YOU ONLY NEED VIEWER ACCESS. Either print and cut out these cards or make your own by copying the words onto small pieces of paper. You will need 18 pieces - there are nine tech cards and nine life cards. Use two different colours (paper or ink) for the tech and life cards. For example, tech cards on yellow paper, life cards on orange paper. Or all you could use white paper with blue ink for tech cards and red ink for life cards. Put a blue/red dot on the back of each card.

	Eating a snack		Walking to the shops		Playing a sport
	Doing home learning		Going to sleep		Eating a meal
	Doing jobs to help at home		Having a bath or shower		Spending time with friends/ family

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	Streaming music		Watching a film		Playing a video game
	Using an app on a phone		Taking a selfie		Messaging a friend
	Looking at a website		Using a VR headset		Recording your own video