

BDC GENERAL DIVISION

PRE-BALLET & LEVEL I, II, III, IV DRESS CODE

Please use the following guidelines when purchasing and preparing dancewear and shoes for class and performances. Dancers should arrive dressed appropriately and ready to participate in class.

Additionally, dancers should remove all jewelry, including watches and fitness trackers before class.

Arrival & Departure Attire

Dancers should wear appropriate street clothes over their dance attire when arriving at and leaving the studio.

Hair

Dancers should have their hair neatly secured in a bun for all dance genres. Please visit [Why Do Dancers Wear Buns?](#) for more information, and watch our [Bun Tutorial](#). Additionally, The BDC has plastic baggies of hair supplies organized by hair shade. Each bag contains hair ties, bobby pins, magic hair pins, and a few hair nets, all in a color that matches the dancer's hair. These materials can be found in the lobby. If hair is too short for a ponytail please use bobby pins, hair clips or a headband to hold hair back.

Top

Female Identifying – Black short sleeve leotard.

Recommended:

- Child: [Capezio "Short Sleeve" CC400C](#) (cotton) **or** [Capezio "Team Basics" TB132C](#) (nylon)
- Adult: [Capezio "Short Sleeve" CC400](#) (cotton) **or** [Capezio "Team Basics" TB133](#) (nylon)

Male Identifying – Plain white or black fitted t-shirt.

Bottoms

Pre-Ballet, Level I & II

Female Identifying – Ballet pink footed tights.

Recommended:

- Child: [Capezio "Ultra Soft" 1915C](#)
- Adult: [Capezio "Ultra Soft" 1915](#)

Male Identifying – Black shorts, straight (fitted to the ankle) dance pants, leggings, or tights.

Additional Information on Next Page

Bottoms (Cont.)

Level III & IV

Female Identifying – Ballet pink transition tights.

Recommended:

- Child: [Capezio "Ultra Soft" 1916C](#)
- Adult: [Capezio "Ultra Soft" 1916](#)

Male Identifying – Black shorts, straight (fitted to the ankle) dance pants, leggings, or tights.

Shoes

Ballet

Female Identifying – Ballet pink full sole ballet shoes.

Male Identifying – Black full sole leather ballet slippers.

Recommended:

- Child: [Capezio "Luna" V100C](#)
- Adult: [Capezio "Luna" V100W](#)

Tap

Female Identifying – Black patent ribbon tie over elastic tap shoes.

Recommended:

- Child: [Capezio "Jr. Tyette" N625C](#)
- Adult: [Capezio "Jr. Tyette" N625](#)

Male Identifying – Black full sole oxford tap shoes.

Recommended:

- Child: [Capezio "Downtown" 473C](#) or ["Fluid" CG17C](#)
- Adult: [Capezio "Downtown" 473](#) or ["Fluid" CG17](#)

Jazz

All Genders – Black, slip-on-style jazz shoes.

Recommended:

- Child: [Capezio "E-Series" EJ2C](#)
- Adult: [Capezio "E-Series" EJ2](#)

Additional Information on Next Page

IMPORTANT NOTE: Before ordering new shoes, be sure to check The BDC's slightly used dance shoe cabinet. There may be a pair available that will work perfectly for your dancer! We simply ask that borrowed shoes be returned when your dancer is finished with them so another dancer can use them. We are also always happy to accept donations of gently used dance shoes.

When purchasing dancewear, please carefully review the sizing recommendations for each item. Dancewear sizing differs from everyday clothing sizes and also varies by style number.

All dancewear items can be ordered through [Capezio's Children's Collection](#). You may also want to sign up for Capezio's emails, as they periodically send information about discounts and special offers.