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Title ...: A Systematic Review and Meta-analysis

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ABSTRACT

No more than 250 words, arranged in the subsections below.

Introduction: Briefly state the background, novelty, and the aim of the study.

Methods: Study design, participants/patients, procedures, and analysis.

Results: Only the important results, with key data.

Conclusion: Conclude in 1–2 sentences.

[Systematic Review / Meta-analysis — replace all grey guidance and delete instructions before submission]

1. Introduction

Rationale for the review and explicit objectives (PICO).

End each cited statement with a superscript numeral in order of appearance.^{1,2}

2. Methods

Report per PRISMA 2020.

Protocol and registration

State the registration database and number (e.g. PROSPERO). Ethical approval is generally not required for reviews of published data; state this here.

Eligibility, sources and search

Eligibility criteria, databases and dates, and the full search strategy for at least one database.

Selection, data and risk of bias

Selection and data-extraction process (number of reviewers) and the risk-of-bias and certainty (GRADE) tools.

Synthesis

Effect measures and synthesis methods; for meta-analysis, the model and heterogeneity (I^2).

3. Results and Discussion

Study selection and characteristics, syntheses, then interpretation and limitations of the evidence.

Table 1. Characteristics of included studies.

Characteristic	Value

Table placed centered; title above, footnotes below.

[Insert Figure 1 here]

Figure 1. PRISMA 2020 flow diagram.

Figure centered; title below the figure. Identifiable patient images require a signed SJDV Patient Consent for Publication form.

4. Conclusion

Conclusions supported by the synthesised evidence.

Declarations

Ethical Approval. Already stated in Methods (committee name and approval number). Repeat here only if required.

Conflict of Interest. *State any conflicts, or “The authors declare no conflict of interest.”*

Funding. *State all funding sources and grant numbers, or “None.”*

Author Contributions. *Describe each author’s contribution using the CRediT taxonomy.*

Data Availability. *State whether and how the underlying data can be accessed.*

Use of Artificial Intelligence. *Disclose any generative-AI tools used and how, or “No generative AI was used.”*

Acknowledgements. *Acknowledge non-author contributors (optional).*

References

Vancouver (ICMJE) style, numbered in order of first citation; provide the first 3 authors then “et al.”; include the DOI where available. At least 80% should be primary research articles, most published within the last 10 years, preferably from reputable international journals. Citing retracted or predatory items is unacceptable. Every reference must be genuine and verifiable.

1. Author AA, Author BB, Author CC. Title of the article. Abbrev Journal. Year;Volume(Issue):pages. DOI.
2. Next reference...