, sharing our resources, and respecting each other's boundaries, we foster relationships of trust between those living at the house as well as those who visit.

Foster health: By sharing in fresh meals of minimally processed foods, cultivating the garden and probiotic foods, minimizing chemical exposure in the house, and making available herbal remedies, we foster the health of those living in the house as well as those who visit.

Foster personal freedom: By not seeking to control each other's behavior or beliefs, and allowing each resident to act in the ways that feel natural to them (within stated boundaries and house rules), we foster personal freedom. **We refuse to become a cult.**

Revised Ad:

ROOTED Community House is seeking kind, present, and engaged new housemates with experience in community living. We are currently 3 adults, and an energetic 1 year old living in a 6 bedroom, 3 bath house on ¼ acre of land near Powell Butte nature park and the Springwater Corridor bike trail. We are a collaborative intentional community with a focus on cultivating human health and autonomy.

For us, living in community is a collaborative process, one that helps improve our quality of life. We're able to eat great food, keep the place clean, maintain a garden, and hold a space large enough to host guests and events by working together. We have an extensive community library and art/craft material collection, as well as a great tea selection, stocked pantry, and functional kitchens ready for feast-making, canning, and fermentation dreams. We make kombucha, ginger beer, sauerkraut, bone broth, natto, and apple/pear butter on a rotating basis. With two fridges and two deep freezers we can save blueberries and blackberries we harvested from close by and get meat directly from farmers. We hold potlucks and other events like bonfires and game nights about once a month, and make a house dinner together weekly.

We maintain a home free from artificial fragrances and voice-activated technology. The large upstairs bedroom is available 9/15 for $760 a month. The small downstairs bedroom is available for $600 per month. The two downstairs bedrooms could be made available 10/1 to a small family (4 person max) for $1340 per month. The main kitchen is upstairs. We also have private outdoor space for someone sleeping in their home on wheels available for $200-500 per month depending on the size of the vehicle. This would include membership in the community and use of the common spaces. Guest space is available for friends and relatives of residents - upstairs there is an office/guest room for longer visits, and the couches/pads in the common areas are available for shorter stays. The home has heating and cooling through an efficient heat pump, and we just upgraded to a tankless water heater. Utilities usually run around $100 per month. We also share expenses for groceries and cleaning supplies, you'll receive reimbursement for groceries if you go shopping often, or contribute typically $50-75 per month if you don't go shopping as much. Pets will be considered on a case by case basis and must be very well-behaved and mellow around young children.

We especially welcome other queer/trans folks, Pagans, Buddhists, folks with kids, and people comfortable with their own neurodiversity. We're not able to live with anyone who habitually uses drugs, alcohol, or nicotine, or who spends most of their time at home on a screen.

We are seeking someone who:

- Holds healthy relationships around food and intoxicating substances.
- Acknowledges that healthy interdependent relationships are built on independence.
- Is growth oriented and interested in collaborating to create a community together.
- Communicates with compassion and awareness, actively listening for their impact on others.
- Participates in house meetings, monthly cleaning parties, and keeping communal areas tidy.

You might be a good fit if any of the following statements resonate with you:

- I'm looking for more than a safe and affordable place for me and my stuff.
- If given the opportunity, I would like to do more to contribute to the world around me.
- I feel more grounded spending time outdoors or in the kitchen than on the computer or phone.
- I understand the benefits of living in a community are proportional to how much I participate, so putting in time and effort towards helping the community fulfills my own needs.
- I am interested in exploring more about cooking/ baking/ fermentation/ gardening/ sustainability/ music/ art/ dance/ ritual, and it would be more fun to learn together.
- Living with young people is a plus for me!

Interested? Please email a bit about yourself to **elliscommunityhouse@gmail.com**, including:

- Why are you interested in living in a community house?
- What are you looking for in your next living arrangement?
- What does your day to day life look like?
- What do you like to do to relax?

Community affinity quiz

Take a moment to commit to answering honestly for the sake of your future happiness. Please circle the number that most reflects your experience and desires for living in community:

- The most involved level of community that you've successfully participated in:

1 = Shared house with no shared responsibilities | 2 | 3 | 4 | 5= Self-sufficient commune where no one works outside the space

- The level of community that aligns with your dreams and aspirations:

1 = Shared house with no shared responsibilities | 2 | 3 | 4 | 5= Self-sufficient commune where no one works outside the space

- What percentage of the food that you currently eat is prepared at home from whole food ingredients?

