

S/N	WORK DESCRIPTION	THREATS	WHO MIGHT BE HARMED OR EXPOSED	CONSEQUENCES	CONTROL OF HAZARDS	RECOVERY
15-A	MANUAL LIFTING	<ol style="list-style-type: none"> 1. Improper task planning. 2. Commencement of task without conducting J.H.A. 3. Absence of competent safety and supervisory personnel. 4. Executing tasks with an excess or lesser number of personnel. 5. Poor housekeeping. 6. Horseplaying. 	Personnel involved in task execution, load-material, environment, other personnel and other items around the work area.	<ol style="list-style-type: none"> 1. Damage to material-load. 2. Damage to the environment / other items. 3. Injury to personnel involved in lifting operations or other workers. 4. Stress. 5. Fall by personnel. 6. Sickness. 	<ol style="list-style-type: none"> 1. Conduct J.H.A before task execution. 2. Plan tasks in advance of execution. 3. Ensure good housekeeping. 4. Engage the right number of personnel for defined tasks. 5. Get rid of all obstructions. 6. Inspect and confirm take-off and drop points. 7. Engage only healthy personnel. 8. Provide relevant P.P.E. 9. Ensure proper stacking of loads. 10. Label or separate loads clearly. 11. Ensure loads are secured against fall. 12. Observe relevant safety & operational rules. 	Provide adequate first aid resources, effective means of communication and medevac.