

GARDEN TO TABLE

RECIPE: SEASONAL FRESH FRUIT SALAD

VOLUNTEER NOTES :

The fruit may vary depending on what is available to harvest

What to collect	Ingredients
Colander	Bananas
Large bowl	Passionfruit
Chopping boards	Nectarines
Chefs knives	Yacon
Salad spinner	Mint
	Lemon juice
<ol style="list-style-type: none"> 1. Slice the bananas 2. Peel and cut the yacon into cubes 3. Cut the passionfruit in half and scoop out the middle 4. Slice the nectarines 5. Wash the mint, dry and tear the leaves in half 6. Put all together in a large bowl 7. Drizzle with lemon juice and gently toss to combine 8. Put in the fridge until ready to serve 9. Divide onto 4 plates 	