

Day 6, Lesson 3: Communion, a Meal of Remembrance

Objective

Communion is a meal of remembrance that strengthens the faith of a child of God; When in faith we receive the bread and the wine, we receive the body and blood of Christ

Learning Outcome

Explain what communion is and its benefit for a believer.

Confirmation Exercise Questions

- #22. What are the sacraments? Holy Baptism and Holy Communion.
- #25. What is the benefit of Holy Communion? Our faith is strengthened and we are reminded of Jesus' redemption work for us.
- #26. Who is an acceptable Communion guest? A believer.

Reference Material

Booklet Song:

We gather here before Your altar; / We break and eat the mutual bread. / We, as Your holy body, Master, / Give thanks to You, our gracious Head. / And when the Bread of Life is breaking, / One mind and spirit You are making. (SHZ 228 v.5)

Booklet Text:

"And as they were eating, Jesus took bread, and blessed it, and brake it, and gave it to the disciples, and said, Take, eat; this is my body. And he took the cup, and gave thanks, and gave it to them, saying, Drink ye all of it; For this is my blood of the new testament, which is shed for many for the remission of sins" (Matt. 26:26-28)

Additional Reference Material

SCRIPTURE

1 Cor. 11:26; Luke 22:19, 20, 22; Matt. 26:26-28; 1 Cor. 10:16; 1 Cor. 11:27-29

CURRICULUM

- Lesson 4.3

ADDITIONAL LESSON POINTS

- Holy Communion is also the feast of God's family and as such is a meal of fellowship.
- Student will understand how he/she should conduct him/herself at the Communion table.
- Student will distinguish between Communion and conversion—there is no new birth in Communion.

- In communion, we remember Christ's suffering and death for our sins

RESOURCES

- By Faith 26; [Christian Doctrine 62](#); [Luther's Small Catechism Part VI](#);
- [The Treasure Hidden in a Field](#), J. Uljas, pages 66-71.
- VZ: [Holy Communion – The Sacrament of the Altar](#), J. Sturos, Apr. 1984, page 90; How is it Taught: Communion, J. Uljas, Oct. 1998, page 5.
- LLC Website: The Sacraments, M. Lohi, Summer Services Ministers and Board meeting, 2017.