



2025–2026 Middle School Track & Field Meet Guidelines



Ratliff Stadium Policies

- Campus Dual Meets: no admission fee
- Meets at Ratliff: ECISD Admission (Cash Only): Adults \$4 | Students/Children \$2
- Midland Admission(Online Purchase Use Link Below): Adults \$3 | Students/Children \$2 (+ processing fee): <https://www.midlandisd.net/departments/athletics/tickets>
- Clear Bag Policy applies – [Ratliff Stadium Policies](#).
- Photographers: 1 per campus, must request a pass using the [ECISD Media Request Form](#).
- Concessions: Open for spectators. Only teams may bring food, and only through designated gates.
 - Ratliff Stadium: Food in via northwest gate; no food/drink on turf (water & gatorade only).
- Athletes/Fans are not allowed to spray water on, give water to, or run alongside athletes during a race.
- Parents and fans are not allowed on the track or in coaches and athletes' areas. Please set a plan for emergencies or snack/drink drop-offs that follows this expectation.
- No animals at ECISD event sites: [District PET Policy](#)
- Supervision Plan: Each school must have a plan for athletes who are not running.
- [Emergency Action Plan \(EAP\)](#): Coaches must print out, review, and know their site-specific EAP & trainer contact.



General Rules & Resources

- Review Midessa Track & Field Section in 2025-26 [Midessa Athletic League Rules & Regs](#)
- A fillable workers list will be provided with the expectation to plug in your workers' names by the designated deadline. (Be sure to review the meet schedule and individual meet details.)
- Review Track & Field UIL Rules [UIL Jr. High Track & Field Rules](#) & [25 NFHS T&F Rules Book](#)
- Event Limitation: [Track and Field Event Limitation](#)
- NFH: 6-2-6: Clarifies that it is illegal to run backward or in the opposite direction (non-legal direction) on a horizontal jump, pole vault, or javelin runway. Rationale: This change promotes a more organized and efficient warm-up period
- Follow **UIL Rules** and **Event Procedures** for [Track and Field – Event Procedures Breaking Ties and Measurements](#)
- End Time Rule: (RULE) Section 1478(l)(4): 7-8TH GRADE ATHLETIC PLAN: This amendment allows for two of the allowable six junior high meets to start no earlier than 2:00 p.m.
- -End Time Rule: We will not start any events after 9:15 pm.
- [Trip Change Forms](#): Required for athletes released to parents after away events.



Meet Entry Information

- Each meet will have a submission deadline, and no changes will be allowed after submissions close.




Host Team Responsibilities

- Provide administrators on duty through the meet when on your campus, coordinate with the principal ([Bonham Example](#))
- The Host Coach is responsible for
 - Pre-Meet Materials & Equipment Organization**
 - Review Meet Host Slide Presentation: [Track Meet Host Guide](#)
 - 2 Weeks Prior: Email to attending schools (all necessary info, schedule, event map, parking info, camp set-up info, etc.) [Example Meet Host Email](#) , [\(6\) 26 Track Middle School Schedule](#) 1
 - Week Prior: Email entry submission reminder
 - 3 Days Prior: Admin Building Pick Up: Ribbons, Meet Schedule, Worker List, Heat Sheets Pick Up - (1st Floor) Athletic Department (802 N Sam Houston, Suite 107)



- 2 Days Prior: Go out to Ratliff field event barn prior to 6pm to prepare event clipboards, measuring tapes, wagons, etc. (w/event entries & sharpened pencils)

Meet Day

-  **Ratliff Stadium-Track Color Code**
- [Designate a person to type in meet results for the *dual meet and tri-meet only*: How To Enter Results Guide](#)
- All Coaches and athletes are expected to clean up their area
- 4 Helpers for Ribbon
- 10 hurdle helpers
- Designate a person to operate the field event barn prepare event clipboards, measuring tapes, wagons etc. (w/event entries & sharpened pencils)
- Post-Meet Clean Up (Field Event Shed, Timing System, Etc.)



Conduct & Sportsmanship

- Coaches are responsible for the behavior of athletes & team personnel.
- Ensure team camps are kept clean and all trash is picked up when the meet is complete
- Teach athletes how to respond in adverse situations during practice, *"The Texas Way"*.
- Share and review UIL Sideline/Bench Protocol Guidance: [UIL Bench Protocol PDF](#)
- Communicate parent/fan expectations for positive behavior using announcements, email, social media, or SportsYou.
 - [Game Day Verbiage Reminders](#)




Administrator Training

- Prepare game administrators with UIL Game Administrator Training.
- Updated training available here: [UIL Game Admin Training PDF](#)




Media & Volunteers

- Journalism/Photography students: ID + credentials + dress code.
- No photographers are allowed on the field without proper credentials.
- Volunteers must display a field pass/armband at all times.  **Example Campus Field Pass**



Medical: Emergency Action Plans

- Review and be familiar with the site's Emergency Action Plan (EAP).
-  **Emergency Action Plans (EAP)**



Officer Support

- Police Officers: Please remain visible and proactive to help support a great athletic event experience
- Post-Meet: Please assist with escorting spectators out at the conclusion of the event.