Training with Sky Kershner

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Credentials

Sky Kershner is a Member of MINT,
(the Motivational Interviewing Network of Trainers)
Sky is a MINT Certified Trainer
One of 95 world-wide.

You are assured that your training will be of the highest quality.
Sky has been invited to give presentations at
the International MINT Forum on four occasions.

Professional Resume / Bio

Consistently high reviews

Sky's trainings are experiential, interactive, and fun
No one will be bored, no "death by powerpoint"
See what folks are saying below

Experiential Learning

Sky's trainings are not just about learning what MI is
They are about experiencing MI first hand and
having lots of opportunities to practice doing MI in your particular setting

On-line Practice Groups are Part of the Trainings

The training does not stop when the workshop is over
Sky offers on-going on-line practice groups several times a week
To get good at MI, you have to practice, practice, practice

Wide range of training partners

Sky has trained over 10,000 people in over 1000 workshops MI in WV,
and worldwide, in both small, statewide, and international trainings.
Sky has mentored or trained 20+ new MINT members.

Sky leads the WV-MI Motivational Interviewing Network

Sky keeping everyone trained through WV-MI "in the loop"

with periodic emails, ideas, and videos to keep the learning going.
As well as offering weekly practice groups and learning opportunities on Zoom

Trainings are geared towards your context, setting, and goals

We will have several conversations about what you want to get out of the training
WV has multiple behavioral health challenges, and a population
that prides itself in giving (and not needing) outside help.
WV is a unique context for doing MI

Contracting with Sky

Send me an email and we will find a time to talk about your goals and needs
so the training can be just right for your group
skykershner@gmail.com

Getting Started

Sometimes we start with a 1 hour Intro or a practice groups
Just to get your organization on board
Zoom makes it all so easy!

Click here for info about MI workshops for organizations

Wide range of training and presenting partners

WVU School of Medicine
WVU School of Social Work
WVU School of Nursing
WVU Neuroscience
WVU Center for Excellence in Disabilities
Marshall University
WV School of Osteopathic Medicine
WV State University
University of Charleston
Charleston Area Medical Center
Thomas Hospital
St Mary's Hospital
Holzer Hospital
WV State Medical Association
WV Public Safety Expo

Charleston Fire Department
Charleston Police Department
WV Mine Safety Board
Alpha Natural Resources
DeVita Kidney Care
FamilyCare
Fresenius Kidney Care
The Health Plan - WV
US Federal Court, Southern District of WV
WV State Supreme Court
Jackson Kelly Law
Steptoe Johnson Law
Spillman Law
WV Head Start
WV Early Childhood Educators
WV Early Childhood Training Center
WV Birth to Three
WV Perinatal Care
WV Social Emotional Institute
Mountain Child Advocacy Partnership
Putnam County Board of Ed
WV College Counselors
Workforce WV
Human Resources Development Foundation WV
WV Opioid Network
Help and Hope WV
Charleston Treatment Center
Genesis Youth Crisis Center
United Way of Central WV
Partnership of African American Churches
First Choice Services
Insight, Integrated Health (Colorado)
Presbytery of WV
United Methodist Conference of WV
Lutheran Synod of WV
Diocese of Wheeling-Charleston
WV Council of Churches
United Theological Seminary
Louisville Presbyterian Seminary
Easter Baptist Theological Seminary
American Association of Pastoral Counselors

WV State Bureau for Behavioral Health
WV Department of Health and Human Resource
WV Higher Education Policy Commision
WV-NASW
WV-LPC Association
WV Counseling Association
WV Peer Recovery Network
MINT International Forum, New Orleans
MINT International Forum,Tallinn, Estonia
MINT International Forum, Online

Testimonials

"You received great reviews from the staff conference! We would love to have you back next year." Stephanie Ahart, Executive Director. HRDF-WV

"Thanks for the feedback and the extra session time, Sky. It is still my goal to develop some training internally that we can use with new staff and that these core folks are able to develop tools and conduct that training. Although I admit, I personally think your basic session for Trauma Informed Care and MI are hard to beat and I would love to make that an annual thing too!" - Susan Klinkoski RN BSN CCM, Director, Medical Management, The Health Plan, Wheeling

"I've been reviewing the training evaluations and comments, and reporting them to our cabinet, and I wanted to say thanks again for your leadership and presence at all of our trainings. You have a unique gift and ability to put people at ease, along with the expertise to facilitate wisely and compassionately. I have really appreciated watching you work, and have learned a lot from your approach." Rev Bonnie McDonald, WV Conference of the United Methodist Church

"It was such a blessing to have you as a teacher at our event! Your presentation was interesting, balanced, relevant, and extremely helpful. As one of the coordinators of the event, I was particularly appreciative of how you monitored your time and showed respect to our schedule. Your kindness and graciousness was front and center throughout your time. I could not be more pleased with nor more thankful for a presentation." Rev Christine Olson, Pastor, Trinity Lutheran, Martinsburg/Arden, WV

From Sissonville Fire School 2021 (Volunteer FireFighters)

It was a great class and I can't wait to take more.

This CLASS IS AWESOME!

Instructor was great and very very knowledgeable on topic

Well done! Organized and interacting! The instructor made us all feel part of the class and was passionate about the material!

Awesome class one of the best in class I've had in a long time

I absolutely enjoyed the class and the way the instructor kept us all engaged at all times. I liked how he had it set up and would have us all out of our comfort zones at one point or another. He was very informative and well spoken. The class was taught in a simplistic way where almost anyone could understand it even with it being a difficult topic.

Offer these style classes more frequently

The instructor did a phenomenal job making the students feel like their input mattered.

Great and knowledgeable instructor.

Instructor was great. He allowed the class to participate

Sky did an awesome job teaching this class.

The class was very interactive and informative.

Great class. Sky is a fabulous instructor.

Class was interesting and fulfilling

Great course!

Awesome instructor, made it personal

Great instructor

I really enjoyed how interactive the course was as well as personal and informative.