

Barriers and Builders Part 2

Hello everyone. My name is _____ and I'm part of the global 1for50 movement. We desire to equip people like you to reach, disciple and empower the next generation.

In our last video, we learned that parents can be a **BARRIER** by exhibiting behaviors that hold children back or a **BUILDER** by exhibiting behaviors that affirm children and our belief in their capabilities. We saw how Assuming and Directing are barriers, and how Encouraging, Inviting and Exploring with children can be builders. In this video, we are going to look at two other barriers and their corresponding builders.

RESCUING & EXPLAINING is a barrier. When 8-year-old John is going outside, his mother rushes to him and insists that he put on his coat, even as she helps him put it on. John's mother is rescuing him, allowing him to remain dependent upon her instead of experiencing the consequence of his choice. By lecturing him about getting sick, being foolish, and being told over and over, his mother is giving information or explaining instead of helping him discover it for himself.

Instead of RESCUING, John's mother could try CHECKING. When the question of a coat rises in her mind, she could say "John, what will you need before you go out? What's the weather today?" Taking the time to check with the child shows that the parent believes the child is able to make decisions and is giving the child room to do so, helping them to grow.

Another barrier is EXPECTING. After asking Linda to make her bed, her father observes the wrinkled blanket or untucked sheets. He criticizes her by pointing out what a poor job she did. Expecting perfection is not appropriate when a child is learning a skill. Focusing on the negative may hinder their ability to learn and develop lifelong skills.

Now let's take a look at a more appropriate way for Linda's father to handle this situation: by CELEBRATING. Linda's father asks her to make her bed. He later walks in and comments, "Linda, you remembered to straighten the blanket and put the pillows in the correct place." He celebrates the small achievements and then encourages the child to move forward.

God has created our children to flourish in every way. Parents play an important role in helping them or hindering them from becoming what God created them to be. Builder behaviors like Checking, Encouraging, Exploring and Celebrating help our children flourish by showing them that we have confidence in them. May God help us all become builders and not barriers in our children's development.

Thanks for joining me. For more resources to help you reach, disciple and empower your children, go to our website at www.1for50Today.net.

NOTE

You are welcome to translate this video. Please send the translated scripts and videos to 1for50@gmail.com so they can be posted to our Youtube channel.

SOURCE

This script is adapted from open-source curricula written by the 1for50 Writing Team. (2018). "Lesson 8: Parenting so Children Flourish," 1for50 Next Steps Training: Family and Parenting Instructor's Guide. www.1for50.net.