

CURLY HAIR PRODUCT RECOMMENDATIONS

I use and LOVE the [curly hair products from Evolvh](#), which are sulfate-free, paraben-free, silicone-free, phthalate-free, propylene glycol-free, and synthetic fragrance-free. They also have lines for other hair types.

I also use [these hair-drying turbans](#) after I shower. They are the best for keeping my hair from frizzing.

Here are the products I use daily:

- Evolvh [curly hair shampoo](#), conditioner, and leave-in conditioner every other day. I do not wash daily. These are available as a [healthy curls trio](#).
- [Evolvh curl defining cream](#)
- [Evolvh wonder balm](#)

Once per week, I use [this apple cider vinegar rinse from dpHUE](#). It gently removes buildup and restores PH balance. My curls love it.

GRAY HAIR PRODUCT RECOMMENDATIONS

[My shower filter](#) has made a huge difference. Minerals can discolor hair, so it is a good place to prevent issues before they start!

Once a week, I replace my curly hair cleansing products with the Violet hair products from Surface. Purple neutralizes brassy and yellow shades. I sometimes use these after the ACV rinse.

- [Violet Shampoo](#)
- [Violet Conditioner](#)
- [Violet Toning Spray](#)

Once a month, I use [this purple mask from Bold Uniq.](#)

STYLING TOOLS

- I use [these microfiber towels](#) to squeeze excess product into my hair (I will explain in the styling section)
- I use [these clips](#) to lift sections of my roots for more volume and to hold my curls out of my face when I do my makeup.
- I use [this hairdryer](#) with the diffuser attachment when not air-drying.

