

PYSP Risk & Protective Factor Impact Planning Model

Introduction: PYSP's Impact Model Template has been developed to simplify and adapt existing logic model templates to make it easy for youth serving organizations to map out how their own efforts to promote youth wellbeing are contributing to suicide prevention. Common youth serving organization practices such as investing in life-skill development programming, creating supportive cultures, and linking youth with trusted adults, all contribute to the reduction of risk factors for suicide and increase in protective factors against suicide.

The template below can be used to help your organization map out how existing and new efforts can contribute to suicide prevention over time. Youth serving organizations are encouraged to track data related to risk and protective factors as well as instances of suicidal thoughts, attempts, and deaths in their organization and communities. Tracking this data can enable organizations to see changes in related risk and protective factors for suicide and link these with changes in suicide-related thoughts and behaviors over the long term. The Impact Model below provides a visual for noting such relationships and can help you identify key risk and protective factors and suicide-related data to track.

Page 2 in this document provides an example of a completed Impact Model Template. Page 3 provides a blank Impact Model that can be completed by youth serving organizations.

Directions:

Begin by listing your organization and a brief situation statement that describes your need and reason(s) for investing in youth suicide prevention. Then use each of the columns in the Impact model to list out:

- **Inputs** (resources you will invest),
- **Outputs** (activities you will do and groups you will reach), and

- **Outcomes** (risk and protective factors and suicide-related behaviors that will change).

Example: Mock Impact Model Template — Completed

Organization: North Central Indiana's Stellar Youth Nonprofit

Situation Statement: Our nonprofit serves middle and high school age youth by providing after school programming focused on youth life-skills development. Since 2020, youth have been disclosing thoughts of suicide in increased numbers to our volunteer staff. Staff have also identified decreased youth engagement in peer networking activities.

Inputs	Outputs		Outcomes		
Resources	Activities What We Will Do	People Who We Will Reach	Risk Factors Reduced	Protective Factors Increased	Long Term Impact (See Resource 6 for data sources)
- Staff Time - PYSP Grant \$ - X Life skill development program - National chapter guidance on youth voice	Continue after-school, life-skill development programming for middle school age youth	Youth ages 11-13 engaged in our after-school enrichment program	- Impulsivity - Poor decision-making - Relationship problems - Bullying	- Coping and problem-solving skills - Healthy Relationships	Reported suicidal thoughts decrease in youth involved in our after-school program Youth suicide attempt rate in our 4-county service region decreases
	Initiate youth peer buddy system for all age youth	All youth reached by our organization	Social Isolation	- Social Connectedness - Supportive environments	

Youth suicides are prevented

	Incorporate practices for promoting youth voice in daily work with high schoolers	Youth ages 14-18	▪ Hopelessness ▪ Few supportive relationships	▪ Coping and problem-solving skills ▪ Supportive environments	
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Organization:

Situation Statement:

Inputs	Outputs		Outcomes		
Resources	Activities What We Will Do	People Who We Will Reach	Risk Factors Reduced	Protective Factors Increased	Long Term Impact
