Hey Jason,

Just read your blog about reducing cortisol... Art is a great way to put people into a meditative/flow state, so I ended up buying some coloring books for my mother. (thanks for the tip!)

You sell a wide variety of supplements/ vitamins for wherever area a person may be lacking in. When was the last time you posted a blog about the benefits of each supplement?

When I saw your "Sleep Support +" it made me think of a completely unique way to communicate the importance of a good sleep cycle using "Sleep Support +" as a focal point.

I'd like to send you a blog I wrote (at no cost)... Doing so could result in an increase of "Sleep Support +" sales. What do you have to lose?

Want me to send you your blog post? Reply to this email.