1 = 0% | 2 | 3 | 4 | 5= 100%

- With your current responsibilities outside of the home, what percentage of your food would you realistically like to prepare from whole food ingredients?

1 = 0% | 2 | 3 | 4 | 5= 100%

- Outside of paid work, how much of your time do you spend at home?

1 = 0% | 2 | 3 | 4 | 5= 100%

- When you're at home, how much of your time do you spend in common spaces when you're not sleeping?

1 = 0% | 2 | 3 | 4 | 5= 100%

- How much of your behavior are you willing and able to change to accommodate the comfort of those around you?

1 = 0% | 2 | 3 | 4 | 5= 100%

- How much do you typically tolerate discomfort in your own life?

1 = I avoid all situations that cause me discomfort | 2 | 3 | 4 | 5= I tolerate significant discomfort, often seeking friction

- **Please list your top 3 priorities in life:**

1.

2.

3.

Interview Questions:

1. What's important to you about the space that you live in?
    a. What about the physical space makes you feel comfortable?
    b. How does your space fulfill your emotional and spiritual needs?
2. What's important to you about the social dynamics in your home?
    a. How do you choose the people you are spending time around?
    b. What kind of socializing is replenishing for you?
3. What are your habits around food?
4. How is your relationship with technology?
5. What are your daily rhythms in terms of productivity, creativity, and rest?
6. Do you have a movement practice, and what kind of space would you need for it?
7. How do you want to feel on a day to day basis?
8. How do you best receive feedback?
9. What is your learning style? (Audio/Visual/Kinesthetic)
10. What are your dreams?
11. What are your struggles?
12. Do you consider yourself to be in the process of self development or spiritual growth?
13. Where is the lesson or growth for you this season?

Where to post ad

Location	**Date Posted**
Refuge coffee house	
Tango Beiruit	
Portland insight meditation center	
Artichoke Community Music	
SE PCC campus	
People’s food coop	4/22
Food coop in Brooklyn neighborhood	
Rose City coffee house	
Oregon Buddhist temple	
Raven’s wing	
The Way Home magic shop	
Jet Black Coffee	
Heart Coffee	4/14
New Seasons Woodstock	4/12
Board bard games	4/19

About Us:

Tisa, the house holder, is a 33 year old queer woman and mom of baby Olly. Her hobbies include making kombucha, biking, Aikido, knitting, cooking, and gardening. She is a registered nurse with a focus on End of Life care. Her purpose is to be part of a tribe that cultivates practices, rituals, and knowledge that help humanity survive and thrive deep into space-time.

Baby Olly (Alysse) is the youngest member of the community.

Sage is the house quartermaster, 36 years young, Tisa's partner and Olly's dad. You can usually find Sage in the kitchen or garden, as you might expect, and generally quite busy with too many projects and hobbies, but please do ask if you have any questions! Interests include herbalism, folk fusion music, biochemistry, hot springs, used books, wildcrafting, flow arts, and recently board games, if there is time.

Jonathan is the newest community member.

Old ad

Ellis Street Community House is calling in housemates to join us in adventures in home-making and community living. We're looking for folks with experience living in community who want to lay down roots. The house is 6 bedrooms, 3 bathrooms, on a 1/4 acre. It is 3 blocks from Powell Butte and one block from the Springwater Corridor. We are currently 3 adults and one baby living in the house.

The focus of the space is growing gardens, building community, and cultivating practices that help us survive and thrive deep into spacetime. We currently host potlucks and other events about once a month, and meet for dinner together once a week. We are looking to become more interconnected, magical, conscious, and resilient through living together and developing a spirited community hub.

Downstairs room is available for 740 per month. We have an upstairs room that is soon to be available for $800 per month for a single person, $900 for a couple or parent and child. Utilities usually run around 100 per month. We are open to living with pets but any pet must have experience living with or spending significant time around babies/ toddlers.

We’re looking for well grounded people who communicate directly, honor boundaries, and want to have gatherings, do projects, and share meals together. We are unable to live with people who smoke cigarettes, drink alcohol or use drugs daily, or are unable to regularly participate in house activities such as house meetings and cleaning parties.

Interested? Please email a bit about yourself to elliscommunityhouse@..., including:

Why are you interested in living in a community house?

What are you looking for in your next living arrangement?

What does your day to day life look like?

What are your dreams?

Sincerely,

Tisa