

Indoor Volleyball Rules

Stonewall Sports Raleigh

Stonewall Raleigh Indoor Volleyball will operate under the current rules and regulations as outlined in the USA Volleyball (USAV) - Indoor Rules Book (available on the [USAV website](#)). The rules below are specific to Stonewall Raleigh Volleyball and supersede the rules in the USA Volleyball Indoor Rules Book.

1. Match Format

- 1.1. Each match will be played as a best-of-3 sets, utilizing rally scoring. The first two sets of a match will be played to 25 points. If a third set is necessary, it will be played to 15 points and no game interruptions will be permitted in the third set (including substitutes).
- 1.2. The first team to score 25 points in a set (or 15 points for in the third set), winning by two or reaching the score cap, will be the winner of that set.
 - 1.2.1. There is a score cap of 27 points in the first two sets and a score cap of 17 points in the third set.
- 1.3. Matches are limited to 45 minutes of playing time.
- 1.4. If a match reaches the time limit before the completion of the deciding set, the teams will finish the current set. If the conclusion of that set does not determine the winner of the match (a 1-1 match score), then the third set will be played, but the score needed to win the set will be reduced to the first team to 10 points and no game interruptions will be permitted in the set (including substitutes).

2. Playing Area

- 2.1. Due to venue availability and limitations, the designated free area around the competition area may be smaller than outlined in the USAV Indoor Rules Book.

3. Net Height

- 3.1. For the purposes of a co-ed, recreational league, Stonewall Volleyball Raleigh will utilize a co-ed net height of 7'9 5/8".

4. Team Composition

- 4.1. A team roster can consist of up to 12 members maximum and 8 players minimum. For the purposes of league formation and placement of Free Agents, some teams may exceed this limit with the approval of League Management.
- 4.2. Only team members that are registered and paid members of Stonewall Volleyball Raleigh are eligible to play on a team. If a non-registered player is used during a match, the opposing team may notify the referee and the match will be forfeited.
- 4.3. A team can have 6 players on the court. A minimum of 4 players on a team are required to start a match.
 - 4.3.1. If additional players arrive after the match start, the player(s) must enter the game at the position preceding the first team server until a full court team of 6 players is fulfilled.
 - 4.3.2. If a team does not present at least 4 players at match time start, a forfeit will be recorded (refer to Section 11 Forfeits and Scoring). After the forfeit has been recorded, the teams may choose to play a friendly scrimmage match if both

captains agree to play. Any scrimmage match resulting from a forfeit must end at least 10 minutes before the beginning of the next match.

- 4.3.3. In accordance with the recreational nature of Stonewall Raleigh Volleyball, all present eligible players from a team must play three different positions on the court before the two games are completed. (Note: this rule is not applicable to the A division).

- 4.3.3.1. The changing of a position is based upon the serve/receive rotation.

- 4.3.3.2. Playing in both the front and back row is not a requirement.

- 4.3.4. The play of all team members must occur within the first two sets of a match.

- 4.3.5. The Team Captain must present the team lineup to the referee at the beginning of each set. The team must maintain this rotational order throughout the set.

5. Uniform

- 5.1. Every player must wear the provided Stonewall Raleigh Volleyball uniform shirt for that season. Shirts may be modified for comfort, but the Stonewall logo and any sponsor logos must not be altered or obscured in any way.
- 5.2. All players must wear athletic shoes with non-marking soles at all times.
- 5.3. Kneepads and other protective equipment are not required but are highly recommended.

6. Substitutions

- 6.1. Unlimited substitutions are permitted per team per set. Substitution of one or more players is permitted at the same time.
- 6.2. A player in the starting line-up may leave the set and re-enter, but only in previous position in the line-up.
- 6.3. A substitute may enter a set in the position of the starting line-up.
- 6.4. Unlimited individual entries by a substitute are permitted. Each entry must be in the same position in the line-up.
- 6.5. More than one substitute may enter the set in each position.
- 6.6. An injured player (except the libero) who cannot continue playing should be substituted legally.

7. Libero Position

- 7.1. If a team wishes to utilize the libero position, it is the team's responsibility to clearly identify the libero and to notify the referee of the method used to identify the libero. *(Some suggested methods include: colored arm bands, bandanas, penny-style jerseys, or a contrasting t-shirt color worn over the regular team uniform after displaying team shirt).*
- 7.2. If a referee feels that the libero is not clearly identifiable during game play, the referee may stop play and require the team to more clearly identify their libero in order to continue utilizing the libero position.

8. Playoff Tournament

- 8.1. At the conclusion of the regular season, a single-elimination playoff tournament will be held.
 - 8.1.1. Tournament games will be a normal match with best-of-3 sets, utilizing rally scoring.
 - 8.1.2. Tournament scoring will be to 25 points for the first two sets, win by two, with a score cap of 27. The 3rd set (if necessary) will be played to 15 points, win by two, with no score cap.

- 8.2. The seeding for the tournament will be determined by the:
 - 8.2.1. Final standings from the regular season (*refer to Section 9 Season Standings*)
 - 8.2.2. Respect to the availability of the tournament venue and team schedules

9. Season Standings

- 9.1. Each week, league management will update the league standings.
- 9.2. League standings are determined (in the following order) by:
 - i. Win-loss record
 - ii. Head-to-Head record with all teams in the tie
 - 1. Assumes teams in ties all played same number of games as other tied teams
 - iii. Head-to-Head match point differential
 - iv. Overall point differential
 - v. Ratio of 2-set matches won to 3-set matches won.

10. Referees/Line Judges (Only if certified refs are not used for the season*)**

- 10.1. Each team must have at least two (2) members eligible to serve as a referee.
- 10.2. If the assigned referee team is unable to serve for an assigned match, then they must arrange for another team within the division to fulfill the responsibilities and notify the Volleyball Director at least 24 hours before the match or the team may be issued a paper forfeit for their next match and -7 point score the following week of the forfeit.
- 10.3. Each week, the referee teams will be required to provide two (2) additional individuals to serve as line judges for another match that week. If a team does not provide the two (2) line judges that week, the team will be assigned a -7 point score the following week.

11. Forfeits and Scoring

- 11.1. If a team is assigned a Forfeit for a match due to failure to present a full team at match time, the score for that match will be recorded as 2-0 and the score for each set will be recorded as 25-0.
- 11.2. If a team is assigned a Paper Forfeit due to the inability to provide the assigned referee or line judges for a match, the score for that match will be recorded as 2-0 and the score for each set will be recorded as 25-0.

12. Player Misconduct

- 12.1. **Stage 1:** Verbal Warning to the Captain
- 12.2. **Stage 2:** Yellow Card- Assessed to the individual, but enforced for the entire team. Penalized a Point & Service given to Opponent (Enforced for 1 Game)
- 12.3. **Stage 3:** Red Card- Player Is removed for the Set, must be legally substituted (Enforced for remainder of the season)
- 12.4. **Stage 4:** Red & Yellow Card- Disqualification & removal from League

Any rules questions can be directed to the Volley-Indoor Director:

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Volleyball-Indoor Director

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