



Neurodiversity Booklist

These books are either by neurodiverse authors, feature neurodiverse characters, or both. This list was compiled by the IHS Neurodiversity Club and IHS librarians to help get the message out that sometimes people have conditions and struggles that are not





always visible, and that neurodiverse individuals make important contributions to the world.

This list includes books about individuals with autism, ADHD, synesthesia, Tourette's Syndrome, dyslexia, and dyscalculia. The book's connection to neurodiversity as well as its genre is indicated after each book to help readers zero in on choices that interest them most, but we recognize that not all neurodiverse conditions are easy to label, and that some overlap.

Most books are available at the IHS library. Click on the title to go to the book's page in our catalog, where you can read a description and place it on hold.

If you have a question or would like to add a book or topic to this list, please email Ms. McAuley.

We hope you will enjoy a great book, and either find a "mirror" of your own life or a "window" into understanding someone else's experience.

Fiction

- 1. Anything but Typical by Nora Raleigh Baskin (autism, realistic fiction)
- 2. <u>Kat and Meg Conquer the World</u> by Anna Priemaza (ADHD, realistic fiction)
- 3. Kids Like Us by Hilary Reyl (autism, realistic fiction)
- 4. No One Needed to Know by D.G. Driver (autism, realistic fiction) *IHS doesn't have yet. Try public library at aclibrary.org
- 5. My Name is Layla by Reyna Gentin (dyslexia, realistic fiction) *IHS doesn't have yet. Try public library at aclibrary.org
- Out of My Mind by Sharon Draper (Cerebral Palsy and photographic memory, realistic fiction) https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/198202
- 7. Marcelo in the Real World by Francisco X. Stork (autism, realistic fiction): https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/97731
- 8. Motherless Brooklyn by Jonathan Lethem https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/254663
- 9. A Mango-Shaped Space by Wendy Mass (synesthesia, realistic fiction): https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/60578

- 10. Motorcycles, Sushi, and One Strange Book by Nancy Rue (ADHD, realistic fiction): https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/114260
- 11. Dying to Know You by Aidan Chambers (dyslexia, realistic fiction): https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/134009
- 12. Fish in a Tree by Lynda Mullaly Hunt (dyslexia, realistic fiction):

 https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/141743
- 13. A Taxonomy of Love by Rachael Allen (Tourette's Syndrome, realistic fiction) https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/220577
- 14. Jerk, California by Jonathan Friesen (Tourette's Syndrome, realistic fiction) https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/100403
- On The Edge of Gone by Corinne Duyvis (autism, sci-fi/dystopian fiction)
 https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/220924
- 16. Pinned by Sharon G. Flake (learning differences in reading and math, realistic fiction) https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/123690
- 17. Best Boy by Eli Gottlieb (autism, realistic fiction)

 https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/194807
- The curious incident of the dog in the night-time by Mark Haddon (autism, mystery fiction)
 - https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/66946
- The Color of Lies by CJ Lyons (synesthesia, mystery/horror fiction)
 https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/232349
- Somebody Please Tell Me Who I Am by Harry Mazer and Peter Lerangis (autism, traumatic brain injury, historical fiction)
 - https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/126528
- 21. House Rules by Jodi Picoult (autism/Asperger's/Asperger Syndrome, mystery/realistic fiction)
 - https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/104362
- 22. The Easy Part of Impossible by Sarah Tomp (autism, realistic fiction)

 https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/242688
- 23. The Rosie Project by Graeme Simison (autism, realistic fiction):

https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/134048

Nonfiction

- 1. <u>Uniquely Human: A Different Way of Seeing Autism</u> by Barry M. Prizant (autism, nonfiction)
- The Spectrum Girl's Survival Guide by Siena Castellon (autism, non fiction)
 *IHS doesn't have yet (as of Jan. 2023). Try public library at aclibrary.org
- 3. My Son's Not Rainman: One Man, One Boy, a Million Adventures by John Williams (autism, nonfiction)
 - *IHS doesn't have yet (as of Jan. 2023). Try public library at aclibrary.org
- 4. The Life and Message of The Real Rain Man: The Journey of a Mega-Savant by Francis Peek and Lisa L. Hanson
 - *IHS doesn't have yet. Try public library at aclibrary.org
- Thinking in Pictures by Temple Grandin (autism, nonfiction):
 https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/114176
- 6. Born on a Blue Day by Daniel Tammet (autism & synesthesia, nonfiction): https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/97583
- 7. <u>Autism in Heels: the untold story of a female life on the spectrum</u> by Jennifer Cook O'Toole (autism, nonfiction)
- 8. Odd Girl Out: My Extraordinary Autistic Life by Laura James (autism, nonfiction)

 *IHS doesn't have yet. On next book order. Try public library at aclibrary.org
- 9. <u>The ADHD Advantage: What You Thought Was a Diagnosis May Be Your Greatest Strength</u> by Dale Archer (ADHD, nonfiction)
- 10. NeuroTribes: The Legacy of Autism and the Future of Neurodiversity by Steve Silberman (neurodiversity, nonfiction): https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/195379
- 11. The Autism Job Club: The Neurodiverse Workforce in the New Normal of Employment by Michael S. Bernick, Richard Holden (nonfiction)
 - https://search.follettsoftware.com/metasearch/ui/2612/search/all?q=autism%20job%20club&ists=0
- 12. The Autism Fitness Handbook: An Exercise Program to Boost Body Image, Motor Skills, Posture and Confidence in Children and Teens with Autism Spectrum Disorder by David S. Geslak (autism, nonfiction)
 - https://search.follettsoftware.com/metasearch/rest/v2/go/2612/details/196217

- 13. An Outsider's Guide to Humans: What Science Taught Me About What We Do and Who We Are by Camilla Pang (autism/Asperger's/Asperger Syndrome, nonfiction)
- 14. <u>The Asperkid's (Secret) Book of Social Rules: The Handbook of Not-So-Obvious Social Guidelines for Tweens and Teens with Asperger Syndrome</u> by Jennifer Cook O'Toole (Asperger Syndrome, nonfiction)